



Generals Park Christmas Tree
Honors Active Military - Page 17

Save The Adams Arcade
Facade: Op-Ed - Page 18



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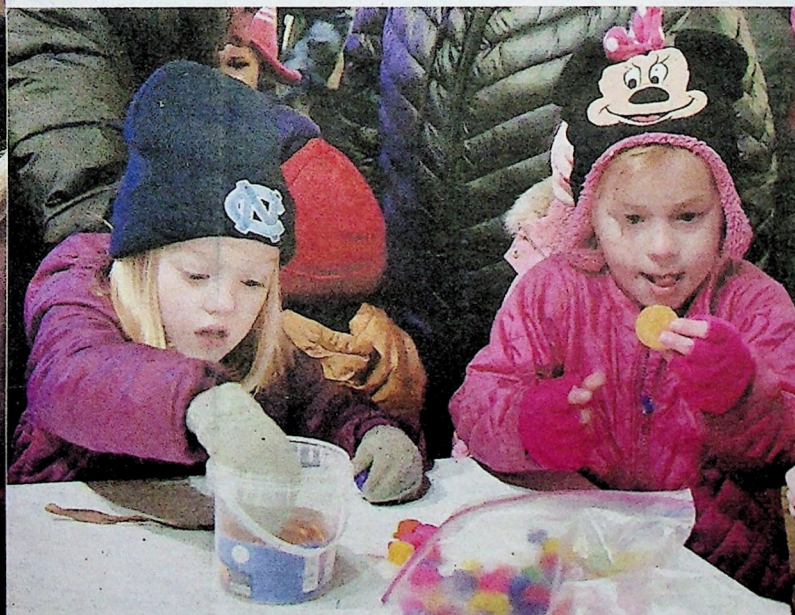
'Be A Candle To Other People'



First Night Of Hanukkah Celebrated At Menorah Lighting - Story Page 2

THE FIRST NIGHT of Hanukkah was celebrated Dec. 7 as the first candle in a menorah was lit at a ceremony at Hancock-Adams Common. About 150 people attended the celebration. Photos clockwise from top left: Rabbi Dr. Alfred Benjamin lights the menorah located adjacent to the James R. McIntyre Government Center (old City Hall). Rabbi Benjamin, the rabbi at Congregation Beth Shalom of the Blue Hills in Milton, holds a hanukkiah that burns olive oil, rather than candles. Dreidels and Hanukkah gelt were handed out to children in attendance. Attendees sing songs including "The Dreidel Song," "Sevivon," "Rock of Ages" and "Who Can Retell?" at the ceremony. Hanukkah is the Jewish eight-day, wintertime "festival of lights." It concludes Friday, Dec. 15.

Quincy Sun Photos/Robert Bosworth



Norfolk County Housing Market Remains Steady - Page 3
Quincy, Braintree Remember Pearl Harbor - Page 4
Ask John Paul: AAA's Car Doctor - Page 6

More Quincy news:
The Quincy Sun.com



RABBI DR. ALFRED BENJAMIN speaks at the Hanukkah celebration Dec. 7 at the Hancock-Adams Common. "Be a candle to other people," the rabbi said encouraging those in attendance to share their light with the world.

Quincy Sun Photos/Robert Bosworth



'We Need Each Other. We Really Do'

First Night Of Hanukkah Celebrated In Quincy Center

By SCOTT JACKSON

Speaking to the crowd of more than 150 people who gathered on the Hancock-Adams Common to celebrate the first night of Hanukkah, Rabbi Dr. Alfred Benjamin encouraged those in attendance to share their light with the world.

"Be a candle to other people," Benjamin said. "Take the warmth of who you are, the joy of who you are, the traditions of who you are, share that out there and just bring that light into other people's lives, because we need it. We need each other. We really do."

Benjamin, who is the rabbi at Congregation Beth Shalom of the Blue Hills in Milton, lit the menorah located next to the McIntyre Government Center (old City Hall) shortly after sunset on Dec. 7, the first night of Hanukkah. Before lighting the menorah, Benjamin told the crowd — who came together despite temperatures in the 20s — about the origins of the holiday, which is also known as the Festival

of Lights.

"The Syrian Greeks had taken over Jerusalem's temple, and they forbade the Jewish people from observing the Jewish sacrifices and the Jewish worship. They took it over and made it into a Greek temple, which was really very foreign and very much not what the Jewish people wanted that temple to represent. It was really an aspect of religious oppression, so the Maccabees, Mattathias bold and his sons, they started a religious revolt, and it was the small against the many," Benjamin said.

"As it turns out, they were able to take control over the temple and they needed to rededicate it, because it had become a pagan place of worship and they needed to rededicate it for it to become a Jewish temple. For that they needed...pure oil and they looked around and looked around and according to the story, they found one jug of oil that would only last one day.

Cont'd On Page 15

RABBI DR. ALFRED BENJAMIN leads the gathering in singing traditional Hanukkah songs at a Menorah lighting Dec. 7 near the James R. McIntyre Government Center (background). The first candle was illuminated celebrating the first day of the eight-day "Festival of Lights."

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Norfolk County Housing Market Remains Steady

O'Donnell: November Report Shows Steady Demand From Buyers And Stable Property Values

Norfolk County Register of Deeds William P. O'Donnell reports that Norfolk County recordings for November 2023 show indicators of less real estate activity. However, one real estate activity on a steady trend compared to November 2022 recordings was an increase in the number of deeds recorded.

"Despite the challenges posed by limited inventory and higher interest rates, the Norfolk County housing market has managed to maintain steady activity," O'Donnell said. "Notwithstanding a slight dip in the number of recordings this month, the housing market in Norfolk County remains resilient, with steady demand from buyers and stable property values."

The Registry of Deeds recorded 8,587 documents in November 2023. This was 5 percent less than in November 2022 and a 7 percent decrease compared to October 2023.

"Higher mortgage interest rates have an impact on the number of mortgages and deeds recorded at the Registry. Higher interest rates affect seasoned homebuyers' eagerness to refinance, which means fewer mortgages. It also affects a homeowner's willing-

ness to sell, which results in fewer homes on the market that can be bought. Higher interest rates also impact a buyer's ability to find a potential home within their budget."

The total number of deeds recorded for November 2023, which reflects both commercial and residential real estate sales and transfers, was 1,266, up 3 percent from November 2022 but down 3 percent from October.

"The slight increase in the total number of deeds this month compared to last year shows that despite difficult market conditions and a housing market that has been slow for over a year, Norfolk County and its communities remains a desirable place to both live and work in," O'Donnell noted.

The average sale price of commercial and residential properties for November 2023 was \$959,272, a 1 percent decrease compared to November 2022 and a decrease of 1 percent from October 2023. The total dollar volume of commercial and residential sales is down, decreasing 2 percent from last year but showed less than a 1 percent change from last month.

"For the second month in a row, prices have re-

mained close compared to last year's property values, and compared to 2021, costs

are down 36 percent and down 8 percent from 2020," O'Donnell said. "While

prices have come down to what they were in 2020 compared to previous years, high interest rates, relative

Cont'd On Page 12

Quincy Resident Among QC Paramedic Program Graduates



QUINCY RESIDENT Aedan Roake (standing, fourth from left) is among the five newest graduates of Quincy College's paramedic program, all of whom were awarded certificates by College President Dr. Richard Decristofaro and Provost Dr. Servet Yatin (far left). The students have successfully completed classroom instruction, skills lab sessions, and skills scenario evaluations followed by clinical hospital-based internships and now begin extensive field internships to build on the assessment, management, and treatment skills developed during their classroom and clinical experiences. Also pictured with the graduates are members of the staff of Comprehensive Medical Teaching Institute (CMTI), a Weymouth-based organization that has partnered with Quincy College on Emergency Medical Technician (EMT) and paramedic education since 2019.

Courtesy Photo

Winter Solstice Event Dec. 21 At Library

The Thomas Crane Public Library will host a Winter Solstice Cocoa and Coloring event on Thursday, Dec. 21, from 2 to 4 p.m. in the Atrium, Main Library, 40 Washington St.

The event will include

free hot cocoa, coloring and cozy reading recommendations provided by the Thomas Crane Public Library.

Sign-ups for the Winter Reading Club are encouraged and will also be available throughout the event.

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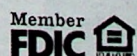
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Moments in time

THE HISTORY CHANNEL

- On Dec. 25, 1868, President Andrew Johnson offered amnesty to all Confederate soldiers with Proclamation 179. It was the fourth order of its kind, with earlier agreements re-establishing legal rights to Confederate soldiers if they signed oaths of loyalty to the United States.
- On Dec. 26, 1991, Jack Ruby's 38-caliber Colt Cobra revolver, which the nightclub owner used to kill J.F.K. assassin Lee Harvey Oswald, sold for \$220,000 in a Las Vegas auction. The original asking price was \$1 million.
- On Dec. 27, 2019, Valerie Sneade and Jason Roy got married at their local Dunkin' Donuts in Worcester, Massachusetts, after ending their relationship at the same shop nearly three decades earlier. The reunited couple attributed their long separation to misunderstandings and "words that didn't come out right."
- On Dec. 28, 1967, American businesswoman Muriel "Mickie" Siebert became the first woman to own a seat on the New York Stock Exchange. She also became the first female superintendent of banking for New York State. And after her death, the New York Stock Exchange named Siebert Hall for her, marking the first time a room at the stock exchange was named for a person.
- On Dec. 29, 1852, Emma Snodgrass was arrested in Boston for the crime of ... wearing pants. Mocked by one newspaper as "the foolish girl who goes around in virile togery," she was sent home to her police officer father in New York but went on to repeat the act a number of times.
- On Dec. 30, 1940, California's first freeway, Arroyo Seco Parkway, also known as the Pasadena Freeway, officially opened to traffic. Now considered narrow and outdated, though still in use, it was listed in the National Register of Historic Places in 2011.
- On Dec. 31, 1970, Paul McCartney, after struggling through the summer of that year with the idea of having to bring legal action against his bandmates in order to be released from Apple Records and business manager Allen Klein, filed a lawsuit in London's High Court of Justice to dissolve the Beatles.

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The Garden Bug



Pliny the Elder once wrote how the Druids held nothing more sacred than finding mistletoe growing on an oak tree. They prepared a banquet beneath the tree, while chanting. A priest dressed in white climbed the tree and cut the mistletoe off with a golden sickle, catching it in his garments. Two large white bulls were then killed as they asked their gods to accept their offering, and to impart fertility to any person or animal that ate the mistletoe berries. - Brenda Weaver

Source: thegardenbugtrust.blog

"Druids Cutting Mistletoe on the Sixth Day of the Moon" by Henri Motte (1890)

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Quincy, Braintree Remember Pearl Harbor

By SCOTT JACKSON

Veterans and officials from Quincy and Braintree came together on Dec. 7 to remember the 2,400 Americans killed 82 years prior during the attack on Pearl Harbor.

The two communities held a joint ceremony that morning aboard the USS Salem, a Des Moines-class heavy cruiser built at the Fore River Shipyard and commissioned in 1949. The Salem is now a museum ship inside the Quincy Point shipyard.

While many consider Dec. 7, 1941 — the date of the Japanese surprise attack on Pearl Harbor — a day of infamy, Vincent Fontaine, the town of Braintree's veterans service officer, said it should be "equally recalled as a day of bravery."

"Fifteen Medals of Honor were awarded to US sailors as a result of the attack on Pearl Harbor," Fontaine said. "Fifty-one Navy Crosses were earned. Fifty-three Silver Stars. And, thousands of other acts of heroism occurred that day 82 years ago. Many of those acts were not recognized with medals because documentation was not a priority. Saving others and fighting another day to defeat those who brought the war became job one."

Braintree Mayor Charles Kokoros said it was appropriate to be holding the day's ceremony aboard a re-

tired Navy vessel.

"Today we gather here on the USS Salem to commemorate a day that forever changed the course of history, Pearl Harbor Day. On this solemn occasion, we pay homage to the brave souls who 82 years ago faced the crucible of war with unwavering courage and resilience," Kokoros said.

"As we stand on this historic vessel, a silent witness to sacrifices made, let us reflect on the profound significance of this day. Dec. 7, 1941 is etched in our nation's history as a day of valor and sacrifice when ordinary men and women rose to meet an extraordinary challenge."

"The USS Salem, a floating testament to the strength of our nation and the indomitable spirit of those who served, reminds us of the sacrifices made to secure the freedoms we cherish," Kokoros continued. "Today we honor the memory of those who made the ultimate sacrifice and express our gratitude to the veterans who answered the call of duty during that pivotal moment in our history."

"Let us not only remember the events of the past but also draw inspiration from the resilience and the unity displayed by the Greatest Generation. In their memory, let us reaffirm our commitment to fostering peace, understanding and coopera-

tion among nations. May we never forget the sacrifices of the past and may the legacy of Pearl Harbor inspire us to build a future where the pursuit of peace prevails over the shadows of war."

Steve Dunlea, the commander of the Quincy Veterans Council, said his mother grew up on nearby Ruggles Street and was in high school when Pearl Harbor was attacked.

"She quit high school and she worked at the shipyard," Dunlea said. "She was not a Rosie the Riveter. I called her Terry the Typist."

"I never understood until later on when I was in high school why she never graduated until she explained it to me. She got her...GED, her high school diploma the same year I got mine in 1978. It was great."

Sen. Walter Timilty of Milton noted the USS Nevada, one of the battleships stationed at Pearl Harbor that fateful morning, was built at the Fore River Shipyard. The Nevada was the only battleship to get underway during the attack, though it was ultimately beached after being struck by Japanese bombers.

"Back then it took about 50 minutes for a battleship to raise steam to get out of port. The Nevada that day was scheduled to leave port, and in the middle of the attack the captain hadn't yet made it back to ship because it was a weekend, it was a

Sunday morning, we were at peace," Timilty said.

"A junior officer on the bridge said, 'we're leaving port, we're casting off,' to which a sailor on the bridge said, 'you're a lieutenant, the skipper's not here yet,' and he said, 'I'm the captain now.'"

"That ship left in the middle of the attack. The Japanese were trying desperately to sink it in the channel, which would have bottled up Pearl Harbor for months. It would have been a major blow to the Pacific Fleet and what was already crippled. That ship, I'm told and I have read, was an inspiration to all of Pearl Harbor as they were fighting off waves of Japanese naval aviators from the naval aircraft carriers offshore."

"Eventually the ship was reeling and the officer in charge made the decision to beach the ship and save the battleship."

Following the attack, the Nevada and the other battleships stationed at Pearl Harbor, except the Arizona and the Oklahoma, were raised, repaired and returned to service during World War II "as the United States fought across the Pacific to bring democracy to the Pacific Ocean," Timilty said.

"Today of course Japan is one of our staunchest allies," he added, "and the United States servicemen and women exhibit the very

Cont'd On Page 32

Time: A Key Element Of Investing



MARIE O'RIORDAN KELLY

when you'll need the money, but it's also important to mark your progress along the way. So, each year, see how far along you are in meeting your goal. If you're falling behind, you may need to adjust your investment mix.

• **Choosing an appropriate strategy** — The time needed to achieve a goal should drive your investment strategy for that goal. For example, when you are saving for a retirement that won't happen for three or four decades, you will need to invest for growth by placing a reasonable percentage of equities and equity-based

investments in your portfolio, based on your comfort with the various types of risk, including interest rate risk, credit risk and market risk. You will experience some bumps along the way — keep in mind that the value of investments will fluctuate and the loss of some or all principal is possible — but you likely have time to overcome the "down" periods. On the other hand, when you are saving for a short-term goal, such as a vacation or a new car or a wedding, you'll want a set amount of money available precisely when you need it. In this case, you may need to sacrifice some growth potential for investments whose principal value won't fluctuate, such as certificates of deposit (CDs) and bonds.

Keep in mind, though, that when you're investing for long- and short-term goals, it doesn't have to be just one strategy or the other. You can save for retirement with primarily growth vehicles but still have room in your portfolio for shorter-term instruments. And even when you're specifically investing for some short-term goal, you can't forget about

your need to save and invest for retirement.

And here's one final point about the relationship between time and investing: Your risk tolerance can, and probably will, change over the years. As you near retirement, you may feel the need to adjust your portfolio toward a more conservative approach. That's because you may want to consolidate any gains you might have achieved while also recognizing that you simply have less time to bounce back from down markets. Still, even in retirement, you'll need some growth potential in your portfolio to help you stay ahead of inflation.

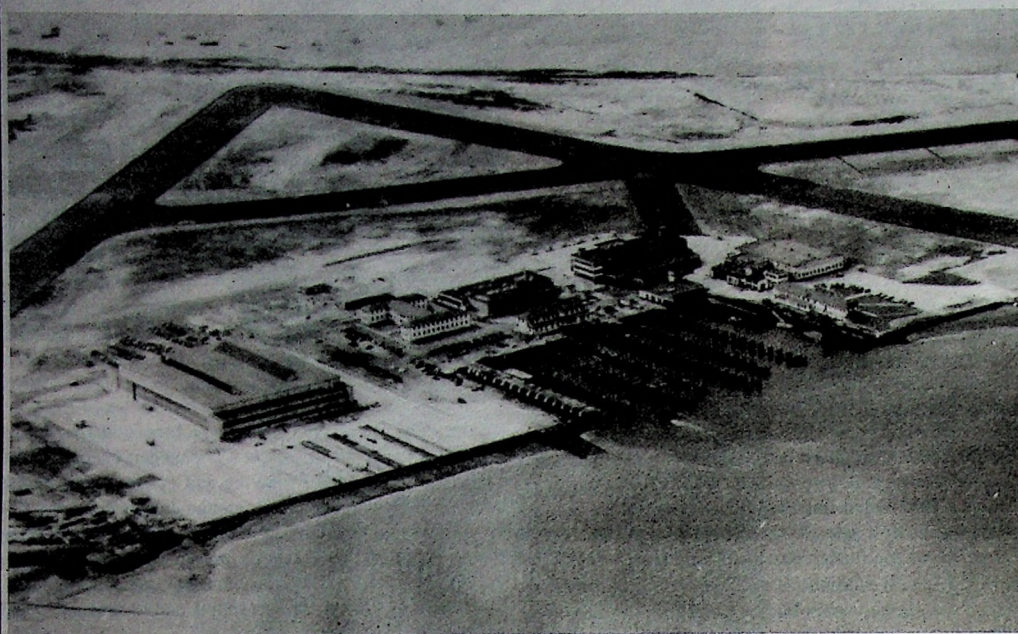
When you invest, one of your biggest considerations is time — so use it wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Submitted by Marie O'Riordan Kelly, AAMS
Edward Jones
138 Franklin Street
Quincy, MA 02169
617-639-0327
Marie.kelly@edward-jones.com

Scenes From Yesterday



THIS 1941 postcard view is an aerial photo view of the then newly designated Squantum Naval Air Station. In 1917, the U.S. government had purchased over 600 acres of land here in New Squantum for various war-related activities including the building of ships on this 70-acre section. The Bethlehem Steel Company built what was known as the Victory Plant here and built 35 destroyers during World War I. The plant included a large main building that enclosed 10 shipbuilding slips that were in the right center of this picture. After the plant closed in 1920 the U.S. Navy's first Reserve Aviation Unit was established here using some of the shipbuilding facilities including the main building, to protect seaplanes, until it burned in 1932. Then the large hangar in the lower left was built to house the base's various types of aircraft. During and after World War II thousands of

naval cadets and reservists learned to fly or honed their aviation skills here until 1953 when the base was closed and moved to South Weymouth. In 1956 Boston Edison bought the property hoping to build a nuclear power plant here, but that idea wasn't too popular so in 1959 they leased some of the land and facilities to Boston Harbor Marina. For over 25 years the old base buildings were mostly deserted and blighted until the early 1980's when development began on today's upscale Marina Bay neighborhood. Today, everything in this view is gone. The site of the Victory Plant's shipbuilding slips is used by the marina for pleasure boat slips and is surrounded by restaurants and the Marina Bay boardwalk. The DCR's Squantum Point Park is partly visible on the right.

From the Tom Galvin Postcard Collection

READERS FORUM

Residential Property Tax Bills Rising 8.3 Percent

Quincy Sun's coverage on the impending increase in local residential tax bills come 2024 year failed to note an important metric.

The metric? That residential property tax bills will be going up by 8.3%

More than the rate of inflation.

More to significantly more than the increases in peer Massachusetts municipalities given that the City of Quincy's FY 2024 budget's duly calculated record setting going away 9.7% spending increase from the previous year's budget and which is also going away the largest local spending increase in the Commonwealth.

A major driver to the outsized tax increase is soaring debt service expense. Debt service grew by \$11.7 million dollars from last year's \$44.3 million, an increase of 25%.

This spending increase has multiple drivers.

One is Mayor Koch's continuing to issue municipal debt in support of his running in the red this year redevelopment of Quincy Center, an initiative that is further looking increasingly likely to run upwards of a low nine figure negative by

2050 or thereabouts instead of providing positive net tax revenue as was once but is no longer touted by Koch.

Another is Koch's continuing to aggressively issue even more debt to fund other projects, many of which are readily viewed as ranging from excessive to extravagant and in some cases both.

So what for the fact that Standard & Poor's recent credit report reviews note concerns about Quincy's high as well as growing level of debt.

Further problematic is Mayor Koch's risky reliance on short term and so varying interest rate debt. Short term interest rates have soared from historic

lows but Koch's financing plans did nothing to hedge for only to be expected rises in interest rates.

Even worse is that things are only going to get worse.

Not only has Koch drained thin city reserve accounts so as to keep this year's 8.3% increase in homeowner's property bills from being even higher, 2025 and 2026 residential property tax increases will likely be comparable to even higher than this year's increase as Koch has already baked in outsized impending spending increases, including a \$31 million debt balloon payment in FY 2026, the first of more balloon payments to follow

into the late 2030s.

Net/net, over Koch's time in office, local homeowners' property tax bills have soared from below the state average on an assessed value basis to among the highest in the Commonwealth.

In turn, one can only wonder how last month's elections might have played out if locals knew what Mayor Koch knew months ago: that local homeowners were going to be slammed with painful tax bill increases in 2024 with even more of the same to follow for years to come.

Bill Zamzow
Quincy

Quincy Should Consider Joining State Retirement System

We had the pleasure of Ward 5 Councillor-Elect Dan Minton make a presentation at our senior residence about scams perpetrated on the elderly. These pales compared to the \$3.5 million stolen from the city's retirement fund by scammers.

It was Councillor Anne Mahoney who noted that the retirement fund would

increase its rate of return from three percent to ten percent if it were transferred to the state system. A school district in New Hampshire has been scammed. It transferred its accounts to the

state system which provided increased security.

Another reason for Quincy government to considered doing the same.

Peter Gleba
Quincy

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The Quincy Sun.com

Quincy's Yesterdays

This Week
1982
41 Years Ago

Merchants Cool To Sunday Openings

Massachusetts may repeal its 300-year-old blue laws that restrict business on Sunday but downtown Quincy merchants as well as Mayor Francis McCauley are far from enthusiastic about it.

"I don't want to see us turn into another California, going full blast seven days a week," McCauley said. "Sunday should be a day apart."

Almost all of the merchants contacted by *The Quincy Sun* in a mini-survey agreed wholeheartedly with the mayor.

"I'm unhappy about the prospect," said Burt Cook, proprietor of Tag's Discount Furniture and Sleep Shop. "It only means that I would have to work harder and I don't want to do that."

Cook said he wasn't sure if he would stay open on Sunday "but if local furniture stores stay open then I will have to think a little harder about closing my own store."

Bob Colman, owner of Colman's Sporting Goods in Quincy, Danvers, Canton and Woburn, said he didn't like the idea of Sunday hours.

"It's took big a strain on manpower," Colman said. "I'd have to staff the place with inexperienced people on Sunday and service would not be as good. It's not fair to the customers."

Editor's note: After decades of debate balancing economics against religious and social mores, the State Legislature voted in December 1982 to repeal the Sunday closing law. Gov. Edward J. King, who was defeated in his re-election bid, signed the bill with some reluctance, saying he favored keeping Sunday a day for the family.

CHILD CARE CENTER FOR QJC

Mayor Francis McCauley signed an agreement permitting Quincy Junior College to use space in the John F. Kennedy Health Center as a child care center for children of students.

A survey conducted by the college indicated the many part-time students had a strong interest in attending classes full-time if some provisions could be made for their children. The child care center, open from 8 a.m. to 2 p.m. and staffed by a teacher and an aide, would occupy the space formerly used by the dental clinic and could handle 20 children. An hourly rate of \$2 will be charged.

QUINCY-ISMS

Quincy Savings Bank with branches in Quincy, Haver, Braintree and Norwell, offered an insured money market deposit account guaranteeing a 10 percent rate. A \$2,500 minimum deposit required. . . **Rep. Michael Morrissey** co-sponsored a bill that would open formal sessions of the Massachusetts House of Representatives to coverage by commercial and public television and radio. Thirty-five other state legislatures, plus the U.S. Congress, permitted some form of limited electronic media access to their deliberations. . . **Police Chief Francis X. Finn** announced the department started a policy of aggressively seeking restitution from those who cause injury to police officers in the performance of their duties. Finn cited three cases in which assaults on officers cost the city more than \$27,000 for medical bills, lost man hours and damage to a cruiser. . . **Florabel Stevens**, who worked 25 years as an elementary guidance counselor with the Quincy Public Schools, was honored at a retirement party at the Neighborhood Club. . . Some last minute gift suggestions offered by the Keohane Funeral Home, Inc., included say thank you a lot, call your doctor and ask how he's feeling and tell someone you love them. . . **Clare Giodano** of Quincy was elected to the Massachusetts Nurses Association's Board of Directors, District V, at the 75th convention in Boston. . . **Airman Shawn Burnes**, son of Mr. and Mrs. Richard Burnes of Whitwell Street and a 1981 graduate of Quincy High School, was assigned to Sheppard Air Force Base, Texas, after completing Air Force basic training. . . East Weymouth Savings Bank advertised the "lowest second mortgage rate in our area" - 15 and a half percent with one point. . . Quincy Kiwanians **George Ramsden** and **John Frederickson** were among the club members who rang the bell for the Salvation Army outside Hancock Bank in Quincy Square. . . **Tom Fitzgerald** resigned as Quincy High's football coach after coaching the Presidents the past five years. He led Quincy to a 26-3 win over North Quincy on Thanksgiving. . . Assistant Coach **Kevin Jago** was named head coach of the North Quincy varsity hockey team succeeding **Kevin Lewis** who had resigned. Jago played for North Quincy for three years under Coach **Ron Erikson**. . . "Superman" with Christopher Reeve and Steven Spielberg's "E.T." were playing at the Wollaston Theater, 14 Beale St. Seats \$1.50, matinees \$1.25 and Monday and Tuesday Dollar Night.

Parasitic Battery Drain, Timing Belts, AAA Batteries

Ask John Paul: AAA New England's Car Doctor
Senior Manager, Public Affairs and Traffic Safety

I have a 2010 Dodge Journey. One morning, a couple of weeks ago, the battery was dead. The car is used every day and always started. I charged the battery up, and it worked fine for over a week. I visited a sick relative at the hospital for a couple of hours, and the car would not start after my visit. I was able to jump start it and charge it again. I brought it to my local tire/battery/brake guy. They checked the charging system, and although the battery looked like it should have some life left in it, I had them replace it anyway. Four days later (unfortunately at night leaving the same hospital), the car was again dead. When I charged the battery, and then left it alone for several hours, I rechecked the battery, and it had drained quite a bit. Do you have any recommendations for doing some initial troubleshooting for a draining battery?

This is a classic example of parasitic drain on the battery. There are a couple of methods to test for a potential drain. The classic method is to remove the negative battery cable and connect a multimeter, set to measure amps, in a series between the negative battery terminal and the disconnected negative battery cable. Be aware that you will need to wait for the electronics to "go to sleep." If you see a draw, then remove fuses one at a time, until the draw returns to normal. The secondary method is to measure voltage across the fuses. A circuit that is not active should have no voltage flowing. Here is a pretty good article with more detail <https://testmeterpro.com/parasitic-draw-test-with-a-multimeter/>. The most common cause of parasitic draw with this vehicle is related to the radio and Bluetooth module.

We have a 2006 Cadillac DTS, and the left front directional light does not work, I assume a blown bulb. Though only one front-blinker bulb is currently blown (dead), should we have both front blinker bulbs replaced at the same time?

All bulbs have an expected life and typically if one bulb burns out the others doing the same job could certainly be near the end of their useful life. Although you would think replacing a bulb is easy, but the assembly needs to be removed and this will take a little more than an hour. Depending on the shop and labor rate, replacing one bulb could cost \$150 or more.

My mom recently needed to get another car and I helped her pick out and purchase a 2012 Nissan Versa. Everything was going fine for months, seemed to be a good purchase. Her mechanic even looked it over and recommended a few minor things like new wipers, nothing to worry about. After several months of use, something strange started to happen. As she pressed on the brake, the car seemed to rev up, as if the gas were being pressed as well. The vehicle seemed to want to "go" when the brake was being applied. It has happened three times to her, with no warning. The local mechanic drove it around for about 30 minutes and it never happened. Then we went to a Nissan dealership, and they said they were able to recreate the issue. Their recommendation was a new master cylinder and brake booster. The bad news was that they said Nissan no longer made the parts and they were not able to get them anywhere. So back to the local guy, but he was very hesitant to do work based on another mechanic's diagnosis. He also did not think it was correct but could not come up with any different diagnosis. Any suggestions? Other than taking it to another mechanic to look it over?

This is an interesting one. I also suspect it might be due to a leaking brake power booster. When you apply the brakes, the booster uses engine vacuum to apply more brake pressure. If the booster is leaking it may draw too much vacuum (air) from the engine and the car's computer tries to com-

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pensate for this by speeding up the engine. Your mechanic may be able to watch all of this by putting a vacuum gauge in line to the power booster and then driving. I also checked a couple of sources and found available parts are going to be a problem, which also could indicate this may be more common than I thought. I checked eBay motors and there are used brake power boosters and boosters and master cylinders for \$100. I would go back to your mechanic to talk with them about it and the possibility of using used parts.

I have a 2007 Volvo convertible with only 30,000 miles on it. Since the first year, it has had an intermittent electrical problem the dealer has been unable to fix. When I turn the key, it sometimes will not start. The dealer replaced the starter years back. When it does not start, it will always start on the second try. Since I only drive a few thousand miles and only in the summer I have just been putting up with it. Any ideas Mr. Car Doctor?

Volvo did have a problem with the ignition system immobilizer. The symptom sounds just like the issue with your car, especially with it always starting on the second try. The repair involves replacing the central electronic module and updating the software.

I have a Lexus ES 350 which I bought new in 2019. The car has a 16-gallon fuel tank but will stop at approximately 13.5 gallons and will only fill fully if the pump is on the slowest setting. If the pump is full pressure it never completely fills with gas. I complained to the dealership several times, but they say nothing can be done about this situation. I also had a 2012 Lexus ES 350, but I never had this problem. After I fill up, I can check the computer monitor on the dashboard and because the tank isn't full, I basically get 75 less miles per tankful. Now I realize that you are not to top the fuel tank off, but 2.5 gallons, that's crazy. Have you ever heard of this problem before and what can be done about it? I travel a lot and on long distances it makes for more frequent stops.

I suspect the dealer is correct, there is nothing you can do. The only real way to tell is to start with a completely empty tank (dry) and see what is going on. The tank empty has a capacity of 15.9 gallons. Even when you run out of gas there is always at least a gallon of gas in the tank. This car, like many, uses available gasoline to cool the fuel pump. Perhaps Lexus to maintain the life of the fuel pump and keeps the fuel level higher by signaling gallons/miles to empty early. Normally when the low fuel light comes on with most cars there is usually two gallons of gas left in the tank, about a 50-mile range and then it still never completely empties out the tank. The issue could be that the indicator is wrong, or the tank could be damaged preventing a complete fill. Although I suspect if you drove this car until it ran out of gas and stalled there would still be 1/2 to maybe as much as 1 gallon of fuel still in the tank. You are also correct that overfilling the tank trying to fill it completely is detrimental to the evaporative emission system.

I own a 2007 Ford Shelby GT 500 with a Shaker 500 audio system. When my battery went dead I changed it with the identical battery from Ford. Since then, I cannot retrieve or insert CDs into the unit. The radio says it is off, but it constantly makes a ratcheting noise and drains the battery down after a few days. Have you heard of this or know of a fix that can be done?



JOHN PAUL
AAA's Car Doctor

Unfortunately, this is a common problem with the Shaker 500 audio system with the six-CD changer. It appears the only fix is to replace or send the unit out for repair. Some people have taken the radio apart and disconnected the CD tray power supply and live without the CD changer. On the Mustang forums this also pops up as a common issue. Still before I gave up and purchased a new radio, I would try disconnecting the radio power supply and re-connecting and see if the CD changer cycles off.

Several years ago, my Honda dealer recommended changing the timing belt even though my Accord had only 65,000 miles on it. I now have 127,000 miles on the car. Should I replace the timing belt again or can I wait a little longer? What is ideal for timing belts?

Depending on the engine and year, but as a general rule Honda recommends, under normal conditions, replacing the timing belt at intervals of 105,000 miles or every 84 months whichever comes first. So, depending on how long ago it was replaced you likely have quite some time left before you need to do it again. The general rule of five years or 60,000 miles that was considered normal years back has been extended quite a bit. The dealer may have been a bit aggressive in the first timing belt replacement. When in doubt, check the owner's manual.

Can you recommend a shop where I can get my transmission repairs done for a 2008 Subaru Tribeca? I tried the dealer, and they didn't seem very interested in helping me out.

I would start with a check of AAA Approved Auto repair network. Go to aaa.com/repair, enter your zip code to find a AAA Approved shop near you. The local shop may not do transmission repairs since it is a specialty, but they may have a transmission shop they work with on a regular basis that provides quality service that they could recommend.

I am looking for a small affordable SUV. I want all-wheel-drive and it still needs to be fun to drive. Does anything come to mind?

I recently spent some time in the Mazda CX-30, it is a compact SUV, that can seat four adults and with the rear seats folded has decent cargo space. If you want fun to drive, you will need to step up to the turbo-charged engine. With up to 250 horsepower (premium fuel is not required but does boost horsepower) and the better than average handling, this little SUV is fun to drive. Like many of Mazda's models there seems to be a little Miata DNA in this SUV. On the downside, fuel economy is just okay, and the infotainment system can be a bit frustrating.

I recently traded in my old SUV for a sedan. I really liked the SUV but repairs and fuel economy with these high gas prices started to take a toll on my budget. I purchased a Hyundai Elantra but after a week of driving the car, I just do not like it. I went back to the dealer and wanted to turn the car back in and get my money back and they said, sorry we cannot do that. Do I have any recourse?

Unfortunately, there is no "right of rescission" when it comes to buying a car. Some dealers will have their own informal program so that after a couple of days if you do not like the car, you can return it, but that is up to the dealer. I am afraid that you entered into a contract and there is no way out. If there is any consolation the Hyundai Elantra is one of the better small cars, which also has an outstanding warranty.

I have had a recurring scraping noise in my 2016 Chevy Impala for over a year. The front wheel bearings have been replaced twice. This repair stated they replaced inner and outer bearings, cups, seals and repacked with grease. There is also a yellow brake light on, our mechanic tells me it's OK to drive as long as yellow light on dash doesn't turn red. Any idea what could be the cause? And how to fix it?

It may be time for a new repair shop. The idea that the

Cont'd On Page 10

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Movie Review: 'A Film By Beyoncé'

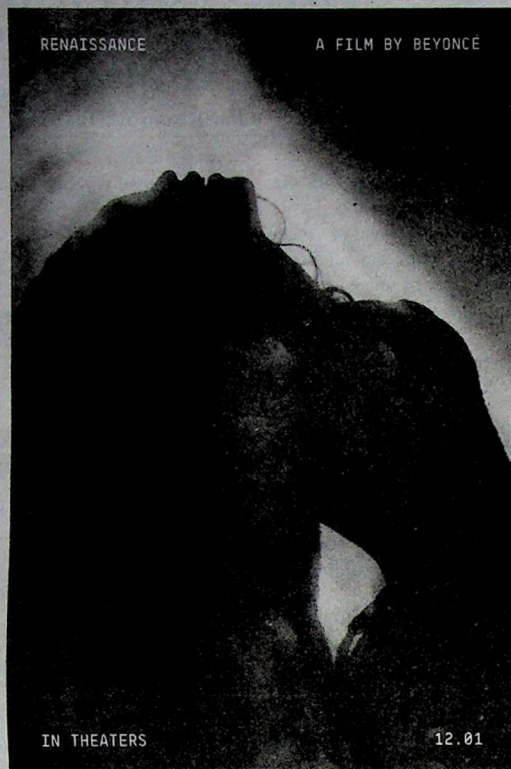
By **BOB GARVER**

When the writers' and actors' strikes of 2023 forced several movies off the fall schedule, it was a pair of musicians that came to the rescue with two of the most heavily-promoted concert movies of all time. "Taylor Swift: The Eras Tour" got the box office through a rough patch back in October.

Now comes "Renaissance: A Film by Beyoncé" to get it through early December. The box office shouldn't need Beyoncé to get it through early December, Thanksgiving weekend should have brought about some hits with staying power, but where the slate of traditional blockbusters failed, the concert documentary is here to thrive.

Since comparisons to the Taylor film are inevitable, I'll jump right into those. One of the first things I noticed was that this film is a mashup of several Beyoncé concerts, whereas Taylor's film was limited to one. There are points in the film that cut between performances of the same song at different venues. The editing during these scenes is always smooth, and I'd be unable to tell that any cutting was even going on were it not for Beyoncé's outfits inexplicably changing mid-song. They're always great outfits, so the chance to see as many of them as possible is greatly appreciated.

Then again, there's something about all the cutting between concerts that seems like cheating. With Taylor, there was a "no second takes" atmosphere that made the whole production seem flawless and magical (though I have since learned that some flubs were edited out). With Beyoncé, I get the impression that there's a safety net where if a take didn't go well at one concert, the film could just cut to footage from another. That's not to say the film leaves out imperfections entirely — one show is in-



terrupted by a power outage — but I feel like the film only left this scene in as a calculated showcase for the crew overcoming adversity, and possibly so the audience wouldn't think about other mistakes.

The other big difference between Beyoncé's film and Taylor's is that while that one was almost entirely limited to what the audience saw at the concert, this one throws in behind-the-scenes footage. I have mixed feelings on this idea, both in concept and execution. In concept, yes, we're getting to see exclusive footage, but I kept getting the feeling that it was at the expense of getting to see her perform more songs — including some of her biggest hits, which aren't in this movie.

In execution, I found the behind-the-scenes stuff to be hit or miss. Beyoncé wants the audience to know how hard she works, which is undeniably true to a nearly impossible degree, but the point is made so often that it feels beaten into the ground by movie's end. Anecdote-wise, Beyoncé often

makes time to affectionately put over role models like her mother and a family friend named Uncle Jonny that made many of her early outfits. Uncle Jonny passed away over 20 years ago and somehow he's the breakout star of this film.

I'll be honest, I had a hard time enjoying "Renaissance: A Film by Beyoncé," despite Beyoncé being an incredible artist with some of the most dominating charisma on the planet. Maybe it was because so many of the songs chosen for this movie were unknown to me. Maybe it was all the cutting away from the music for non-musical pontifications. Maybe it was just that after two concert movies in two months, I'm all concert-ed out. I can't say I "go" for this one, but if you're a member of the BeyHive, you'll probably get more out of it than I did.

Grade: C

"Renaissance: A Film by Beyoncé" is not rated by the MPAA, but would be an R for language and sexually suggestive material. Its running time is 169 minutes.



A SUCCULENT WREATH placed around a candle makes a festive holiday centerpiece.

Photo Courtesy of MelindaMyers.com

Dress Up The Holidays With Succulent Plants

By **MELINDA MYERS**

Many people are opting for more natural elements in their holiday displays and those that easily blend with their home décor. Popular succulent plants fit this trend whether decorating your home, setting a festive table, or giving as a gift. You and your guests will enjoy the easy care of succulents and the beauty they provide beyond the holidays.

Small-scale cacti and succulents provide a multitude of opportunities for use in holiday celebrations. Just select containers that complement, but don't overpower their charm.

Use them to dress up the table by making them into place cards for your guests. Plant individual succulents in a small clay pot and set one by each place setting. Include the guest's name or holiday wish on a plant tag set in the pot or written on the container. Send them home with your guests to enjoy for months to come.

Repurpose holiday mugs, champagne glasses, bottles and other items into succulent planters. Fill whatever container you choose with a well-drained cacti and succulent mix and display it on beverage or serving tables and trays. Just be careful not to overwater since the container you choose may lack drainage holes.

Empty wine bottles also make fun planters to display any time of the year. You will need to cut a large opening or several smaller holes into the side of the wine bottle or you may opt to buy one that is pre-cut. Fill the bottle with a cacti and succulent mix. The wine bottle planter can be displayed on its side but needs support to prevent it from rolling off the table. One simple method uses two corks and strong wire to create a cradle for your bottle garden. You can also plant just the bottom of the wine bottle and

stand it up for a different look. Or consider drilling several holes in the side of the bottle. Plant small succulents in the holes. Secure the plants in place with a bit of sphagnum moss or glue if needed to hold the plants in place once the bottle is set upright.

Create a centerpiece for gatherings by planting them in a shallow container. Their unique shapes and colors blend nicely with any décor. Or display individual potted specimens in the container to enjoy throughout the evening. When the party is over, each guest can pick a plant to take home.

You won't need much space to enjoy the subtle colors and dramatic forms of these drought-tolerant plants. Skip the seasonal greenery and use succulents to dress up candle displays. Create a terrarium of succulents using any clear glass container with an open top or lid set ajar. Succulents do not thrive in the humid conditions of closed containers.

Take it one step further and create a succulent tree. Fill a cone-shaped wire frame with moist sphagnum moss. Use cuttings or small plants to cover the frame. You may need to expand the opening to fit the roots through the wires and into the moss.

Include the name and care directions when send-

ing plants home with guests. This makes it easier for the recipient to keep their gift thriving once it arrives home. Suggest they keep it near a sunny window where temperatures are a bit cooler and free of hot and cold air drafts.

Water succulents thoroughly and only when the soil is dry. Pour off any excess water that collects in the saucer. Avoid overwatering plants growing in containers that lack drainage holes. As the days lengthen and the light intensity increases, the plants will need more frequent watering. Fertilize once or twice during the time the plants are actively growing.

Be sure to keep a few succulents for yourself. A succulent centerpiece is a great addition to any gathering at any time of the year.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.

Paint & Mocktail Night Dec. 19 At North Quincy Library

Bring your friends and gather for another round of Paint & Mocktail Night at the North Quincy Library on Tuesday, Dec. 19, from 7 to 8:30 p.m.

This event is an alcohol-free version of a paint and sip. Supplies are limited, so please register online at the Crane Library website.

Note: Registering could result in your party being placed on a wait list. If that is the case, and we are able to move you to the attendee list at some point, you will receive an email from the Crane Library confirming

your attendance at the event.

If you can no longer make it, please cancel your reservation as soon as possible so people on the waitlist have a chance to join. You can cancel through the reg-

istration email you received or call the North Quincy Library at (617) 376-1300 x8 to cancel.

Visit the Crane Library online Events Calendar for more information.

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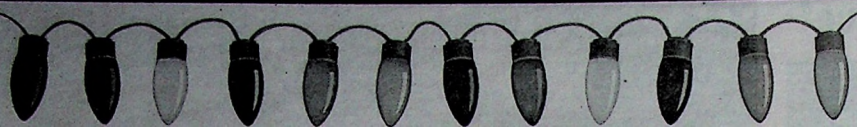
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WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Marie & Suzie: Holiday Recipes

Dear Readers:

Wishing you all a wonderful holiday season. My daughter Suzie and I are sharing our tried-and-true holiday recipes. Some of these recipes have been shared with you all before and are family favorites. These recipes have become Holiday traditions with our family and friends and, now, hopefully yours. Marie and Suzie

Stuffed Pork Loin: A Christmas Entrée

What's for Christmas or holiday dinner? How does stuffed pork loin sound? Your family and friends will enjoy this dish – especially if you would like a change from the traditional turkey and ham! Purchase the amount of pork depending on how many people you are feeding and how many leftovers you would like for the next day. Pork Loins are usually six or eight inches long.

Ingredients and Directions:

Purchase the pork amount depending on how many guests you are having.

With a very sharp knife, cut pork loin almost in half but do not cut all the way through. Using the stuffing recipe below (or your favorite stuffing) place the stuffing in the center of the pork and use toothpicks or white string to hold the pork and stuffing together.

Place slices of onion on top of the pork before baking and sprinkle with salt and pepper. Bake in a 350-degree oven for 35 minutes and then check to see if done. Cool before slicing. Make sure toothpicks or string is removed before serving.

Pork Stuffing – Ingredients and Directions

- 2 stalks celery, cut up
- 1 small onion, cut up
- 1 green pepper, finely chopped
- 1 red pepper, diced finely chopped
- 1 tablespoon low-sodium soy sauce
- 2 tablespoons of sherry wine
- 2 cups favorite stuffing mix
- 1 tablespoon Bell's seasoning
- 1 egg
- 2 tablespoons oil
- ¼ cup grated Romano cheese
- ½ pound ground pork

Mix all ingredients until well blended and then stuff pork

Lasagna for Christmas Eve or Christmas Dinner

Here's an entrée idea for your holiday dinners. No matter what we cook, there is always lasagna gracing the table. The lasagna recipe below has been enjoyed by my family and friends for years.

Ingredients and Directions:

- 1 pound of lasagna
- 15-ounce large Ricotta cheese
- 3 tablespoons olive oil
- 2 tablespoons fresh parsley chopped
- 1 egg
- 1 onion, finely chopped
- 2 garlic cloves, chopped
- 1 large can crushed tomatoes
- 1 cup water
- 1 can of tomato paste
- 1 pound beef or pork or any meat you desire if you would like a meat sauce
- ½ cup parmesan cheese
- 8 ounces of mozzarella cheese
- One quart of tomato sauce

In hot oil sauté the onion and garlic. If you use meat this is a good time to put it in. If not, just add tomatoes and tomato paste and water.

Cover and simmer for ½ hour. Set aside.

Boil the lasagna according to directions while the lasagna is boiling, get your cheeses ready.

In a bowl place the ricotta cheese and add the egg, grated cheese and parsley and stir until well blended. Set aside.

Once the lasagna is boiled, take a large baking pan and on the bottom of the pan, put a layer of sauce and spread to cover the entire bottom.

Start to add the lasagna, at least 3 strips, top with the Ricotta cheese mixture and smooth covering the top.

Sprinkle the mozzarella, then add another layer of sauce.

Repeat this process until lasagna strips are all used. Make sure to be generous with each layer of sauce.

Once layers are complete, top the lasagna with more sauce and mozzarella cheese.

Cover, and bake in a 350-degree oven for ½ hour. Uncover and cook for another 15 – 20 minutes. Enjoy

Stuffed Pork Tenderloin

Sometimes for my Christmas or a holiday entrée I would serve stuffed pork tenderloin and sometimes I would make a stuffed pork shoulder. For the holidays I have included some recipes for roast pork so you can have your choice.

The recipe for stuffing is below and can be used for both the stuffed pork tenderloin and pork shoulder.

Before stuffing pork tenderloin, prepare by rubbing a mixture of salt and pepper along with any other herb you choose. Slit the pork and place the stuffing in the opening. One stuffed secure with toothpicks.

If you decide to cook the pork shoulder you would season first with salt and pepper. Then slit the pork shoulder and add the stuffing. Add chopped onions all around the pork shoulder roast before roasting.

Directions and Ingredients for Pork Stuffing

Recipe:

- ¼ pound ground beef (or sausage)
- 1 celery stalk, chopped
- 1 small onion, chopped
- 1 cup chopped chestnuts
- 3 cups of stuffing mix (any kind) follow the directions carefully (or one small bag of stuffing mix - I use Pepperidge Farms)
- ½ cups seasoned breadcrumbs
- 1 ½ tablespoons Bell's seasoning
- ¼ cup of white wine
- ¼ cup grated parmesan or Romano (optional)
- 2 tablespoons olive oil

In a large skillet, pan or pot, heat the oil and sauté the celery and onion, add the hamburger, (or sausage) cheese if you are using, and white wine, cook until blended.

Add the Bell's seasoning and the stuffing mix which has been soaked, and then add bread crumbs and mix thoroughly.

Cut each pork tenderloin in half, but not all the way through.

After the stuffing is cooled place stuffing in each tenderloin securing with toothpicks.

If you have any left-over stuffing, you can bake it in a casserole dish for 25 minutes.

Place tenderloins on a roasting pan or cookie sheet lined with parchment paper and bake for 40 minutes and then check because tenderloin does not take very long to cook. Tenderloin should be lightly browned on top.

If you can't find the chestnuts you can also substitute mushrooms or keep the recipe as is. If you choose not to use chestnuts or mushrooms that is fine.

Christmas Cookies or Christmas Biscotti

Today's recipe for dough is the kind that once prepared you can use to make biscotti or round cookies. This recipe has long been a family favorite and has been passed down all through the years.

You don't have to make biscotti per se, but this dough is good for both. And because it is Christmas, and just to be festive, you can put food coloring in the icing.

You will find that this is a pretty simple dough to make. The dough is easy to create and once done, the dough comes

out of the bowl without a trace – the bowl will almost look clean.

Recipe and directions:

Preheat oven to 350 degrees, grease two cookie sheets; or line with parchment paper

Ingredients:

- ¾ cup butter (Crisco Used to be used - so you have your choice of Crisco or butter)
- 1 cup sugar
- 2 eggs
- ¼ teaspoon salt
- 2 cups of flour
- 2 teaspoons baking powder
- ¾ cup milk
- 3 tablespoons of anise flavoring (or any flavor you prefer such as lemon, vanilla, almond)

In a large bowl, cream together the butter, sugar and salt. Add the eggs one at a time and beat well.

Add flavoring and alternate the flour with the milk, mixing well.

If you are going to make biscotti, make a log out of half of the dough. And with the other half, make the round cookies the size you want by rolling the dough into balls.

If you are making biscotti, place the dough log on one of the cookie sheets and you may be able to put a few cookies on that same sheet. Use a second sheet for the rest of the cookies.

Bake in a 350-degree oven for 35 to 40 minutes until lightly tan on top.

While cookies are still warm, top with icing.

If you make biscotti, slice them into 1/2-inch slices, put back in the oven for about 10 minutes or until lightly browned. This will make them nice and crispy!

Icing Recipe

- 2 cups confectioners' sugar
- ¼ cup whole milk
- Red or green food coloring if desired
- Sprinkles to decorate cookies

Mix confectioners' sugar and milk until well blended, add food coloring if using, mixing well.

Place sprinkles on cookies or biscotti log while the icing is still wet.

Saucy Green Beans: An Old Family Recipe

When we were growing up, we almost always had tomato sauce with string beans. With each holiday, no matter what the main course is, the sides are very important. When we were growing up, a string-bean casserole wasn't as popular as it is today. But we had a unique way of making string beans with tomato sauce and this recipe was made on top of the stove. With only a few main ingredients this was a delicious way to make string beans.

Ingredients and directions:

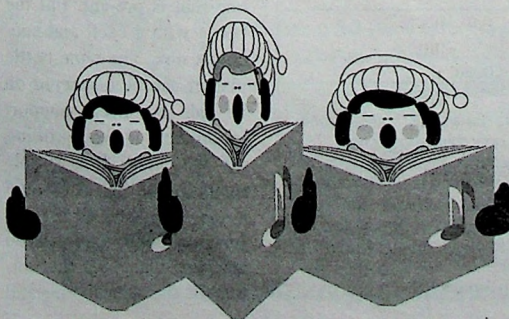
- 2 pounds of string beans
- 4 slices of bacon, cooked and chopped
- 1 medium onion, diced
- 1 large can of either diced tomatoes or crushed tomatoes
- 2 cups water
- 3 tablespoons olive oil
- ½ teaspoon basil
- ½ teaspoon of parsley

In a skillet, sauté the onions and bacon together and cook until bacon and onions are done.

Remove ends from the string beans. Then, add the green beans to the skillet.

Add the can of tomatoes, 2 cups of water to the string beans, cover and slowly simmer for about 1 hour if you like the beans soft or if you like your string beans al dente, only cook for 30 minutes.

Then add ½ cup of grated Parmesan cheese, and salt and pepper to taste. Place in a serving bowl and add to your holiday table.



More Holiday Recipes On Page 23

Social Security Matters I'm Returning To Work; What Should I Do About Social Security?

By **RUSSELL GLOOR**
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I started collecting Social Security at age 62 earlier this year. I had an opportunity to partner in a new business this year that will allow me to earn about \$200,000 in 2024. Because this is significantly above the allowed earnings when collecting early benefits, I need advice on how I handle this with the Social Security Administration. Am I supposed to call them and advise them of my change in income for 2024? If so, am I going to be penalized in any way? I expect they will stop all payments in 2024 once I alert them to the change. Will I be eligible for Social Security payments when I retire again? This is planned to take place before I reach full retirement age of 67. For information, my 2023 income will not exceed the 2023 allowable income limit. **Signed: Un-retiring Temporarily.**

Dear Un-retiring: You have a couple of options, considering that you recently claimed early Social Security benefits but are returning to work with income significantly more than the 2024 earnings limit of \$22,320.

The first is to simply contact Social Security and tell them you are returning to the work force and tell them your anticipated 2024 income. They will suspend your SS benefits for all of 2024 (to avoid overpaying you and making you return those 2024 payments later). If you plan to continue in your new business beyond 2024, you can advise them of that as well and they will continue the suspension of your benefits, until such time as you either discontinue working or reach your full retirement age (the earnings test no longer applies after you reach your FRA). At that time, SS will resume your monthly Social Security payments and, at your FRA, will give you time credit for all months your benefits were suspended, providing you with a higher monthly payment after your full retirement age is attained (with an adjustment for benefits already paid).

Your other option is to contact Social Security soon and request that your recent application for Social Security benefits submitted earlier this year be withdrawn. You have 12 months from the date of your application to do this, but you will need to repay Social Security all money which they paid to you or on your behalf (including your monthly payments, any income tax you had withheld from those payments, and any dependent benefits which might have been paid based on your record). That will effectively "wipe the slate clean" with Social Security and will be as though you had never claimed, allowing you to simply wait until you stop working, or until your FRA, or even beyond your FRA, to re-apply for Social Security at a higher monthly amount. The advantage of this option is that when your benefit restarts there will be no adjustment (reduction) for past benefits paid.

What I suggest you not do is simply wait to see what happens. That would result in Social Security catching up after the IRS informs them of your 2024 earnings, resulting in you receiving an Overpayment Notice from the SSA demanding repayment of 2024 benefits paid. In that case, you would need to quickly repay Social Security in a large lump-sum or have your SS benefits withheld until the debt for exceeding the earnings limit was repaid. In a nutshell, I suggest you call Social Security and tell them you are returning to work, what your earnings are expected to be, and for how long.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

BID Hospital-Milton Names New Board Members

At its Annual Meeting of the Boards, Beth Israel Deaconess Hospital-Milton named three new members to the Board of Trustees and one new member to the Board of Advisors.

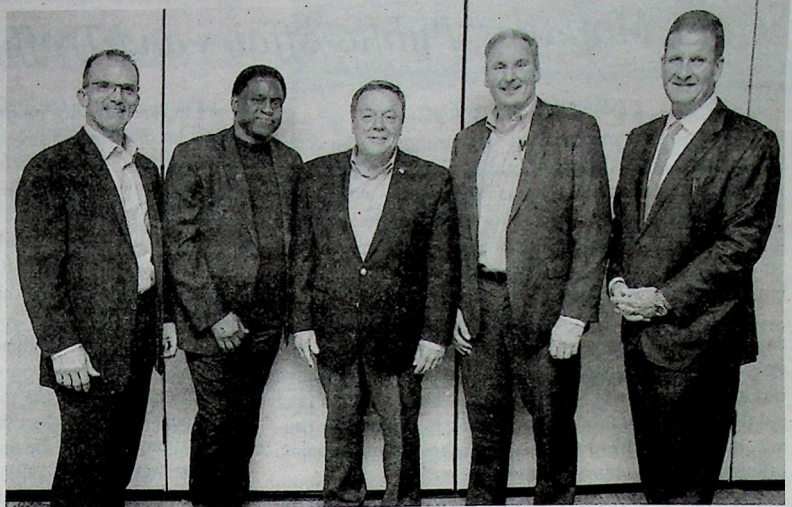
Jimmy Liang, Maureen Glynn, and John Anderson, MD, have been named to the Board of Trustees. Nicole Boyson has been named to the Board of Advisors.

"We are grateful that these talented members of our community are willing to give their time and effort to benefit the hospital," said Rich Fernandez, president, BID Milton. "Since the pandemic, the landscape of healthcare has changed, and we are confident these new members will help lead us into the future."

"I welcome the new board members to our hospital family," said Anthony Cichello, chair, Board of Trustees. "Our community has grown and so has the hospital. We have some exciting new projects on the horizon, and we look forward to their guidance and leadership."

This Annual Meeting of the Boards was the first in-person meeting since 2019. The keynote speaker was Rob Hale, philanthropist, founder and CEO of Granite Communications.

Jimmy Liang, founder of JP Fuji Group, is an accomplished chef, co-founding his first restaurant, Fuji, in 1998. JP Fuji Group, under Liang's guidance, thrives with nine Metro Boston locations. Beyond his culinary success, Liang's leadership extends to chairing the South Shore YMCA's Taste of the South Shore, serving on boards like Eastern Bank, and collaborating with Cambridge Savings Bank. His philanthropic ef-



BETH ISRAEL DEACONESS Hospital-Milton recently held its annual meeting. From left to right: Richard Fernandez, president, BID Milton; Stephen Denny, BIDM Board of Trustees, Chair of Nominating and Governance; Quincy Mayor Thomas Koch, Anthony Cichello, Chair, BID Milton Board of Trustees; and Rob Hale, president and co-founder, Granite Telecommunications, keynote speaker.

Courtesy Photo

forts span diverse causes, including Father Bill's & Main Spring's Food Fest, the South Shore Medical Center's Asian Service Fund, Bakes for Breast Cancer, Rodman for Kids, Quincy Asian Resources (QARI), Inc., WGBH, Pine Street Inn, Joslin Diabetes Center, and more.

Liang also partners with "English for New Bostonians," providing English classes to new immigrant employees.

Maureen Glynn is a partner and attorney at Issues Management Group. With more than 30 years of government affairs experience at the state and local levels, Glynn provides representation and counsel to multiple clients from a wide spectrum of sectors, including acute care and psychiatric hospitals, long term care, home health care, e-commerce companies, transportation and mobility organizations, waste management firms, non-profit charitable organizations and matters affect-

ing the judiciary. Maureen provides legislative drafting and writing expertise, compliance, and strategic advice.

Glynn has worked at the Massachusetts House of Representatives for a major committee with authority over most regulated industries including public utilities, energy, telecommunications, alcoholic beverages, professional licensing, and gaming. She serves on the boards of Quincy Community Action Programs, Health Imperatives, Inc. and has served on the Quincy College Board of Governors and the Quincy Planning Board. Maureen is a graduate of Suffolk University and Suffolk University Law School.

Jonathan Anderson, MD, is an emergency physician at BID-Milton. Anderson began practicing at BID-Milton in 2011 and has worked full time at the hospital since that time. He has also worked in a variety of per diem capacities in the UMASS Emergency Departments in Leominster and Worcester, and the Harrington Healthcare system in Webster, MA.

Anderson has held leadership roles in the Emergency Department including as Chief of Emergency Medi-

cine since 2014 (previously Associate Chief, and Director of Quality Assurance). Within the HMFP network of Emergency Departments, Anderson has held a number of leadership roles, including chairing the network Quality Assurance Committee. He served as the Vice President of the medical staff at Milton from February 2020-September 2023, and currently serves as the president of the Medical Staff.

Anderson received his Bachelor of Arts with honors from the University of Florida in History along with a Bachelor of Science with honors in Zoology in 2003. He earned his doctorate in medicine from the University of Florida College of Medicine in 2007.

Nicole Boyson is a Professor of Finance and Department Chair at Northeastern University, where she has taught since 2004. She is also co-editor for the Financial Analysts Journal and a principal at Longview Investment Advisors. Prior to receiving her Ph.D. in 2003, Boyson worked for eight years in the accounting and finance industries. Boyson serves as the Treasurer and a Trustee for the First Congregational Church of Milton.

'Astrolo-Tea' Program Dec. 20 At Thomas Crane Library

The Thomas Crane Public Library invites the public to a "What's the Astrolo-Tea?" program on Wednesday, Dec. 20, from 7 to 8 p.m. at the main library, 40 Washington St. Quincy Center.

This program is led by amateur astrologer and reference librarian, Rosie, who will host a fun and informational event on Astrology. Come enjoy some tea and light snacks and reflect on the astrology of the past year, as well as do a deep dive into what each of the signs can expect in 2024.

All are welcome.

Please bring a copy of your birth chart with you, which you can access on the Crane Public Library website. No registration is

required for this event.

Visit the library's Events Calendar for more information.



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Ask John Paul: AAA New England's Car Doctor Senior Manager, Public Affairs and Traffic Safety

Cont'd From Page 6

shop gave you the car back with a warning light on is my first concern. Also, the wheel bearings are sealed units and you do not disassemble them to repack them with grease like an older car. The bearing units also have wheel sensors for the antilock brakes. For whatever reason, the sensors are not functioning and causing the anti-lock function of the brake system to work improperly.

I took my 2015 Toyota Highlander in for service because it would make a rattling noise in the morning. The shop is suggesting that the part that allows that valve timing to vary needs to be replaced. They want to take out the engine and totally disassemble it, replace the timing chain, gears, head gaskets and a host of other parts. I thought Toyota engines lasted forever.

Although the shop may be right in their diagnostic of the engine noise, perhaps they are going too far. The variable valve timing (VVT) setup can rattle and removing the gears does require removal of the engine. Since the engine is out and perhaps the technician, knowing your particular engine feels that replacing the cylinder head gaskets at this point would be money well spent. Now the other possibilities are the oil solenoids are gummed up and there is an internal oil leak in the engine. I have seen some technicians clean up the solenoids, and remove the valve covers (not a simple job) and then replace the dried out gaskets that go to the variable gear setup. The leaking gaskets cause a loss in oil pressure when the engine is started, once the pressure builds to a normal level, the VVT systems quiets down.

Yesterday, when I went to get into my car, it would not start. AAA came out and was able to start the car, but suggested I needed a new battery. When I got home, I let the car run for half an hour. Once the car was turned off, it would not turn back on again. It was completely dead. I called AAA back and when they came out, they replaced my battery. I now have a new one. Is it necessary to go to my dealership to have them inspect the electrical system?

Generally, when AAA battery technicians check and replace a battery, they will not just evaluate that battery but will also test the starter, alternator and look for any signs of parasitic electrical drain. If these tests were performed (only takes five minutes or so) there is no need for additional testing.

My father passed away and left me his 1970 Pontiac Lemans with a 350 cubic inch V-8 engine. Would you be able to help me with what type of gas and oil I should use in it? I have no idea what my dad used, and I want to treat the car right.

Depending on how you are going to drive it, regular fuel 87 octane should be fine. If you hear an engine knock (detonation) then move up to premium. These engines were designed for leaded fuel and if the engine is all original and you are going to drive the car every day, then add a lead additive to the fuel. If this is only going to be a car that you go out for ice cream on the weekends this is not necessary. As for oil I would use 10W-30 or 10W-40 oil. Many people with older cars use Shell Rotella T5 oil which is a synthetic blend-first formulated for diesels. But any quality 10W-40 10W-30 designed for older engines is fine. Considering the car is 53 years old I would not use full synthetic oil, synthetic oil will not cause a leak, but it may find existing leaks.

I am in the process of changing the rear brakes on my 2022 Nissan Rogue Sport. I searched YouTube for the procedure that Nissan recommends putting the parking

brake in maintenance mode but could not find it. There were a lot of different suggestions, one was using a 12 V battery with jumper wires to the connections on the unit, another one was turning the piston in by hand clockwise. I would like to use Nissan's procedure, but I cannot find it. Can you please tell me where I can look to find it?

I have only done this with a bi-directional scan tool. I never tried running the parking brake motor back with a 12-volt battery. If the caliper connection is a simple two wire connection, then I would think (and I do not know this) that powering the motor one way extends the piston and the other way retracts it. On the motor-powered parking brakes, you should not try to twist the piston back in unless it is a specified procedure by the manufacturer.

Upon starting our 1998 Buick the light for the "air bag" stays on. Should it? All the other dash lights go on momentarily then go off. The car was not driven much but started up and run a bit by my son over the last three years as we were living elsewhere.

The airbag/SRS light should come on for a second or two and go off. The airbag system does its own self check upon starting and when the system is deemed OK, turns the light off. At this point, the airbag system and other computer components should be tested using a quality scan tool. Once you have computer codes you will get a better idea how to proceed.

I have an older Chevy that the alarm goes off in the middle of the night. My repair shop has told me they think it is the airbag causing the issue. Could this be and can I just disconnect the horn?

The alarm going off may be related to the airbag and on some GM vehicles the issue was the airbag cover would shrink during cold weather and activate the horn. The proper repair is to replace the air bag. Regarding disconnecting the horn, the horn is a part of the safety system and something I wouldn't recommend.

I have a 2019 Subaru Outback base model. Lately the radio and/or touchscreen have been acting weird. Sometimes when the radio is on FM it will start to change stations as if I pressed "scan." Pressing scan does not stop it. When in SXM it will leave the station and go to a SXM screen. When these things happen, the screen and buttons become unusable. I cannot take it into "maps" or "apps." I can still change stations with the steering wheel buttons. I read about a reset procedure of holding down the volume knob until the screen goes dark and then comes back with "Subaru Starlink." That seems to work sometimes for a day or two. Also, it seems that if I put the screen in "Map" mode (connected to my I-phone) then it does not misbehave but I can't see the stations. Also, I am sure that I used to have blind spot monitoring but now I don't. It might have disappeared after battery replacement a few months ago but I'm not sure. At that time, I had to reset several things.

Blind spot monitoring and back-up sensors were an option and recently I answered a email from a reader who thought he lost his back-up sensors. Come to find out, the car never had this function. Regarding the touch screen, there are dozens of technical bulletins suggesting everything from disconnecting the battery to multiple software updates. There was even one that suggested just a thorough cleaning of the touch screen with a microfiber cloth and Sprayway window cleaner. At this point you would probably be best served to bring the car to the dealer and let them check to see that the software is up-to-date.

Families Should Start Conversations About Safe Mobility Fatalities In Senior Driver Crashes Reach Highest Levels This Century

The number of fatalities in senior driver crashes nationwide reached its highest point since at least 2000, finds a new analysis of federal crash data from AAA Northeast. In 2021, the last year of available federal data, there were 8,209 fatalities involving drivers age 65+, including:

- 4,691 senior drivers
- 933 passengers of senior drivers
- 1,763 occupants of other vehicles
- 820 people outside vehicles

A similar trend has occurred in Massachusetts, where there were 101 fatal crashes involving drivers ages 65+ in 2022, the most since at least 2002.

With more senior drivers on the road, this trend is not surprising. Across the country, there were more than 49 million licensed drivers at least 65 years of age in 2021, an increase of 20 million since 2000. But to mark Older Driver Safety Awareness Week, AAA Northeast is encouraging seniors and their families to have discussions about how to ensure safe mobility for years to come.

"Older drivers aren't necessarily worse drivers than their younger counterparts," said Mark Schieldrop, Senior Spokesperson for AAA Northeast. "In fact, AAA research shows that seniors are less likely to engage in risky behaviors behind the wheel. But they are at greater risk of being killed or seriously injured if a crash occurs."

AAA offers the following tips for senior drivers and their families:

- **Review new technologies:** today's new vehicles are often equipped with a variety of safety features, from lane keeping assistance to adaptive cruise control. Review your car's manual or watch video tutorials to ensure you're comfortable with how these systems work.

- **Monitor your health:** various medical conditions, eyesight problems, or memory issues can make driving more challenging, and some medications can impair driving ability. Talk with your doctor and pharmacist about your safety on the road given your unique medical history.

- **Adjust your driving habits when necessary:** some seniors may only drive in the day, avoid highways, or make three right turns instead of an unprotected left turn. Families should discuss the best strategies to keep an older driver safe behind the wheel.

- **Wear your seatbelt:** wearing a seatbelt is the best protection you can give yourself in the event of a crash.

Salvation Army Red Kettle Match Challenge Saturday

The Salvation Army is hosting a match challenge for its red kettles on Saturday, Dec. 16th. All cash donations up to \$5,000 will be matched on that day.

To support the Quincy Salvation Army Kettle Campaign, bring a cash donation to the following stores: Walmart in Quincy

or Weymouth; Stop & Shop in Quincy, North Quincy, Weymouth, Braintree, or Hingham; Shaw's in Braintree or Weymouth; South Shore Plaza, Star Market in Quincy, or Hobby Lobby in Braintree. All funds help support the year round local work of the Quincy Salvation Army.

Beth Israel Deaconess Hospital-Milton Earns 2023 Leapfrog Top Hospital Award

Beth Israel Deaconess Hospital-Milton (BID Milton) was named a Top General Hospital by The Leapfrog Group in recognition of its achievements in patient safety and quality.

The Leapfrog Top Hospital award is widely acknowledged as one of the most competitive awards American hospitals can receive. The Top Hospital

designation is bestowed by The Leapfrog Group, a national watchdog organization of employers and other purchasers that set standards for health care safety and quality.

"At BID Milton, we pride ourselves in delivering exceptional care while simultaneously ensuring that our patients have a safe experience," said Rich Fernandez, president of BID Milton. "Earning the Top General Hospital recognition speaks to the dedication to these goals shared by our whole team. We are proud

to accept this award in addition to our 'A' Grade, for which we thank the Leapfrog Group."

More than 2,100 hospitals were considered for the award. Among those, BID Milton received a Top General distinction. A total of 132 Top Hospitals were selected, including:

- 8 Top Children's
- 35 Top General
- 15 Top Rural
- 74 Top Teaching

The quality of patient care across many areas of hospital performance is considered in establishing the

qualifications for the award, including infection rates, practices for safer surgery, maternity care, and the hospital's capacity to prevent medication errors. The rigorous standards are defined in each year's Top Hospital Methodology.

"Protecting patients from preventable harm is the cornerstone of The Leapfrog Group's mission," said Leah Binder, president and CEO of The Leapfrog Group. "[Hospital name] has demonstrated that patient safety is their top priority, and we're truly pleased to recog-

nize them as a Top Hospital this year. Congratulations to hospital staff at all levels who made this national recognition possible."

To qualify for the distinction, hospitals must rank top among peers on the Leapfrog Hospital Survey, which assesses hospital performance on the highest standards for quality and patient safety and achieve top performance in their category. To see the full list of institutions honored as 2023 Top Hospitals, visit leapfroggroup.org.



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12 Days Of Mindfulness: Tips For Dealing With Stress, Anxiety During The Holidays

By LORI SCOTT

Is it almost time to switch from your normal anxiety to your fancy holiday anxiety? If so, know that you are not alone. I see you. I hear you. I'm there too.

While the holidays can come with many festive moments, they also come with high expectations and stress. Are your holidays filled with warm traditions, happiness and cheer? Are they filled with sadness, stress or anxiety? For many folks, this time of year is incredibly difficult especially if you are missing a loved one or feeling lost or overwhelmed.

Whether you enjoy the holidays or you struggle with them, you can set some mindful intentions around how YOU want to experience them.

Here are 12 of my favorite ways to find peace during stressful times....

1. BREATHE. Mindful breathing is a practice that has been scientifically proven to alleviate symptoms of depression and anxiety. It can be as simple as noticing how it feels and sounds when you inhale and exhale. Or, you may focus on a specific breathing technique such as Equal Breathing (inhaling for a count of 5 and exhaling for a count of 5). If you're counting and focusing on this activity, your thoughts are less likely to be stressing about something else. Mindfulness teaches us that there is calmness in the pause between the inhale and exhale.

2. GET SOME FRESH AIR. Simply stepping outside is the easiest way to reboot your system and improve your mood. Is there a place in nature that brings you comfort? Go there. Go for a walk and pay attention to the feeling of your feet touching the ground, the wind or sun on your face and the sounds that surround you. Your state of awareness arises when you merge with nature.

3. CREATE SPACE FOR CURIOSITY. Before your feet even touch the floor in the morning, start your day with greater present moment awareness. Take a moment to do a mindful check-in by asking yourself - "what do I need today?" - then, wait for your wisdom to surface. Your answers are revealed only when you are curious and quiet enough to hear them. Now, you're ready to ease into a successful day! Allow your intention to inform your decisions throughout the day and make adjustments when your activities do not align with what you need.

4. TAKE GOOD CARE OF YOUR BODY. Physical self-care involves taking care of your body with proper rest, nutrition and movement. It's especially important to practice physical self-care during stressful times. Boost your immune system by eating healthy meals at regular times, drinking plenty of water each day, taking a daily walk, and getting a good night's sleep.

5. PRACTICE SAYING "NO." Taking care of your emotional well-being and setting healthy boundaries is critical this time of year. With so many festive parties and gatherings, it's easy to feel exhausted with emotional overload. It's okay to say, "No, thank you" when something doesn't work for you. Limit how much time you spend with people who drain your energy. Your relationships should uplift and fulfill you, not deflate and drain you. Create healthy coping strategies if you are in the presence of overwhelming

crowds or strong personalities by taking some mindful deep breaths, stepping outside for a break or asking others for help. Writing down some positive affirmations for yourself can also be helpful.

6. CULTIVATE A HEALTHY MINDSET. Mental self-care encompasses anything you do specifically to stimulate your mind, manage your thoughts and nurture a healthy psyche. If you find yourself ruminating on a "worse-case scenario" or if you're caught in a "what if" cycle, stop and take a deep breath. Then, immediately bring to mind something that is going right in your life. Use the power of your mind to challenge your thoughts and reframe your thinking. Decide if you're going to let your mind affect you positively or negatively. Engage your brain in a new way by meditating, listening to a podcast, practicing gratitude or trying a new hobby. Sometimes mindfulness practices and the support of loved ones is not enough and we need more help with depression and anxiety. PLEASE ASK FOR HELP by calling or texting 988 Suicide & Crisis Lifeline or visit <https://988lifeline.org/>

7. DISCONNECT TO RECONNECT. We are social beings, which means we need regular connection with others to thrive. However, social self-care can also mean the opposite if those connections do not foster healthy, nurturing, genuine and supportive relationships with yourself and those around you. Unplugging is the beginning of a mindful relationship with yourself. Disconnecting with outside factors is essential for our growth and wisdom. Take an intentional break from screen time (TV, internet, and phone usage). Consider how social media makes you feel. Maybe you enjoy seeing what everyone is doing or maybe it induces negative thoughts about your own life. Instead, seek out people who bring joy to your life. Connect with friends, relatives or support groups that nurture your well-being. Call or write them a letter. If you can't connect with the people who inspire you, keep them close with a photo or an item that reminds you of them. Give some thought to which relationships are meaningful and which ones you have outgrown.

8. KEEP CALM AND MEDITATE. Spiritual self-care involves activities or practices that give you a sense of meaning to your life. Engaging with and nurturing your soul is a fundamental self-care practice that applies to everyone. While there are many ways to achieve this, meditation is a helpful tool in providing comfort when life throws you a stressful curveball. Meditation simply means becoming familiar with oneself. You might start with listening to a guided meditation online or using an app such as Headspace, Calm or Insight Timer. Spiritual self-care can also include volunteering or contributing to a cause you believe in, creating a vision board or doing something else that inspires you.

9. FIND REFUGE. Environmental self-care involves taking care of the spaces and places around you that you love. Does your environment give you a feeling of happiness? Can you create a quiet space in your home that is completely absent of anything annoying? Perhaps you can rearrange or declutter a space that will appeal to your five senses (light a candle, adjust the lighting, wear comfy clothes, sip

MONTHLY MINDFULNESS

By Lori Scott, E-RYT 500

OWNER OF LORI SCOTT YOGA & WELLNESS



a warm drink). Placing photos or items around your environment of your favorite people and things that bring you joy can promote a calm feeling during chaotic times. When your space is peaceful, you are more likely to savor and appreciate the simple moments.

10. TRUST THAT YOU ARE DOING YOUR BEST. Between family, work, caregiving and all of the other responsibilities you are juggling, remind yourself that you are doing your very best. We have a tendency to give to the point of depletion. Then all of a sudden we realize that we've been neglecting ourselves for months, maybe even years. No matter how much you give of yourself, things will always be left undone and people may always be disappointed so be gentle with yourself and make time for saving your sanity. If you find yourself saying... "I just have to get through the holidays, then I'll have time for..." you probably need a break. Make time for hobbies, new experiences and doing absolutely nothing. This doesn't mean that we should stop helping or giving to others, it just means that you also value yourself and your own health.

11. LAUGH. DANCE. HAVE SOME FUN. Mindfulness teachings say that a peaceful tranquility surfaces when we encourage joy. What brings you joy? Do more of that. What's your favorite song? Listen to it. What's your favorite movie? Watch it. Research has found that laughing provides therapeutic benefits and can help relieve stress, improve your mood and quality of life. Sometimes laughter really is the best medicine!

12. JOIN A YOGA COMMUNITY! Our welcoming, non-competitive community meets every Sunday at 8 a.m. at the Fore River Clubhouse, 16 Nevada Rd. in Quincy. Class is for all levels, beginner friendly. No yoga experience, flexibility or sign up needed. Together, we practice breathing, slowing down and having some fun. 'Easy like Sunday morning' is our motto! Class is \$15/p.

Wishing you peace during the holidays. Always remember, kindness begins with YOU and you are worth getting to know!

Lori is an experienced 500 hour Certified Yoga Teacher with Yoga Alliance, Founder & Director of Registered Yoga School (RYS 200) and a Yoga Alliance Continuing Education Provider. Lori specializes in leading retreats, certification programs, 200 hour Yoga Teacher Trainings and facilitating Meditation and Stress Management classes for local corporations.

In addition to teaching yoga, meditation, wellness classes & workshops, Lori is a trained Trauma-Conscious Yoga Teacher offering free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Balanced Athlete® and Barre. Lori is mostly known in the community for teaching her signature Beach Yoga classes.

www.loriscottyoga.com.

Wreaths Across America Day Ceremony Saturday

By SCOTT JACKSON

Volunteers will place wreaths on the graves of thousands of veterans interred in the city's cemeteries as part of National Wreaths Across America Day on Saturday, Dec. 16.

Volunteers are needed at both Mount Wollaston and Pine Hill Cemeteries that day, said Christine Cugini, the city's director of veter-

ans' services.

A brief ceremony will be held at Mount Wollaston Cemetery at noon, with Robert Noble Jr. as the guest speaker. Those who plan on volunteering should arrive before the noon ceremony.

If you are making a donation and it is a grave specific donation and you wish to place the wreath, please call 617-777-9366 to make

sure the grave is marked before the ceremony, Cugini said. This will ensure no one places the wreath but the person who made the donation.

Donations may be made online at wreathsaacrossamerica.org to Sponsorship Group MA0036. Checks can also be made out to Wreaths Across America and mailed to Quincy Post #95, PO Box

52, 500 R Washington St., Attn: Quincy WAA, Quincy, MA 02169.

The Wreaths Across

America initiative began in 1992, when Maine businessman Morrill Worcester arranged to have wreaths

placed on the graves of veterans interred at Arlington National Cemetery in Virginia.

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Real Estate

Quincy Real Estate Transactions Dec. 4 - Dec. 8

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Ziwen Fang & Jianran Wang
Mark Levin
NQ3 Development LLC
Jeffrey E. Lothrop & Maureen P. Knoll
Mein-Chun H. Tang
Brendan A. & Colleen H. Doyle
Philip F., Frank J. Steven J. Martin R. Sines;
Yvonne M. Primavera, Janet E. Shea & Ann Marie Conti
Italo A. Rufo & Catherine Hamilton
Katherine Coleman 2014 Realty Trust
McDonald Realty Trust
Paul A. & Marie W. Stewart
Jonathan Foster & Jasmine Liu

BUYER

Wiing C & Feng H. Ma
Sea Street Renovations LLC
Amy M. Lee
Lan X. Chen & Qin R. Gao
Arterysummer LLC
Nicholas T. & Luci M. Daprato

Megan McCarthy
Christina M. Procacci & Anthony B. Tolentino
Brendan A. & Colleen Doyle
Kaia Li & Xueyun Jiang
Nicholas L. Woods & Sarah A. Gallagher
James Perretta & Ashley Mulcahy

AMOUNT

\$543,000.00
\$349,900.00
\$707,500.00
\$259,900.00
\$840,000.00
\$760,000.00

\$615,000.00
\$785,000.00
\$990,000.00
\$970,000.00
\$1,600,000.00
\$419,000.00

ADDRESS

25 Phillips Street Unit 4
1 Wall Street
511 Hancock Street Unit 203
422 Hancock Street Unit 7
143 Sumner Street
37 Jenness Street

32 Malvern Street
7 Deerfield Street
41 Stoney Brae Road
51 Willow Street
148 Monroe Road
76 Scotch Pond Pl. Unit 76

Norfolk County Housing Market Remains Steady

Cont'd From Page 3

for homebuyers in general, but especially for first-time homebuyers looking to purchase property."

For the month of November, lending activity overall continued to decline from last year. A total of 1,175 mortgages were recorded, which is 13 percent less than last year but 1 percent more than last month.

"Those who locked in lower interest rates in 2020 and 2021 are less inclined to refinance at current mortgage interest rates, and buyers looking for new property may be hesitant to take on a new mortgage with average interest rates still above 7 percent," Q'Donnell said. "These are some of the factors that have resulted in decreased mortgage recordings."

The Norfolk County Registry of Deeds continues to closely monitor the foreclosure market. In November 2023, there were 5 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, whereas in November 2023, there were 4 recorded. There were 27 notices to foreclose, the first step in the foreclosure process, which was less than the 30 recorded this month last year.

"These numbers suggest that a significant number of our neighbors are struggling, and more may have financial difficulties in the future," said O'Donnell. "We will continue to monitor these figures, and I would urge anyone struggling to pay their mortgage or who knows someone who is struggling to contact one

of the non-profit organizations listed on our website, www.norfolkdeeds.org."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"The current housing market climate that the country is in has a ripple effect on several aspects of the local real estate market, impacting buyers, sellers, real estate agents, and others whose livelihood is tied to the real estate sector of our economy. However,

Norfolk County has shown a high level of resilience

this month and saw some positive market indicators

despite these challenges," O'Donnell said.

Rep. Lynch Introduces Bill To Expand Access To Funds To Help Protect Seawalls

Last week, U.S. Representative Stephen F. Lynch (MA-08) introduced H.R. 6677, the Seawall Expansion Act, which would expand the National Levee Database by amending its qualifications for inclusion and increase access to federal funding to help strengthen coastal barriers.

The National Levee Database only contains embankments defined as levees, and the Seawall Expansion Act would amend the requirements to allow hard and soft infrastructure

that act as a coastal barrier to be included as well. This expansion of the National Levee Database would make federal funding more accessible to coastal communities to help repair and enhance their shoreline barriers to decrease beach erosion and damage from climate change.

"Coastal barriers such as seawalls and beach dunes are critical to protecting our coastline and keeping residents, businesses and our environment safe," said Rep. Lynch. "They need consistent maintenance to ensure they remain secure, which requires cities and towns like Hull, Hingham, Weymouth, Quincy and Boston, to seek federal funding to help keep them updated. The National Levee database is just that, a list of levees, and it is often used as a source for the distribution of federal funding. The Seawall Expansion Act

would ensure coastal barriers everywhere, made of hard and soft infrastructure, would be included in the National Levee database and subsequently make it easier to receive federal funding and assistance from the Army Corps of Engineers."

The National Levee Database maintains a list of our nation's levees and includes their attributes relevant to flood fighting, design, construction, operation, maintenance, repair, and inspection. The Levee Safety Program uses this database to ensure the structures are safe, reducing flood risk to people, businesses, and the environment. The Seawall Expansion Act would adjust the National Levee Database to include hard infrastructure such as seawalls, jetties, breakwaters and floodwalls, and soft infrastructure such as beaches, dunes and coastal banks.

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COMPASS

Pre-Leasing Begins At Ashlar Park's Woodlands Building

FoxRock Properties, a real estate investment, development, and management firm, announces a new building will begin pre-leasing at Ashlar Park. The community's Woodlands building, which includes 145 apartment homes, is expected to open its doors to residents in February.

Ashlar Park is a first-class, 465-unit residential community, managed by Bozzuto and located at the site of the former Quincy Medical Center. The community has welcomed residents in two of its four residential buildings. The Harbor building, which included 65 apartment homes, opened in August and the Skyline building, which included 132 apartment homes, opened its doors in September. The adaptive reuse of the former Quincy Medical Center's historic Administration Building, which serves as the com-

munity's main amenities hub, opened to residents in August.

The Woodlands building features a rooftop lounge with views of the Boston skyline and Quincy waterfront as well as quiet work from home spaces in its lobby. It is also one of two buildings on campus that has attached garage parking as well as dog wash stations.

The studio, one- and two- bedroom apartment homes offer oversized, energy-efficient windows that maximize daylight and provide stunning views of the Quincy waterfront and Boston skyline. The units feature generous closet space; smart locks and thermostats; in-unit washers and dryers; wide plank, engineered wood flooring in the kitchens and living rooms; oak kitchen cabinets with ample storage; quartz countertops and ceramic subway tile backsplashes; and stainless-

steel EnergyStar-rated appliances.

Amenities include outdoor lounges, a bocce court, fire pits, outdoor grills and a kitchen, a pool with a multi-

level deck, a roof deck lounge, and both garage and surface parking. Additionally, residents will have access to a fitness center and yoga studio, clubroom, as

well as coworking space with a library, private offices, and conference rooms.

The final phase of the project, the 123-unit Quarry building, is expected to be

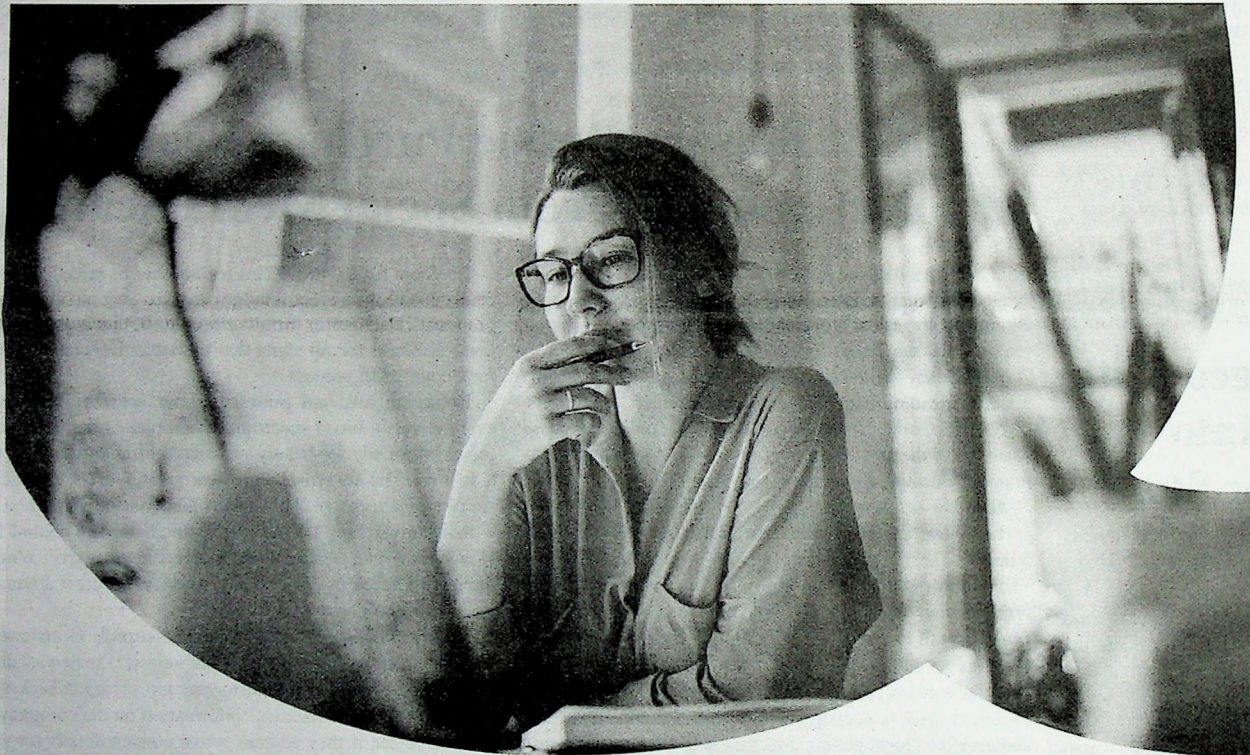
delivered in April 2024. To schedule a tour to view the apartment homes at Ashlar Park visit www.ashlarpark.com to connect with a leasing representative.

Quincy Credit Union Opens New Branch In Marshfield



QUINCY CREDIT UNION (QCU) recently held a ribbon cutting to mark the opening of its third branch, located in Marshfield at 751 Plain St. in Marshfield. Many attended to help mark this special occasion including, QCU CEO John Miller, senior management, board members, branch staff, Marshfield Town Officials and Marshfield Chamber of Commerce leadership. "We are delighted to bring the residents of Marshfield and its surrounding towns a community bank that offers exceptional customer service and some of the lowest loan rates available today," Miller said. "We are committed to helping members become financially secure by offering them the right product or service at the right time that meets their needs."

Courtesy Photo



Quincy College is proud to participate in

MassReconnect

The state's new **MassReconnect scholarship** program supports residents age 25 and older seeking Associate's degrees and certificates. It's aimed at Massachusetts residents who have a high school diploma or equivalent but no higher education credential, empowering them to **acquire education and training necessary for in-demand jobs** in fields including health care, education and biotechnology. The program funds tuition and fees, and students would receive assistance to pay for books and supplies.

Whether you're considering college for the first time or want to return to earn a degree or certificate, **there's never been a better time to enroll at Quincy College!**

Learn more, contact:

Admissions

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(617) 984-1710



QUINCY COLLEGE

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, DEC. 1

DISORDER (female/past), 10:59 a.m., Marina Bay Skilled Nursing, 2 Seaport Dr. Report to be filed.

ASSAULT AND BATTERY (past), 11:29 a.m., Quincy High School, 100 Coddington St. Report to be filed by School Resource Officer.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 6:00 p.m., Safford Street. Caller states her wallet was stolen out of her car last night. Report filed.

SHOPLIFT (items), 6:14 p.m., Home Depot, 177 Willard St. Suspect issued a trespass notice. Sent on the way.

SHOPLIFT (male party), 6:52 p.m., H Mart, 101 Falls Blvd. Male was caught shoplifting. Trespass notice issued and suspect sent on the way.

SHOPLIFT (stolen coats), 7:01 p.m., Marshalls, 141 Newport Ave. Store retrieved items. Involved persons issued a trespass notice.

BREAKING AND ENTERING/PAST (possible), 7:51 p.m., 150 block of Willard Street. Report to be filed.

WORKING FIRE (car fire), 9:20 p.m., Landers Road. Fully engulfed, close to house. QFD extinguished fire.

DISORDER, 10:06 p.m., Father Bill's Place, 39 Broad St. Male is refusing to leave. Sent on the way, advised.

SATURDAY, DEC. 2

VANDALISM/PROPERTY (smashed car window), 8:35 a.m., 70 block of Cleverly Court. Caller states his back driver's side window was smashed overnight. No property was taken out of the vehicle. Report to be filed.

SHOPLIFT (just occurred), 1:13 p.m., Marshalls, 141 Newport Ave. Merchandise returned to store. Male trespassed by store employee and was sent on the way.

DISORDER (in progress), 9:28 p.m., Broad Street. Unruly male sent on the way. Peace restored.

SUNDAY, DEC. 3

BREAKING AND ENTERING/MOTOR VEHICLE (smashed windows), 9:38 a.m., 300 block of Quarry Street. Case number provided. Report filed.

MONDAY, DEC. 4

BREAKING AND ENTERING/MOTOR VEHICLE (past), 3:15 p.m., 230 block of Billings Street. Supplemental report filed.

Juveniles Charged With Breaking Into Quincy Center Store

By SCOTT JACKSON

Two juveniles were arrested on charges they broke into a Quincy Center smoke shop.

Quincy police responded to a commercial burglar alarm at VK Smoke Shop, 3 Cottage Ave., at 6:45 a.m. on Dec. 4, the department said in a statement. Thieves had broken into the store through a glass front door and stole merchandise. They used motor vehicles stolen out of Randolph and East Boston in connection with the break in.

As a result of the investigation by the department's patrol, detective and special investigation units, and with the assistance of the Northeastern University Police Department and the Randolph Police Department,

a male and female juvenile from Boston were arrested the afternoon of Dec. 4 in Boston, Quincy police said. In addition, the vehicle that had been stolen out of Randolph was recovered by the NUPD.

The juveniles were charged with breaking and entering in the daytime with the intent to commit a felony, felony vandalism of real property, and larceny from a building. They were arraigned in the Quincy District Court Juvenile Session.

"I would like to thank our law enforcement partners at the Northeastern University Police Department and the Randolph police for their assistance with charging these two individuals," said Quincy Police Chief Mark Kennedy.

"I have every confidence that this type of interagency cooperation will lead to further arrests in this case. This case remains an active investigation by the Quincy Police Department."

Anyone with information about the case is encouraged to contact the Quincy Police Department's Bureau of Criminal Investigation at 617-479-1212.

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tal report filed.

SHOPLIFT (male), 3:49 p.m., Home Depot, 177 Willard St. Suspect was issued a trespass notice and was sent on the way. Store to handle.

DISORDER (in store), 4:48 p.m., Chipotle Mexican Restaurant, 68 Newport Ave. Caller is unhappy with the service but advised that this is a civil matter. Peace restored.

LARCENY (backpack), 6:10 p.m., McDonald's, 275 Hancock St. Report to be filed.

VANDALISM/PROPERTY (car was keyed), 7:02 p.m., 20 block of Hodges Avenue. Case number provided.

DISORDER (male), 9:14 p.m., Smoke Shop, 52 Franklin St. Peace restored. All persons sent on the way.

TUESDAY, DEC. 5

DISORDER (road rage), 9:22 a.m., Falls Boulevard and Quincy Avenue. Advised. No crime committed.

BREAKING AND ENTERING/PAST (business), 2:27 p.m., Alistar Quincy Office, 500 Falls Blvd. Report to be filed.

SHOPLIFT (male shoplifter), 3:02 p.m., Star Market, 130 Granite St. Arrest made, items returned and report filed.

SHOPLIFT (female shoplifter), 5:43 p.m., Target, 289 Hancock. Suspect was gone on arrival. Area checked and unable to locate. Store will call if she returns as they would like to have her trespass.

WEDNESDAY, DEC. 6

DISORDER (in progress), 3:19 p.m., Grossman and Water Streets. Caller reports 8 to 10 people fighting. No weapons on scene. All involved uncooperative, EMS refusal. All sent on way.

SHOPLIFT (detained no ID), 3:36 p.m., Stop and

Shop Supermarket, 495 Southern Artery. Female suspect issued a trespass notice and sent on way.

BREAKING AND ENTERING/ATTEMPT (dwelling), 5:19 p.m., Hodges Avenue. Caller observed three people go into her house via camera. The caller sounded the siren via her app and the suspects fled. The suspects had masks on. Officers checked the area and were unable to locate the suspects. Report to be filed.

BREAKING AND ENTERING/PAST (residence), 8:17 p.m., Marlboro Street. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 11:59 p.m., 20 block of Utica Street. Report to be filed.

THURSDAY, DEC. 7

WORKING FIRE (car fire), 12:02 a.m., 700 block Willard Street. QFD to handle. Three vehicles caught fire, one towed. Case numbers provided.

BREAKING AND ENTERING/PAST (dwelling), 8:51 a.m., low numbers of Hamilton Street. Forced entry on rear door, report to be filed.

ATTEMPTED MOTOR VEHICLE BREAK-IN, 11:16 a.m., 230 block of Sea Street. Report to be filed.

LARCENY (money), 5:52 p.m., Clive Street. Report to be filed.

DISORDER (fighting), 8:06 p.m., 380 block of Granite Street. Three males in the parking lot fighting argument over a dog. Officer gave Animal Control phone number to one person involved.

LARCENY (earlier today), 5:24 p.m., 400 block of Palmer Street. TV stolen from caller's apartment. Report to be filed.

BBB: Beware Online Purchase Scams; Protect Yourself From Social Media Scams

By BETTER BUSINESS BUREAU

Social media advertising is an effective way for small businesses to get the word out about their products. Unfortunately, the same goes for scams.

BBB Scam Tracker has received thousands of complaints about misleading Facebook and Instagram ads. In fact, the 2022 BBB Online Scams Report found that online purchase scams were the most common cons reported to Scam Tracker and the category with the most victims.

How the scam works

Look out for these common scams reported to BBB Scam Tracker:

Products that claim to support charity: As you scroll through your Facebook or Instagram feed, you see an ad from a small business selling adorable jewelry, t-shirts, or other merchandise. The best part? Some of the proceeds from the sale will go to a charity that helps rescue animals, foster children, or support another worthy cause. Some consumers even report getting direct messages from sellers promoting the products and asking them to spread the word to friends and family.

You make your purchase. But when your merchandise never gets delivered, the doubts start to build. When you contact the company about your purchase, they are suddenly unreachable or reply with an autoresponder. In reality, the product never existed. It was all a ploy to get your money. See more on charity scams.

Free trial offers: Many of these misleading advertisements tout celebrity endorsements and promise a trial of the hottest new skincare or nutritional supplement for a minimal investment of shipping fees. Consumers report that once they agree to the terms and conditions of these offers, they realize they have agreed to multiple monthly shipments for products over \$70-\$100 each.

Before you sign up for these "limited time offers," research the company online, see if there are any other consumer complaints, and read the terms and conditions you agree to carefully. That is a red flag if you can't find any terms and conditions. Watch out for pre-checked boxes and ensure you know who and where the company you are purchasing from.

Counterfeit merchandise: Name-brand goods are prime targets for unauthorized duplication, from sporting goods to designer apparel and handbags. If you purchase any of these products, you may risk not only receiving a poor quality product, but it may not meet environmental and safety regulations either.

Look out for red flags. This includes items priced significantly lower than other retailers are charging, spelling and grammatical errors in the advertisements, and poor-quality images. These are all signs that the advertisement may be for a counterfeit product.

Engaging ads and poor customer service: This category covers a broad spectrum of complaints that BBB receives, from ads for beauty products to trendy clothing to kids' toys. The advertisements look great, and the products are often inexpensive. This means that consumers purchase without researching the website or the company behind it. However, weeks pass, and the products never arrive. When the buyers reach out to customer service, they get a vague answer or don't hear back.

Before buying, do a quick online search. Google the website name with the words "complaints," "reviews," and "scam" to see what other customers are saying. Check the "About Us" or "Contact Us" information on the company's website to see if they contain actual contact details for the business. If the only way to contact the company is through a form, this is a red flag.

Apps of unknown origin: While scrolling through your feed, you may feel compelled to download the latest "free" app. Beware! By downloading this app, not only are you opening up your device to these unknown entities, but you could be signing up for recurring subscription fees. Victims report being charged fees as high as \$99 every seven days.

Before you enter your username and password, read the reviews. Also, read the app's description carefully and look for spelling and grammatical errors. Check that the developer's website is working and read the terms and conditions carefully (\$99 every 7 days adds up quickly).

How to protect yourself from social media scams

Do your research. Before making a purchase, quickly search for the business in question. Do they have valid contact information? Don't be fooled by professional photography or consumer reviews on their website. These can be lifted from other sites. Check BBB Scam Tracker to see if others have been duped.

Search for previous complaints. Do a Google search of the business name followed by "complaints," "reviews," or "scam" and see what pops up. If you find this business has cheated other people, steer clear.

Use good judgment. Many can artists play on consumers' desire to help those in need. Remember this and use your head, not just your heart, when supporting charitable causes. Go to Give.org to research organizations before giving.

Hanukkah Message: 'We Need Each Other. We Really Do'

Cont'd From Page 2

It would only last one day, but what was the miracle? It lasted eight days."

"Let's be very clear; it's a story," Benjamin continued. "We know it's a story because, if anyone here knows math, if you have one jug of oil that can last one day and it lasts eight days, how many days is the miracle? Seven."

"So it's a nice story for the children to bring that sense of light and adding light in, but really there was a war going on, and what was the holiday right before this that the Jewish people couldn't celebrate in the temple? It was Sukkot. It was Sukkot. And how many days is Sukkot? Eight days. So, this was a way to say we missed the festival all about harvest, we missed the opportunity to celebrate that in its correct time in the fall, but now let's do the best we can."

Benjamin said he loved the idea that "sometimes we just have to do the best we can given the circumstances at hand."

"Life isn't always perfect, but life gives us opportunities still to celebrate even when there was just a war and even where there is sadness, and that's how I'm

feeling right now," he said. "I don't feel full. I don't feel full of joy, not for a lot of reasons, but still we have to realize that we can take one candle. The power of that one lit candle is it can light another one. Is it diminished by doing that? Not at all. The power of that one candle is that it can light another one that needs a little boost and it can light another one after that and it's not diminished at all."

"That's what I have as a message to everybody here. Be a candle to other people. Take the warmth of who you are, the joy of who you are, the traditions of who you are, share that out there and just bring that light into other people's lives, because we need it. We need each other. We really do."

For the first night of holiday, one light is lit on the hanukkah, or Hanukkah menorah. Benjamin said that is because the light it gives off should grow over time.

"If you have oil burning, it burns down. It was the famous Rabbi Shammai who said for the hanukkah, the Hanukkah menorah, we should start with all eight lights on the first night and then go to seven on the second one and then to six and

then to five. He was very logical. He was, I think, an engineer," Benjamin said.

"If you ask someone, is that how oil works, does it burn down, the answer is yes. But Hillel – the great Hillel – he said that's only sad to see light diminish and diminish and diminish from eight down to one. Hillel said you're correct from an engineering point of view, but from an emotional point of view we have to lift up the joy, lift up the holiness, lift up the light. And so, Hillel said, let's start with one and then two, three, all the way up to eight."

"Guess who won out? Hillel, because he was that good soul who realized that we just need to add light into the world, not feel that it is diminishing."

Before lighting the menorah located on the Hancock-Adams Common, which is electric, Benjamin showed the crowd a hanukkah that burns olive oil, rather than candles. It was olive oil that the Maccabees had used inside the temple, he explained.

After lighting the menorah, Benjamin read aloud two letters his synagogue had received from the Milton Muslim Neighbors.

"I wish you and all your



RABBI DR. ALFRED BENJAMIN holds a Hanukkah gelt, or chocolate coin. He said that Hanukkah gelt is given out during the holiday because the Maccabees minted their own coins following their victory rather than using money that bore the image of Zeus.

Quincy Sun Photo/Robert Bosworth

wonderful congregation and loved ones a very chag sameach, which means a happy holiday, in this Hanukkah," Benjamin said, reading from the first letter. "Despite the darkness, may the blessed oil light up our days forever and guide us to love."

"The second one is shorter but still just as lovely. 'I wanted to wish you and your family a happy and blessed Hanukkah,'" Benjamin continued, adding "That's what we need more of in the world."

Benjamin then led the

crowd in the singing of several songs, including "The Dreidel Song," "Sevivon," "Rock of Ages" and "Who Can Retell?" At the conclusion of the ceremony, he handed out dreidels and Hanukkah gelt to the children in attendance. Benjamin said that Hanukkah gelt, or chocolate coins, is given out during the holiday because the Maccabees minted their own coins following their victory rather than using money that bore the image of Zeus.

"That's why the traditional gift for children

is coins," Benjamin said. "And, as I've said in the past, the traditional gift that grandparents give their grandchildren is not gelt, but it's guilt."

Mayor Thomas Koch spoke at the start of the ceremony, welcoming those in attendance to the event.

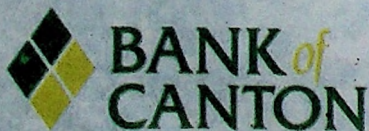
"I want to welcome everybody here for the lighting of the menorah as part of our holiday activities here in Quincy," he said. "I'm proud to be the mayor of the great city of Quincy. We have a great community."

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GENERALS PARK CHRISTMAS TREE

★ ★ TRIBUTE TO SERVICE ★ ★



CHRISTMAS TREE in General's Park is decorated with ribbons bearing the names of active service men and women from Quincy. The tree was decorated and illuminated at a ceremony Dec. 3. More photos on Page 17 Quincy Sun Photo/Robert Bosworth

Generals Park Christmas Tree Honors Active Military



SADIE HAINES, 6, of Quincy, writes names of military members on a ribbon that was later placed on a Christmas tree at Generals Park in Quincy Center. The tree with ribbons of active military personnel was illuminated Dec. 3.



MICHELLE KELLEY COAKLEY of Quincy places ribbons with the names of six members of her family that have or are serving in the military, including her brother who serves in the United States Air Force, on the Generals Bridge and Park Christmas tree during a ceremony on Dec. 3.

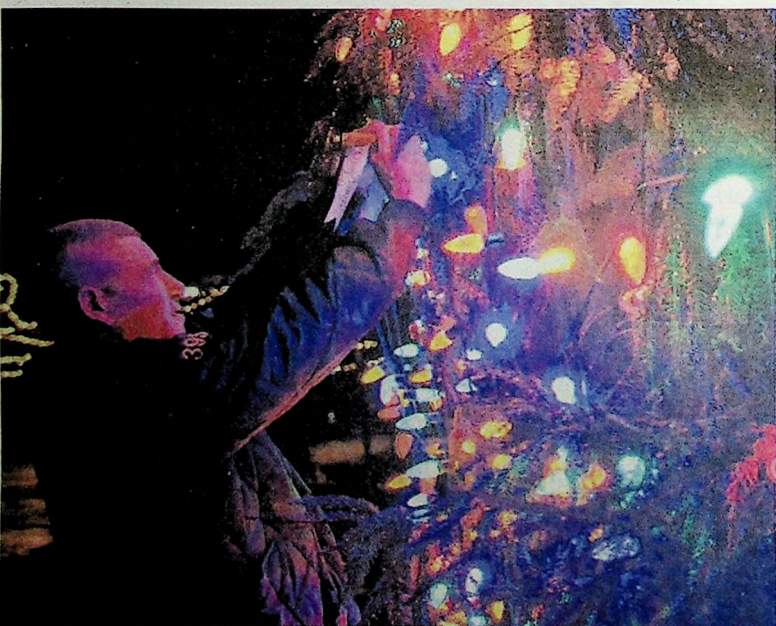
Quincy Sun photos/Tom Gorman



RIBBONS BEAR NAMES of active military personnel that will be placed on the Generals Bridge and Park Christmas tree.



JUDI CONCANNON writes names of military service members on ribbons that will be placed on the Generals Bridge and Park Christmas tree.



JOHN CRISTIANI, a Quincy firefighter, places a ribbon on the Generals Bridge and Park Christmas tree with the name of his son, John Cristiani Jr., who is serving in the Coast Guard.



JACQUI DEVINE, left, and Janet Batson, center, prepare ribbons that will bear names of active military personnel to be placed on the Generals Bridge and Park Christmas tree. More Photos on Page 31.

Boston Tea Party 250th Anniversary Celebration Saturday At Library

The staff of the Thomas Crane Public Library will present an informative Boston Tea Party 250th Anniversary Celebration on

Saturday, Dec. 16, from 2-3 p.m. in the Community Meeting Room, Main Library, 40 Washington St. The public is invited to

join the Thomas Crane Public Library, The Boston Tea Party Ships and Museum, and Tea Master Bruce Richardson for a virtual discus-

sion on Dec. 16, to celebrate the 250th anniversary of the Boston Tea Party.

Participants will discuss the origin stories of the five

teas that were tossed into the Boston Harbor in 1773.

This event is free to at-

tend and no registration is required. Tea and light snacks will be provided.

Save Adams Arcade Facade:

A Unique Art Deco Artifact In The Heart Of Quincy Center

On Oct. 23rd, I participated in a public hearing conducted by the Quincy Historic Commission. The purpose of the hearing was to discuss the fate of the Adams Arcade Building located at 1469-1475 Hancock St.

The Adams Arcade building is located in the Quincy Center Historic District and is identified on the Quincy Historic Building Survey prepared by Gray & Pape Inc, dated June 11, 2009. The Inventoried Form for the Massachusetts Historical Commission facade is "constructed of concrete and glass and has one of the most original second floor facade treatments on Hancock Street." It harkens back to a time when Quincy Center was a hub for retail shopping. The stepped framed articulation in the concrete frames that face the street is a fine example of the art deco style. Each concrete bay features a large window opening that once contained a large projected oriel window. The facade of the Arcade Building is of historic significance and provides a unique aesthetic to the street that is not replicable with newer styles of architecture.

At the hearing, I learned that the property owner of the Arcade Building is seeking permission to demolish it at the same time as the two adjacent City owned structures to make way for future urban park and new residential tower on the footprint of the Arcade Building. The owner's representative of the Arcade Building explained that demolishing all three structures at the same time would be financially beneficial to both parties. Details of this financial arrangement were not provided during the hearing. Additionally, the owner's representative explained that the design of the new facade is not yet complete and won't be available until

sometime next year, after the structure is scheduled to be demolished. Furthermore, the owner's representative didn't seem to be aware of the historical significance of the existing facade and offered no remarks about it during the hearing.

As a local restoration architect and fan of the Art Deco Style, I testified that the Arcade Building second level facade be saved, restored and repurposed in some way because of its pleasing aesthetic, and it represents an important artifact of Quincy Center's retail history. In the 1970's, during his tenure as president of the Quincy Art Association, my father utilized one of the second-floor spaces as an art studio in the Arcade Building where he and other members of the association held painting classes. The large windows made the space perfect for use as an art studio because they let in abundant natural daylight. From the street, the unique detailing of the concrete frames is handsome and unlike anything else on Hancock Street.

After some deliberation, it was good to hear that the Quincy Historic Commission was in favor of recommending that the property owner restore or repurpose this unique facade. However, I am concerned that this recommendation may get overlooked unless the City proactively engages the property owner and works with them collaboratively to consider how it might be protected, restored and repurposed in accordance with the commission's guidance.

Repurpose Considerations:

In my opinion, the concrete facade could be repaired and recoated, and with new projected bay windows like the originals, the facade would be able to enjoy its next life in-

corporated into the facade of a new building that is being considered at that site. There are many ways to incorporate this unique facade as an historic artifact into a new building. One example could be to reconstruct the existing facade at the street level where shop owners can utilize the bay windows for display. Street level bays could define small tenant spaces for pop-up stores and art galleries that rotate seasonally to feed a vibrant and diverse street life. Another example could be to relocate the facade to the side of the property facing the new urban park. The juxtaposition of the unique art deco facade at the base of the new tower could be a dynamic combination offering a unique draw to encourage diverse commercial activities, foster the arts and attract a new younger generation to Quincy Center!

Summary:

The Arcade Building second floor facade is handsome and an important artifact of Quincy's Center's retail history. It should be restored and repurposed as recommended by the Quincy Historic Commission and not be demolished at this time. Furthermore, funds for restoring historic elements are available through the Community Preservation Act funds and other state and federal grant funding sources.

But time is of the essence, if the demolition is slated for January 2024, a plan to protect this facade will need to be devised as soon as practical so that we don't lose this opportunity to save it!

ACT NOW! Contact your city councillor, the Mayor's Office and sign my petition! Tell us why saving this historic art deco artifact is important to you!

Maria Mulligan, AIA, Architect
Quincy Resident

SAVE THE ADAMS ARCADE FACADE!

DID YOU KNOW THAT THE HISTORIC ADAMS ARCADE ART DECO FACADE WILL BE DEMOLISHED IN JANUARY 2024?

At a recent Quincy Historic Commission meeting, the property owner of the Adams Arcade Building at 1469-79 Hancock Street requested permission from the City to demolish the structure in January 2024 for a new future residential high rise without first providing a plan to save the historic art deco style facade that faces Hancock Street. The second story facade is of significant historic importance and provides a unique aesthetic to the streetscape unlike anything currently on Hancock Street.

WHY SAVE THIS ART DECO FACADE?

Both the Quincy Historic Survey and the Mass. Historic Commission have identified the facade of the Adams Arcade Building to be of significant historic architectural importance. It was constructed in the 1920's in the art deco style and provides a unique handsome aesthetic to the streetscape that is not replicable with newer styles of architecture. It is also a historical commercial artifact that harkens back to a time when Quincy Center was a hub for retail shopping. Aesthetically, the juxtaposition of the unique art deco facade at the base of the new high rise could be a dynamic combination and a unique draw to encourage diverse commercial activities, foster the arts and attract a new younger generation to Quincy Center!

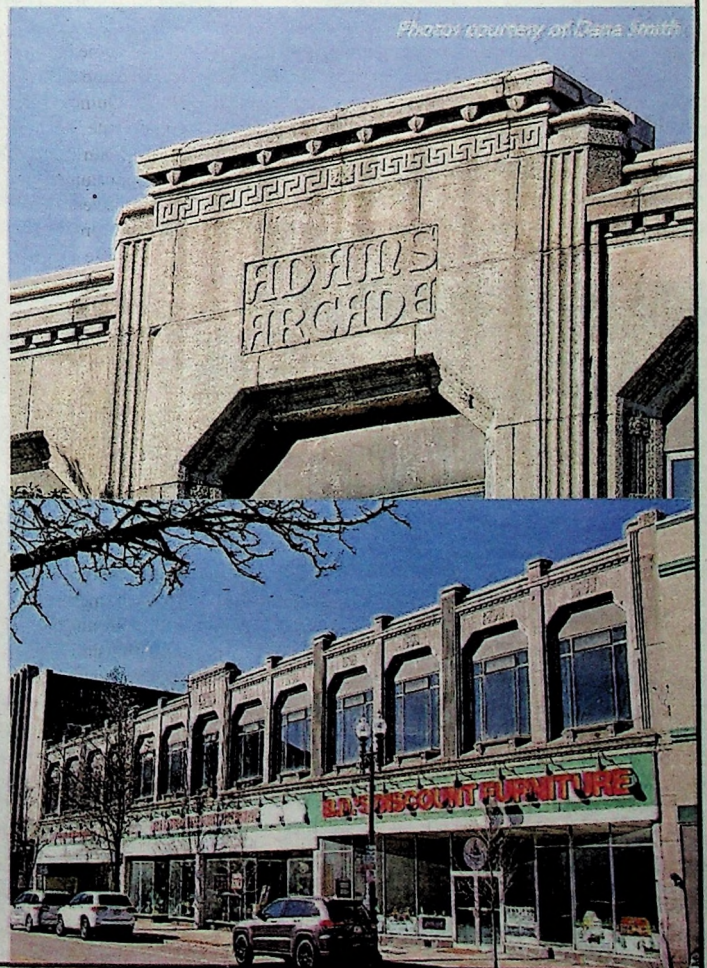
WE NEED YOUR HELP!

Although the Quincy Historical Commission has recommended that the property owner integrate this artifact into the streetscape of the new residential tower design, their recommendation is not binding!

We need your help to encourage the City to work collaboratively with the property owner to explore ways to save this historical artifact!

SIGN & SHARE this PETITION!

Tell us why RESTORING & INTEGRATING this historical art deco artifact into the new building is important to you! (<https://bit.ly/49QoRi3>)
Email saveadamsarcade@gmail.com to learn more!



QNG Girls' Hockey Shuts Out Stoughton, 6-0

By TOM JOYCE

Offense, defense, and goaltending.

If a team has a good mix of the three, it has a good chance of winning a hockey game.

That's what happened for the Quincy/North Quincy High girls' hockey team last Saturday night.

QNG clicked in its season opener at home against Stoughton, picking up a 6-0 win to improve to 1-0 on the season.

QNG got its first goal of the game with 7:43 left in the first quarter. Forward Lucy Morkan rifled in a shot into the right side of Stoughton's net, giving the team a 1-0 edge. It was QNG's first goal of the regular season.

The team then doubled its lead early in the second period. About a minute and a half into it, freshman forward Mackenzie Ilacqua

also found the back of the net. She quickly maneuvered around the ice, skating past defenders, and eventually found an opening. Coming from the right side, she put the puck in the left side of the net, putting QNG up 2-0.

Then, Megan Caldwell made it a 3-0 game six minutes later. She buried a second-chance goal after Siena Nichol got the puck to her. Nichol slapped the puck, and it ricocheted off an opposing defender. Caldwell found the loose puck in front of the net and buried it for a goal.

Less than two minutes later, QNG's offensive field day continued. This time, it was Emily Lim who found the back of the net. The sophomore defender capitalized on a fast break after

a Stoughton player tripped. The goal put QNG up 4-0 with six minutes left in the second period.

The second period was the most productive stretch for QNG; the team outscored its opponent 3-0 over those 15 minutes.

Lim scored again with 11:09 left in the third period. She buried a shot in front of the net following a strong pass from Nichol.

And while five goals are a lot for one team in a high school hockey game, QNG was not done yet. It would score one more goal but was on the defensive for a time before that happened.

A couple of minutes later, QNG found itself playing shorthanded after a penalty. However, the team managed to kill the power play, keeping its shutout intact.

Ilacqua also netted the

team's final goal of the game with about five minutes remaining, giving QNG a 6-0 edge.

Goalie Tayah Quinn, playing her first high school game, earned the shutout in net.

Last Saturday's game was the first of two scheduled meetings between QNG and Stoughton this season. QNG will also face Stoughton on Wednesday, Jan. 10, on the road (7 p.m. start time); the game will be played at the Canton Ice House.

QNG is coming off a rebuilding year; the team went 2-18-0 last season. QNG was a young team last year, and it returns many players on both offense and defense, although it lost two goalies, including last year's starter, to graduation. Since QNG was a young team last year, some of its contributors were eighth-graders. That said, the team brought back high school freshmen who already had varsity high school hockey experience.

Additionally, the team has a new head coach this

year, with Jay Ronan taking over for Jeff Craig, who served as the team's head coach for eight seasons and led them to a few playoff appearances. Ronan's eldest son, Ian, is a junior defenseman on the North Quincy High boys' hockey team, and his eighth-grade daughter, Tess, is a forward and defender for his team.

The next game for QNG will take place this Saturday, Dec. 16, on the road against Hanover (3:40 p.m. start time). The game will be played at The Bog in Kingstons.

NQ Girls' Basketball Dominate D-R, 56-10

By TOM JOYCE

Dominant.

That's the best word to describe the North Quincy High girls' basketball team's performance last Friday night.

The Raiders dominated their opening game of the 2023-2024 winter season, defeating Dighton-Rehoboth 56-10 Dec. 8.

"The win felt incredible, the team's chemistry was there from the start, and the girls have been working incredibly hard day in and day out," Raiders' head coach Liana Cunningham said. "I believe our identity comes from the defensive end, and we were tenacious all night. The leadership we have from our seniors definitely helped stem this win, and the poise that each player showed out there was impressive, to say the very least."

The Raiders had no issue scoring in this one. They went up 6-0 in the first 90 seconds on a layup from Ava Bryan, two free throws from Autumn O'Campos, and a steal recovered by Molly Toland that she took to the basket for a layup.

The Raiders started the game on an 8-0 run. Dighton-Rehoboth finally broke that run with about 4:30 left in the first quarter, hitting a free throw, but the team did not do much scoring in this one.

After that, the Raiders had another 8-0 run. Maeve Powers hit a layup on it, while Bryan had back-to-back three-pointers. During this run, the Raiders forced several Dighton-Rehoboth turnovers; the team had a few steals, including a

couple from Powers, plus a block from one of its forwards. It gave the Raiders a 16-1 advantage.

Dighton-Rehoboth responded with 1:34 left in the first quarter, hitting two free throws. However, the Raiders continued expanding their lead while playing tough defense. The team led 22-5 at the end of the first quarter, as Dighton-Rehoboth also hit two free throws with 2.9 seconds left in the quarter.

That five-point quarter was Dighton-Rehoboth's best offensive performance of the game. In the final three quarters, the Raiders held them to just five points – fewer than two per quarter.

In the second quarter, the Raiders continued expanding their lead. They scored the quarter's first eight points. Bryan had two three-pointers, while Caroline O'Donnell hit a shot in the paint. Dighton-Rehoboth got a basket with about 4:20 left in the quarter. The team struggled shooting, and tough defense from the Raiders caused steals and blocks, resulting in turnovers.

The Raiders added five more points in the final four minutes of the second half, so they went into the locker room up 35-7.

The Raiders nearly held Dighton-Rehoboth scoreless in the third quarter. However, Dighton-Rehoboth added two points in the final seconds. A Raiders foul sent a Dighton-Rehoboth player to the line with 5.8 seconds left in the quarter; she hit both free throws for Dighton-Rehoboth in a quarter

where the Raiders scored 19 points. Powers hit a buzzer-beater at the end of the third quarter, giving the Raiders a 54-9 edge.

Even as the Raiders took a more conservative approach in the fourth quarter, subbing out their starters, they still outscored their opponent 2-1.

The win was also the first for Cunningham in her career as the Raiders head coach. She was a star player at Quincy High, who graduated in 2018 and set the school record for career assists.

"To come back to Quincy and become a head coach at North Quincy is a dream come true," Cunningham said. "I am so grateful for the opportunity, and I am here to invest all my energy into this program. I am so lucky to be in this position at such a young age, but in the end, it really isn't about me; it's about the girls and always will be."

"I am here to show how much I believe in every single one of them," she added. "This sport has taught me so much and I am extremely blessed to be able to pass down my knowledge to these young athletes. To be a coach means to connect with your athletes and build a relationship where lessons are learned, expectations are exceeded, and memories are made. I am here to do whatever I can for these girls to make this experience for them the best one yet."

The next game for the Raiders will take place Friday, Dec. 15, on the road against the Hanover Hawks (6:30 p.m. start time).



CO-CAPTAINS of the Woodward Wildcats basketball team (from left to right) Laila Whyte (Boston), Nicole Leung (Quincy) and Leilah Curruthers (Boston). *Courtesy Photo*

Woodward School Wildcats Off To Fast Start

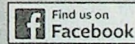
The Woodward Wildcats Basketball Team got off to a fast start as the season opened Dec. 4th at home versus The Commonwealth School. The game was close for the first 10 minutes. At that point Woodward began to surge, leading the way to a 35-21 victory.

The Wildcats were led by sophomore Co-Captain Nicole Leung (Quincy) who scored 23 points, and on defense by sophomore Co-Captains Leilah Curruthers (Boston) and Laila Whyte (Boston).

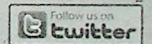
On Dec. 6th Woodward played a non-league game

against The Cambridge School of Weston. Sophomore Co-Captain Nicole Leung had a breakout game scoring 37 points which led to a 50-36 Woodward Wildcat victory. The girls exemplified a solid team effort in all phases of the game.

Quincy Access Television
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Quincy, MA 02169



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617-376-1440
617-376-1441



Public Access Channel 8

Thursday, December 14
6:00pm: Bethany Congregational Church
7:00pm: Jazzy Bill's Christmas Special-Part 3

Friday, December 15
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, December 16
1:00pm: Quincy Christmas Parade
7:00pm: The Call

Sunday, December 17
10:00am: Bethany Congregational Church
11:30am: Quincy Point Church Good News

Monday, December 18
11:30am: LIVE: Currently in Quincy
7:00pm: ALL Friends Cabaret

Tuesday, December 19
7:00-9:10am: LIVE: AM Quincy w/Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, December 20
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, December 14
4:00pm: Board of License Commissioners 11/28
5:00pm: Zoning Board of Appeals 12/12

Friday, December 15
8:30pm: MA Life Sciences Center Pathmaker Awards
9:30pm: In the Know: MA Office on Disability

Saturday/Sunday, December 16/17
10:00am: History Comes Alive: Blanchard's Tavern
10:30am: State View: Rep. Bruce Ayers
12:00pm: City Council Ordinance Committee 12/13
2:00pm: In the Know: MA Office on Disability
4:00pm: Board of License Commissioners 11/28
5:00pm: Zoning Board of Appeals 12/12
7:00pm: City Council Ordinance Committee 12/13
9:30pm: MA House of Representatives

Monday, December 18
6:30pm: LIVE: City Council incl. Public Hearings

Tuesday, December 19
4:00pm: LIVE: Board of License Commissioners
6:00pm: Zoning Board of Appeals 12/12

Wednesday, December 20
6:30pm: City Council Ordinance Committee 12/13

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

OBITUARIES

Thomas E. Roberts, 83

Thomas Edwin Roberts, a lifelong resident of Quincy, died suddenly at his home on Friday, Dec. 1, 2023. He was 83.

Thomas was born in Quincy on May 12, 1940, and was the son of the late Edwin E. and Bertha Louise (Loud) Roberts. They resided in the Adams Shore section of Quincy. He attended local schools and graduated from Quincy High School in 1958. After high school, Thomas attended Northeastern University graduating with a BS in Accounting in 1963. Thomas enlisted in the United States Army on June 1, 1964. He proudly served his family during the Vietnam War and earned the rank of First Lieutenant. Thomas was honorably discharged on May 31, 1966. Following his time in the service, Thomas continued his education at Northeastern University, where he earned his master's degree in finance in 1975. Thomas' career started as a CPA at Coopers and Lybrand until 1968. He then went on to work for the Boston Stock Exchange from 1968 - 1981 and was Senior Vice President and Treasurer. From there he went on to First New England Securities Corporation from June



THOMAS E. ROBERTS

1981-October 1986. He ended his career in 2015 at Pioneer Investments Inc. at the age of 75. He loved his career and the relationships he built throughout the years.

Tom was an avid lover of sports and the outdoors, particularly golf, hockey, racquetball, and fishing among many others. He was very involved in the Quincy Youth Hockey Association as a coach and refereed well into his seventies. He instilled this love into his children and grandchildren.

Thomas was the beloved husband of Nancy Ann (Driscoll) Roberts of Quincy. He was the devoted father of Nancy J. Medeiros and her husband Paul of Stoughton, Lee A. Page and her husband Barry of Quincy, and the late Thom-

as L. Roberts, who died in 1997. Thomas was the loving grandfather of Nicole, Tommy, and Barry Page, all of Quincy, and Paul Medeiros of Stoughton. Thomas was the dear brother of Nancy DeBesse and her late husband Edward of Connecticut, Stephen Roberts of Maine, and Jane Brundige of Holbrook. He is also survived by many loving nieces, nephews, extended family, and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday, Dec. 15, 2023, 9-11 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

His funeral service will be held on Friday, December 15, 2023, at 11 a.m. in Keohane Funeral Home, Quincy.

Services will conclude with interment and military honors in Mt. Wollaston Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent in Thomas' name to: Roberts Family Memorial Scholarship c/o Quincy Youth Hockey Association, 60 Murphy Memorial Dr., Quincy, MA 02169.

See www.Keohane.com for online condolences and directions.

Harold L. Dilks, 74



HAROLD L. DILKS

his life. Although he wasn't a Patriots fan, he liked the Red Sox and enjoyed many games at Fenway with his daughter, Rebecca. When he was home, he liked to fix and build computers, watch movies and listen to music.

Beloved husband of 49 years to the late Mary Ann Dilks (Norton). Devoted father to Rebecca Dilks of Quincy and her partner, Joseph Sabella, of Everett, and the late Justin and Robert

Dilks. Cherished papa to Kalie Dilks of Quincy and her partner Eddie Lopes of Lincoln, RI. Loving brother to James E. Dilks and his wife Nancy of Chicopee, MA, Lewis F. Dilks III of Haverhill and David M. Dilks of Hanover, PA. Also survived by many nieces and nephews. Predeceased by his parents, Flora J. (Babbitt) and Lewis E. "Bucky" Dilks Jr.

Visiting hours were held Sunday, Dec. 10th, in the Keohane Funeral Home, 785 Hancock St., Quincy. Celebration of Life will follow at a later date.

In lieu of flowers, donations in memory of Harold may be made to a charity of your choice. Please see www.Keohane.com for directions and online condolences.

Florence E. Pepi, 79



FLORENCE E. PEPI

Florence (Florrie) Eunice Pepi, 79, of West Grove, PA, passed away on Dec. 3, 2023, at the Chester County Hospital, West Chester, PA, with family.

Born on June 18, 1944, in Dorchester, MA, she was the daughter of Irving and Mildred Brem.

Florrie attended Quincy schools graduating in 1962. She went on to study business at Chandler School for Women, Boston, MA.

She met the love of her life Paul, and they shared 59 years of marriage together.

Florrie worked for Suburban Insurance Company, Holbrook, MA, for 16 years as an Insurance Agent.

She volunteered with the Boy Scouts and served as their treasurer for years. In Chattanooga, Tennessee, she volunteered with Siskin Hospital for 9 years. She also volunteered with 'Meals on Wheels' for 9 years, an organization providing meals to those less fortunate.

Florrie enjoyed traveling with Paul across the US, Canada, and Europe. Later

they spent many years at their summer residence in Brewster, Cape Cod, MA, with family and friends where one of the many things enjoyed was cycling on the Cape Cod Rail Trail.

Florrie's hobbies included crochet, quilt making, needle-point, and ceramics. Many of the items she meticulously and beautifully created are held by family members. She loved gardening and spent many days at her son's home working in the garden plots. She also enjoyed playing Mahjong with friends. Watching Phillies baseball on TV was one of her favorite pastimes.

Florrie is predeceased by her parents: Irving and Mildred Brem, her sister, Marcia, her Granddaughter

Hannah Pepi, and her sister-in-law Linda Brem.

She is survived by husband Paul, her son Marc Pepi and his wife Julie, her daughter Cheryl Stiehl and her husband Brian, brother Jerry Brem, and nieces Rachael Paldino and husband Paul, Laura Brem, brother-in-law Ted Ambroszewski, nephew Michael Ambroszewski and his wife Kate, grandsons Cameron (oo-rah!) Pepi and Paul (PJ) Pepi, wife Sammie and Great Granddaughter Hannah, granddaughters Briana Marino, her husband Greg, and Great Granddaughters Blake and Hayden (Hay, Hay) Marino, and Victoria VanZutphen and her husband Nick.

You may visit with her family from 10:00 to 11:00 on Wednesday morning, Dec. 13, 2023 at the Foulk Funeral Home of West Grove, 200 Rose Hill Rd., West Grove, PA. Her Funeral Service will follow at 11:00. Burial will be private.

In lieu of flowers, the family requests donations be made to The Autoimmune Association (www.autoimmune.org).

To view her online tribute and to share a memory with her family, please visit www.kuzoandfoulkfh.com.

REMEMBRANCE

Sadly missed and fondly remembered on His Birthday

Leo W. Donovan

December 14



12/14/39 - 6/15/20

*Always in our thoughts & prayers
Love, Your Family*

PLEASE RECYCLE THIS NEWSPAPER

Patricia Johnson, 81

Patricia Devine Johnson of Quincy, MA, and Deland, FL, entered into eternal life on Friday, Dec. 1, 2023, at the age of 81.

She was born and raised in Quincy, MA. She was preceded in death by her husband, John Johnson of New York, and her parents, Audrey Oberg and Anthony Festus Devine of Quincy, MA. She is survived by her brother, James Devine, and his wife, Ann of Tiverton, RI, her nieces Danielle Devine Scipione of Vero Beach, FL, and Patricia Devine of Westport, MA and her nephews Grant Devine and John Devine of Westport, MA.

She will always be remembered for her love for her family, abundant generosity to those around her, fierce independence, and dedication to her animals and breathtaking gardens.



PATRICIA JOHNSON

Her Mass will be celebrated at St. Catherine of Siena Church in Little Compton, Rhode Island, at a future date.

In lieu of flowers, please consider a donation to the Humane Society.

Arrangements under the care of Hamel-Lydon Chapel, Quincy.

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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Barbara Colwell Stamos, 97

Barbara Colwell Stamos, age 97 died peacefully in her sleep on Dec. 3, 2023. She was born in Doylestown, Wisconsin and has called Quincy, Massachusetts home since the 1950's.

Barbara is survived by her daughter Sandra Stamos (Jones) and her son Jim Stamos and his wife Marie, grandchildren Barbara Jones (Barbara's namesake), Melissa Stamos and her partner Danny Johnson, Jennifer Magnell and her husband Jason Magnell, Stephanie Jones and her partner Tom Tower, Karin Weinstein and her husband Gregg, Kristen Melvin and her husband Chris Melvin and those who adopted her as their 'Gram', Greg Kelleter and David Lopes. She is great grandmother ('Gram') to John Houston, Eva Mag-nell, Kami Weinstein, Lucky Weinstein, Drew Cahill and Chase Cahill. Barbara will be missed by Steve Stamos and Recilla and Jack Westerbeke who are very special people in her life. Barbara was predeceased by her five siblings, her daughter Susan Stamos and her grandsons Nicholas and Michael Stamos.

Barbara retired from the



BARBARA COLWELL STAMOS

United States Postal Service after 32 years. She loved history and belonged to seven Historical Societies, she was a Genealogist helping many arrive at their family roots, spending minimally 6-hours a week over her 15 years as a volunteer at the Quincy Historical Society; she spent 10 years 'tracking' down one of her relatives, a missing link, and eventually arrived at 15th century 'related'. She was an avid Red Sox and Celtics fan, loved music and played piano, flute, piccolo. Barbara was a Deacon at First Church of Squantum and an Official Greeter.

Not to be forgotten is that Barbara was Joke-Teller-in-Chief. There was never an event or special occasion or

casual meeting that Barbara did not arrive with an affair-appropriate joke, more than funny and always endearing. Barbara leaves to all memories of her unmatched integrity, ethic and love. Barbara cherished every moment of every day and brought happiness wherever she was and no matter whose life she touched.

Services and burial will be private. Do share your memories about Barbara with her family and friends at www.Keohane.com.

The family wants to extend deep appreciation and gratitude to the staff and caregivers at Bridges by Epoch and Ascend Hospice. Donations in Barbara's memory may be made to:

-Bridges by Epoch (Staff Appreciation Fund), 1 Sgt. William B. Terry Drive, Hingham, MA 02043

-Ascend Hospice, 352 Belmont Street, Worcester, MA 01604

-First Church of Squantum, 164 Bellevue Road, Quincy, MA 02171

-Quincy Historical Society, 6 Adams Street, Quincy, MA 02169

Laura B. Smith, 97

Laura B. (Brann) Smith, age 97, a longtime resident of Quincy, died peacefully, Saturday, Dec. 2, 2023 at South Shore Hospital in Weymouth, in the comfort of her loving family.

Laura was born in Hopedale, to the late Lysander A. and Ida May (Adams) Brann. She was raised and educated in Maine. Laura lived in Quincy for most of her life.

Laura was employed as a waitress in the restaurant industry. She worked at the former Finian's and prior to that had worked at the former Oyster House, both in Quincy. She had been retired for many years.

She was an avid gardener and enjoyed tending to her many flowers. Most of all, she was devoted to her family. She cherished time spent with them, and supporting the many activities and accomplishments of her grand-



LAURA B. SMITH

children.

Beloved wife of the late Frederick Smith.

Devoted mother of Aubert Smith and his companion Susie of Dunnellon, Fla., and the late Helen M. (Smith) Mackiewicz.

Loving grandmother of Robert S. Young, Jr., Laureen S. Corey and her husband George, Steve Smith and his wife Chris, David Smith, Paul Smith, and the late Frederick W. "Fred" Young.

Cherished great grandmother and great-great grandmother of many.

Laura was the last of thirteen siblings and is also survived by many nieces, nephews, and their families.

Memorial Funeral Services will be conducted at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Friday, Dec. 15, at 10:30 a.m. Relatives and friends are invited to attend. Memorial Visitation prior to the service from 9:30 - 10:30 a.m. Inurnment Braintree Cemetery.

For those who wish, donations in Laura's memory may be made to the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Paula E. Kelleher-Moore, 73

Paula Elaine Kelleher-Moore, 73, of Quincy passed away peacefully on 12/3/2023. Affectionately known as "Red," Paula was a loving mother, sister, aunt and friend.

Paula was "OFD"-Originally from Dorchester and proud of it. Daughter of the late Paul Kelleher and Viola (O'Donnell) Kelleher. Paula graduated from Dorchester High in 1968. After high school, Paula pursued a career in healthcare and dedicated her life to helping others. Paula was a nurse at Boston Medical Center for thirty-five years. She was kind, compassionate and selfless.

Mother of Jason Moore of Hanson and his girlfriend Mary Kate Fitzgerald and Kellyann Belmont (Moore) of Weymouth and her husband Nick. Sister of Marie Collyer of The Villages, FL, Nancy Gavin of Orlando,



PAULA E. KELLEHER-MOORE

FL, Richard Kelleher and his wife Mary of New Smyrna, FL and Paul Kelleher Jr. and his wife Tracy of The Villages, FL. Aunt to many nieces and nephews and a friend to many.

Paula was a devoted mom to Jason and Kellyann. She was immensely proud of her children and undoubtedly loved them beyond measure. Paula loved spending time with her family, friends and grand dogs. She cherished her lifelong friendships with

her Dorchester girls that began in the 6th grade. Paula was known for her creativity. She loved to plan outings with a theme and a coordinating prop or two. She will be missed by many.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, Dec. 13, 2023, 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

Her funeral service will be held on Thursday, Dec. 14, 2023, at 10 a.m. in Keohane Funeral Home, Quincy.

Services will conclude with interment in Cedar Grove Cemetery, Boston.

In lieu of flowers, memorial contributions may be sent in Red's name to Pat Roche Hospice Home, 86 Turkey Hill Ln., Hingham, MA 02043.

See www.Keohane.com for directions and online condolences.

John E. Collins Jr., 88

John E. Collins Jr. died in the comfort of his family, at home in Quincy, Saturday, Dec. 2, 2023, after a five-year battle with dementia. He was 88 years old.

Jack was born in Boston and raised and educated in Quincy before being employed on the grounds crew at Wollaston Golf Club, Quincy. He entered the United States Navy as a reservist, later deploying active duty on the USS Saratoga, of which he was a plank owner. After discharge he returned to Wollaston Golf Club and then became a general contractor. In 1970, he began employment at the MBTA as a mechanic, retiring in 1991. Jack founded Quincy Small Engine in 1982 with his son Christopher, going on to work together for many years.

Jack enjoyed skiing, golf, and traveling with family and his grandchildren enjoyed



JOHN E. COLLINS JR.

rides with Papa for ice cream. Restoring and driving vintage Fords were favorite pastimes. He loved the family dogs, Tyson, Rocky, Louie and especially Bear. He was a member of The Neighborhood Club of Quincy.

Beloved husband of Maureen (Traverse) Collins. Loving father of Gregory M. Collins of Boston, Christopher J. Collins and his wife Susan of Milton, Kara E. Hannigan and her husband Michael and

Kerri E. Joyce and her husband Richard, all of Braintree. Grandfather of John, Teddy, Patrick and Bridget Collins, Avery and Emerson Hannigan and Richard, Charles and Henry Joyce. Brother of the late Ruth Coleman and Lois Mineo.

A Mass of Christian Burial was celebrated in Saint Agatha Church, 432 Adams St., Milton, Saturday, Dec. 9. Visiting hours were held at Dolan Funeral Home, 460 Granite Ave, East Milton Square, Friday, Dec. 8. Interment Milton Cemetery.

Special thanks to his caregiver Angie. In lieu of flowers, donations in John's memory may be made to Norwell VNA and Hospice, 120 Longwater Dr., Norwell, MA 02061 or www.nvna.org.

To send a condolence message to the Collins family, www.dolanfuneral.com.



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OBITUARIES

Lois M. Fontana

Lois M. Fontana, age 84, a longtime resident of Boston, formerly of Quincy,

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405

Docket No. NO22P0871PM
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Margery B. Picot
Of: Quincy, MA
RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Mark Picot of Cohasset, MA in the above captioned matter alleging that **Margery B. Picot** is in need of a Conservator or other protective order and requesting that David Picot of Cohasset, MA (or some other suitable person) be appointed as Conservator to serve **With Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **01/10/2024**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: December 7, 2023
COLLEEN M. BRIERLEY
Register of Probate



LOIS M. FONTANA

died unexpectedly, Wednesday, November 22, 2023 in Hingham.

Lois was the devoted daughter of the late Alfred and Mary (Rizzi) Fontana. She is survived by her brother, Alan F. Fontana and his wife Marianne of Cheshire, CT; her nephews and niece, Stephen Fontana, Jeffrey Fontana, Thomas Fontana, and Cynthia Fontana; and her grandniece, Kira Fontana. She was preceded in death by her longtime special friend, Robert Fischer.

Born, raised, and educated in Quincy, Lois was a graduate of Quincy High School, Class of 1956. She attended Katharine Gibbs Secretarial School and later received her MBA from Anna Maria College in Paxton. Lois had a long career in the financial services industry, beginning as a secretary and working her way up to financial analyst, rare for a

woman at the time. She was associated with Alliance Capital Management and Wellington Capital Management, and was a Principal at State Street Global Advisors in Boston for many years, specializing in the health care sector.

Lois was curious and adventurous, and she was an avid world traveler throughout her life. She was a gifted photographer with a deep interest in art, architecture, and American history, especially that of Boston, New England, and American West ghost towns—there was nothing she enjoyed more than a historical walking tour with friends, family, and her camera. Lois was a member of the South End Historical Society, the Appalachian Mountain Club, and the Artists Association of Nantucket. She was a parishioner of Our Lady of Victories Church in Boston until its closing, and she supported a wide variety of causes and organizations, many through her charitable foundation.

At the request of the family, memorial services will be conducted at a later date.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Quincy Choral Society Winter Concert Sunday

Under the direction of Sarah Labrie, Quincy Choral Society's winter concert will feature music that captures the warmth and cheer of the holiday season.

The performance will be held at St. Mary of the Hills Church, 29 St. Marys Road, Milton, on Sunday, Dec. 17 at 4 p.m. The church is handicapped accessible. Tickets are \$20.00 and will be available at the door.

The program highlights the glow of the holiday season around the world: Christmas trees, lights on the menorah, midnight stars, and the inviting smiles of family and friends. The first half of the program features

holiday music from around the world including "Lo, How a Rose/The Rose" from Germany and America, "Midnight Stars Make Bright the Skies" from China, and "Betelehemu" from Nigeria.

The second half of the concert will feature a string quintet of guest artists and our pianist, Giny Grimes. The featured work is "Luminous Night of the Soul" by Norwegian composer Ola Gjelo.

For more information, visit Quincy Choral Society at quincychoral.org and follow the chorus on Facebook.

Bethany Church Thrift Shop
22 Spear St., Quincy
Our Holiday Sale Is On!
WE ARE STOCKED WITH A GENEROUS SUPPLY OF HOLIDAY ITEMS AND DÉCOR...ONE STOP HOLIDAY SHOPPING!
Come visit us and shop for those items already sold out in general stores
Gift Wrap, Bows, Toys, Stocking Stuffers, Children's Crafts, Bayers Carolers, Pier 1 - The Tree Dish Set, Luminarc, France Roemer Green glassware, 12 Days of Christmas mugs, and Nikko Dish Place Settings. Fill a gallon size bag with Christmas ornaments for \$3 and so much more! We are restocking new Christmas items daily!
Open Wed. & Sat. 10AM to 1PM - Thurs. 4-7PM

Linda S. MacLean

Linda Susan MacLean of Quincy, passed away peacefully with family by her side on Nov. 27, 2023.

Linda took care of everyone with such love and grace. Life with Linda was filled with many laughs and lots of hugs. Spending time with her family was the most important part of her life. She cherished her family getaways to Foxwoods and loved shopping and finding bargains at Burlington Coat Factory.

Linda was the definition of "Nana" in every sense of the word. Her grandchildren Aidan, Peyton, Luke, Brody, Chase, and Brooklyn brought her so much happiness. She will be greatly missed by them and all that



LINDA S. MACLEAN

knew and loved her.

Linda leaves behind her beloved husband of 52 years John MacLean, her daughter Stacey Mordas and her husband David of Quincy, her daughter Elizabeth Noonan and her husband Michael of Hanover, her sister Elizabeth McIntyre, and her cousin Joyce Carey. She is

predeceased by her parents Ralph and Elizabeth Mariano, brother Peter Mariano, sister Patricia Nobles, sister June Cabana, and Godmother Jeanette Carey. Linda is also survived by many nieces and nephews and cousins.

Visiting hours were held on Dec. 7 in the Keohane Funeral Home, 785 Hancock St., Quincy. A funeral service was celebrated on Dec. 8 in Keohane Funeral Home, Quincy. Burial in Blue Hill Cemetery, Braintree, MA.

Please see www.Keohane.com for directions and online condolences. In lieu of flowers please consider a donation to St Jude's Hospital (<https://www.stjude.org>).

Joyce Ellen Coolen, 69

Joyce Ellen Coolen, 69, of Phoenix, AZ passed away on December 2, 2023.

She was born December 4, 1953, at Quonset Point Naval Base in Rhode Island, she grew up in Quincy, where she attended Archbishop Williams Catholic School. After that she attended Catherine Gibbs Secretarial Academy.

In the seventies, she worked for the Ritz Carlton hotels and traveled the US and Europe. In 1980, she moved to Phoenix, Arizona for the great weather. While in Arizona she began her career with the United States Postal Service in 1981, where she remained until



JOYCE ELLEN COOLEN

her retirement in 2014.

During her retirement, she traveled, and visited as many casinos as she and her sister Joanne could find. She passed away two days before her 70th birthday after a lengthy illness.

Joyce was preceded in death by her father, Fred-

eric Coolen, her mother, Rose Coolen, and her sister Joanne Coolen, along with her dear friends Poopsie Barkley and Duane Barkley. She is survived by her best friend Becki Barkley, her brother Harry Coolen and his wife Anita Ricciuti-Coolen, and many friends and relatives. Joyce will be greatly missed, and our hearts are broken, but we have comfort in knowing we will someday be together again, and she was well received on the other side by many loved ones.

Services were held. Condolences may be expressed at www.whitneymurphyfuneralhome.com.

Quincy Point Congregational Church

Sunday, Dec. 17, at 10 a.m. worship at Quincy Point Congregational Church, 444 Washington St., the Light of Joy will be lit for the third week of Advent by Terry Jackson, Christina Mendez, Sherri Pitts and Sharon Anderson.

All are invited to attend worship, especially this advent as we celebrate the "Lights of Christmas."

Ronald Kearns will read scripture. After worship there will be refreshments and conversation in the downstairs Social Hall.

The church extends its gratitude to everyone who contributed to the success of the Coastal Christmas Fair. While the fair day was a triumph, sales will continue until certain items are liquidated. All purchases will support the New England Aquarium Sea Turtle Hospital and Interfaith Social Services. Take advantage of slashed prices on pizza, pies, candles, and calendars - perfect meaningful holiday gifts.

Frozen pizzas by Judy

Morris (cheese or pepperoni) are now reduced to \$6 per pub-sized pie, and apple pies (double or crumb crust) are discounted to \$15 for a 10-inch and \$8 for a 6-inch. Coastal Breeze signature scent fair candles by Triple Decker Candles are now \$20 each, and "Beacons of Light" Lighthouse calendars, highlighting Massachusetts lighthouses, are reduced to \$15 each. Contact the office at 617-773-6424 or office@quincypointcong.org to arrange a pickup. Cash, checks, and credit accepted, with checks preferred. The office is open

weekdays from 9 a.m. to 5 p.m.

QPCC building is fully accessible via the Abbey Road entrance with designated accessible parking, an elevator, and an "All Access" rest room. If attending in person isn't possible, you can still be part of the worship service by tuning in to the live stream at 10 a.m. on Sunday mornings. Additionally, past live streams are available on the church website (quincypointcong.org), as well as on the church's Facebook, Vimeo, and YouTube pages.

2023 Year In Review Trivia Night Dec. 27

The staff of the Thomas Crane Public Library will present a 2023 Year in Review Trivia Night event on Wednesday, Dec. 27, from 7-8 p.m. in the Community Meeting Room, Main Library, 40 Washington St.

Throughout the event, participants will compete in trivia rounds covering a wide range of topics includ-

ing current events, entertainment, sports and more.

Participants of all ages are welcome and can gather their team ahead of time or join a team at the event.

The event is free to attend and no registration is required.

The event is generously sponsored by the Friends of the Thomas Crane Library.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Marie & Suzie: Holiday Recipes

Mini Snowball Cookies

How about a delicious cookie that is no bigger than a ping pong ball? Today's recipe is just that, given to me by my niece, Jean. This recipe has only a few ingredients and it is a most tasty dessert with finely chopped walnuts and covered with powdered sugar.

Preheat oven to 325 degrees - Cookie Sheet lined with parchment paper

Ingredients and Directions:

- 2 sticks of butter, softened and at room temperature
- ½ cup confectioners' sugar
- 1 cup of walnuts, finely chopped
- 2 teaspoons vanilla
- 2 cups of flour

For Cookie Coating: 1 cup of powdered sugar in a small bowl.

Mix all ingredients until well blended. Roll the mixture into a ball the size of a walnut.

Place cookie balls on a cookie sheet lined with parchment paper. (These cookies do not spread so you do not need to leave a lot of room between them on the cookie sheet.)

Bake for 20 to 30 minutes until bottom is golden brown.

Jean said she checks the cookies after baking for 20 minutes and then times them accordingly. When cookies are done put 1 cup of powdered sugar into a shallow bowl. Make sure they are cool enough to handle, but still warm, and gently roll cookies in the powdered sugar.

Add more powdered sugar for coating as needed. Store in a plastic container.

Molasses Cookies

Molasses cookies are delicious any time of year, but particularly delicious and festive around the holidays.

Preheat oven to 375 degrees - Prepare a cookie sheet by lightly greasing

- 2 and ½ cups all-purpose flour
- 2 teaspoons of baking soda
- ½ teaspoon salt
- 2 teaspoons cinnamon
- 1 teaspoon ground cloves
- 1 teaspoon ground ginger
- ¾ cup of melted butter
- 1 cup of sugar
- 1/3 cup of sugar to roll cookies in
- 1 egg
- ¼ cup of molasses
- ½ cup of raisins (optional)

In a bowl blend flour, baking soda, cinnamon, cloves, ginger and salt. In another bowl, with an electric mixer, blend the melted butter, 1 cup of sugar and the egg until very smooth.

Stir in molasses and gradually add the flour mixture to the molasses mixture until very well blended. Spoon in raisin until blended.

Cover and chill dough in refrigerator for one hour.

In a 375-degree oven, form dough into more than a walnut-sized ball (like a walnut and a half) and then roll each ball in the remaining sugar. Place on a greased cookie sheet, or cookie sheet lined with parchment paper and bake for 10 - 12 minutes until the tops are cracked.

Cool for a few minutes and then place on wire racks. These cookies can be made ahead of time and stored in a plastic container. They can also be iced.

Dom's Mashed Potatoes and Caramelized Onions

There are so many ways to make mashed potatoes, and today's recipe is different from the norm. I got this recipe from my son, Dom, who recently went to Croatia and this is one of the recipes that he brought back with him. He shared the recipe with me and thought that you would all enjoy this delicious mashed potato recipe.

Ingredients and Directions:

- To prepare and cook the onions:
- 2 large onions, peeled and thinly sliced (use 3 onions if you are using more potatoes)
- 1 tablespoon olive oil
- 2 tablespoons of butter

Salt and pepper to taste

In a large skillet, heat the oil and butter. Once the butter is melted, stir in the onions and cook on low heat for 20 to 25 minutes or until onions are nicely browned.

Stir them every few minutes until done. You will want to cook the onions while boiling the potatoes

For the Potatoes:

- 3 pounds of Yukon gold potatoes (more depending on how many guests you are feeding)
- 4 tablespoons of butter
- ½ cup milk or heavy cream
- 1 teaspoon paprika
- Salt and pepper to taste

Peel, cut and wash potatoes then boil until done. Drain thoroughly and put them back in the pan and mash. Then add the butter, milk or heavy cream, paprika salt and pepper.

When all blended, stir in ¾ of the caramelized onions. Place in a serving bowl and top with the remainder of the onions.

Old Fashioned Cream Puffs

This recipe is from a 1950s cookbook and has been passed down to family and friends for decades. My mother made these very frequently using either pastry cream or freshly whipped cream.

We make them really large or sometimes small depending on what we are filling them with and depending on the crowd of people attending the event.

We sometimes fill the puffs with fresh whipped cream; homemade custard or vanilla ice cream topped with hot fudge.

All of the above concoctions are delicious. So, here's the recipe, and it's pretty simple. Cream puffs are a delicious holiday treat - maybe leave one out for Santa on Christmas Eve.

Preheat the oven to 400 degrees; you will need a cookie sheet but do not grease it.

Ingredients and Directions:

- 1 cup water
- ½ cup butter
- 1 cup sifted flour
- 4 eggs

In a saucepan bring the water and butter to a boil.

Stir in all at once the flour. You really have to stir this vigorously over low heat until the mixture forms a ball in the pan. This takes a minute or so.

Once the ball has formed, beat in 4 eggs one at a time. Blend and mix until very smooth.

When the batter is all blended, using a tablespoon, drop spoonfuls of dough onto an ungreased baking pan. Bake until dry for 45 or 50 minutes. Let cool completely. This recipe makes about 8 large puffs. However, you can also use a smaller spoon and make about 14 small cream puffs. Cut with sharp knife before filling. You can fill with custard filling below, or fresh whipped cream or ice cream. The possibilities are endless.

Homemade Custard Filling:

This recipe for homemade custard filling is also from the 1950s.

Ingredients:

- ½ cup sugar
- ½ teaspoon salt
- ½ cup all-purpose flour
- 2 cups of milk
- 4 egg yolks

In a saucepan add the sugar, salt and flour, stir in 2 cups of milk.

Cook over medium heat stirring until ingredients come to a boil. Then boil for one full minute and remove from heat.

Pour and stir half of this mixture into 4 beaten egg yolks (you can also use 2 beaten eggs instead).

Then add back to the saucepan and bring everything to boil once again.

Turn off heat, cool for about 10 minutes and stir in 2 teaspoons of vanilla; blending well. Once all blended, let cool in the refrigerator before filling cream puffs.

Fresh Whipped Cream: to make fresh whipped cream is very easy.

Directions and Ingredients:

- 1 pint whipping cream
- ½ cup powdered sugar
- 1 teaspoon of vanilla

Chill a metal mixing bowl by placing in the refrigerator for about 30 minutes.

Once chilled, remove from the refrigerator and then add 1 pint of whipping cream or heavy cream, ½ cup powdered sugar and 1 teaspoon of vanilla.

With an electric mixture, beat all ingredients for about 90 seconds or until peaks form. When storing, keep refrigerated.

Sautéed Sea Scallops Over Fettuccine Alfredo

One of my favorite entrées is Sautéed Sea Scallops over Fettuccine Alfredo. Not only is this a delicious and easy one to prepare, but so pretty when served - and presentation is so important when you are cooking for family and friends. This is one of my favorite recipes which I have shared before but it is worth repeating.

Directions and Ingredients:

- Recipe for Alfredo sauce
- 2 sticks of unsalted butter
- 2 cup freshly grated parmesan cheese
- 2 pints of heavy cream

Melt the butter in a saucepan, add the Parmesan slowly stirring and then add the heavy cream. Stir until warm and well blended and thicken. Turn off heat and set aside.

To Prepare the Sea Scallops

- 2 -pound large sea scallops
- 2 tablespoons of oil (I used 1 tablespoon of olive oil and 1 tablespoon of butter)
- 2 pound of Fettuccine pasta

In a large skillet, heat the hot oil and butter. Sauté the scallops turning until browned on all sides. Set aside.

While sautéing the scallops boil the fettuccine pasta according to directions. When fettuccine is done, put the Alfredo sauce in a bowl.

Sauté scallops until done.

When pasta is done, pour into a bowl, and top with Alfredo sauce and stir together well.

Place the coated pasta on a pretty platter and top with scallops. Can be served with side salad, crusty bread but is delicious on its own.

Ann Marie's Chicken Cacciatore and Ravioli

Today's recipe of Chicken Cacciatore and Ravioli to be a crowd pleaser at Christmas dinner and is one my daughter Ann Marie has made. She has made this dish many times and as you are reading today's column, we will see we have more suggestions to make if you are not going to make the traditional turkey or ham.

Ingredients and Directions:

- 4 chicken breasts, (or boneless chicken this) cut into 1-inch pieces
- 2 large red bell peppers, washed and sliced into strips
- 1 medium sized onion, sliced
- 1 package of small mushrooms, diced
- 1 can of crushed tomatoes
- 3 tablespoons of olive oil
- 2 pounds of cheese ravioli
- (Use more ingredients if feeding a larger crowd)

In a skillet, heat the olive oil and then sauté the onion, two large peppers and mushrooms and sauté until tender. Add the tomatoes and cover and simmer for 20 minutes. Turn off heat and set aside.

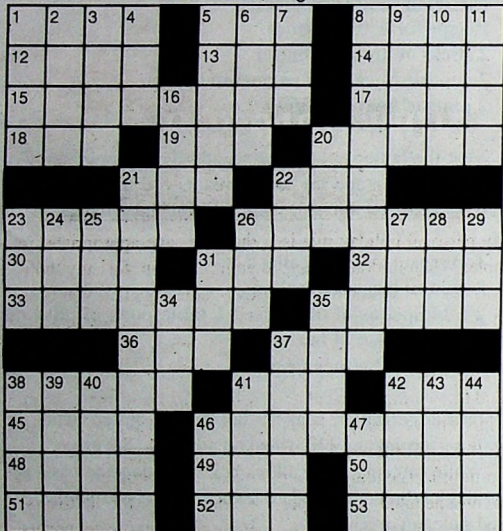
Cook the ravioli according to directions.

When done, put the ravioli in a deep serving dish, and pour the Cacciatore over it, and serve with your favorite cheese. Ann Marie uses either Romano or Parmesan.

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 North —
5 Green prefix
8 Oodles
12 Writer
Kingsley
13 As well
14 Capri, e.g.
15 Souvenir seller
17 Move like a butterfly
18 Tours season
19 Snaky fish
20 Ceases
21 Solidify
22 Twitch
23 Shroud city
26 He can hold his head high
30 "Dream on!"
31 Zero-star review
32 Santa's run-way
33 Old English Sheepdog feature
35 Skilled
36 Tramcar contents
- 37 "— the season
38 Poker ploy
41 Fish propeller
42 Spa sounds
45 Protracted
46 Decorative paper
48 "There!"
49 Santa's helper
50 Penne —
Vodka
51 Uppity one
52 Ambulance initials
53 Lunch hour
- DOWN**
- 1 Leaf
2 Skip
3 Biography
4 Ballpark fig.
5 Lucy's pal
6 "Neato!"
7 "Alley —"
8 Prepaid stocking stuffers
9 Capital on a fjord
10 Radar image
- 11 Collections
16 Beheld
20 — Lancelot
21 Eloquent person's talent
22 Can metal
23 Indent key
24 GI entertainers
25 Tease
26 Cowboy's sweetie
27 Nemesis
28 Dandy guy
29 Newt
31 Bakery purchase
34 Canine cry
35 "—
Misbehavin' "
37 Squabbles
38 Diner orders
39 Cash advance
40 Loosen
41 Motion picture
42 Folksinger
Guthrie
43 Saintry ring
44 Bridge
46 "My word!"
47 Pallid



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MAGIC MAZE

WORDS FOUND IN "SEASON'S GREETINGS"

NTQNSKIFCZSWSSU
RPMJHEECZXNREUS
QNLJG(SINGSONG)EC
GZXVTNSNRIIPNNL
JNHECEISNRTAAYW
GNITAEAEAAVTR
PNSTETSGLRNKOIG
ECBRSZNNSREGNIS
XWGEAAUSIRNNPOM
LAIETTOJIREGOED
BSAYXWSRUTGSQPO

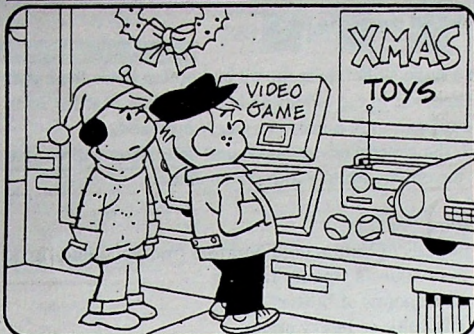
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: AN AFTERNOON NAP

Agreeing Grins Seniors Tangerines
Eating Oneness Singers Teens
Generations Oranges Sing-song Tree
Grannies Roasting Stars

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tassel is shorter. 2. Cuffs are missing. 3. Baseball bat is missing. 4. Arm is moved. 5. Sign is different. 6. Antenna is missing.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** Which famous highway that stretches across the United States is sometimes known as the Will Rogers Highway?
- MUSIC:** Which country did the pop group ABBA come from?
- TELEVISION:** What article made Frosty the Snowman come to life in the popular TV special?
- FOOD & DRINK:** What is colcannon?
- U.S. STATES:** Which state is home to the Volcanoes National Park?
- MOVIES:** What is the name of the acapella group that Anna Kendrick joins on "Pitch Perfect"?

- INVENTIONS:** Who invented the Barbie doll in 1959?
- MATH:** How many tablespoons are in 1 cup?
- LITERATURE:** What is the title of the sequel to "Charlie and the Chocolate Factory" by Roald Dahl?
- U.S. PRESIDENTS:** Which elected president is the only one to fail to gain his party's nomination for a second term?

Answers

- Route 66.
- Sweden.
- A magic hat.
- Mashed potatoes and cabbage.
- Hawaii.
- The Barden Bellas.
- Ruth Handler.
- 16.
- "Charlie and the Great Glass Elevator."
- Franklin Pierce.

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Wishing Well®

5	8	6	4	3	6	5	4	5	4	5	7	3
N	H	F	D	B	R	I	I	G	S	H	Y	E
4	6	7	5	8	3	6	7	6	8	2	3	6
P	I	O	T	E	P	E	U	N	A	B	E	D
7	6	8	3	4	8	4	7	4	8	5	6	5
H	S	L	R	E	T	L	A	I	H	T	V	I
8	5	6	2	5	8	5	2	5	7	3	8	5
H	M	I	E	E	I	F	C	U	V	S	G	N
3	7	2	7	6	7	8	7	6	8	7	8	3
I	E	A	O	S	P	H	T	I	L	I	I	S
7	8	2	8	4	6	3	7	4	7	4	2	3
O	G	U	H	L	T	T	N	L	S	U	T	E
2	4	2	4	8	4	3	2	4	8	2	3	8
I	S	O	I	T	O	N	U	N	E	S	T	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19)
At this time, you might want to resist that otherwise admirable Aries penchant for getting to the heart of a matter quickly. Keep in mind that a delicate situation calls for patience.

TAURUS (April 20 to May 20)
Your aspects favor more diplomacy and fewer direct confrontations when dealing with a relationship problem. Avoiding hurt feelings can help in your search for the truth.

GEMINI (May 21 to June 20)
Positive aspects are strong this week. Although you still might have to deal with some problems caused by a recent period of turmoil, you are making progress, and that's what counts.

CANCER (June 21 to July 22)
A family matter could benefit from your counsel. But don't bring yourself into it unless you're invited, and don't stay if you feel uneasy. Just remember to reassure one and all that you'll be there for them.

LEO (July 23 to August 22)
As the truth about an ongoing situation emerges, you could find that you were right to defer judgment before you had all the facts. Now would be a good time to move on to other matters.

VIRGO (August 23 to September 22)
Your plans to take control of a personal situation because you feel the most qualified could create resentment. It's best to hear what everyone else involved in the matter has to say about it first.

LIBRA (September 23 to October 22)
Uncovering some surprising background facts about that ongoing personal matter

could make you reconsider the extent of your involvement. A neutral family member offers advice.

SCORPIO (October 23 to November 21)
Religious or spiritual themes start to dominate your aspect this week. This can serve as a counterweight to the mounting effects of the season's growing commercialization.

SAGITTARIUS (November 22 to December 21)
Taking on that recent challenge impressed a lot of important decision-makers. Meanwhile, proceed with your holiday plans, and don't forget to include you-know-who in them.

CAPRICORN (December 22 to January 19)
Disagreeing with an opinion that you can't accept could be dicey, and your motives might be questioned. It's better to wait to mount a challenge until you have support for your position.

AQUARIUS (January 20 to February 18)
Getting involved in helping others during this increasingly hectic period makes the generous Aquarian feel good. You could also gain a more substantive benefit from your actions.

PISCES (February 19 to March 20)
The Piscean way of thinking clearly and objectively helps you resolve a complex situation without creating any ill will. Don't be surprised if your counsel is requested on another matter.

BORN THIS WEEK: You have a way of persuading people to look at the positive possibilities that make up for any hard choices they might face.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals S

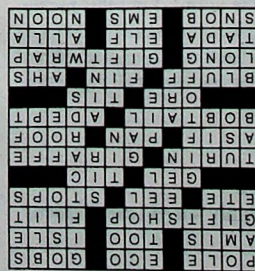
QRLM IBG ZVQZIX OLA ARL
GMKBMAJBVVZNVL GJOL AB
KVUTN TBGMZUMX, U'W XZI
IBG'JL WJZQM AB XKZVL.

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King Crossword

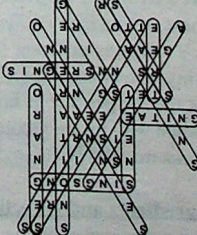
Answers

Solution time: 23 mins.



Magic Maze

ANSWERS:



CryptoQuip

answer

When you always get the climb mountains, I'd say you're drawn to scale. uncontrolable urge to

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – The long-awaited third sequel to “Beverly Hills Cop” adds “Axel Foley” to its title and has completed shooting for a 2024 release by Netflix. Eddie Murphy, Judge Reinhold, Paul Reiser, John Ashton and Bronson Pinchot are back in their original roles, plus Kevin Bacon and Joseph Gordon-Levitt as new additions. Jerry Bruckheimer, who produced the original film and the first sequel, has been trying to get Murphy on board again for years, and it was worth the effort, considering the profits for the three “Beverly Hills Cop” films (1984, 1987 and 1994) were \$735 million. That translates into \$1 billion in profits today. Netflix hasn’t said if it’ll have a theatrical release or hit their streaming platform straightaway.

Also getting a reboot is “The Karate Kid,” which has Jackie Chan stepping into the shoes of the late Pat Morita to star opposite Ralph Macchio’s Daniel LaRusso. Chan previously played Mr. Han (based on Mr. Miyagi) to Jaden Smith’s “Karate Kid” in 2010.

This year’s Oscar winner for Best Actor, Brendan Fraser (for “The Whale”), who is currently starring in “Killers of the Flower Moon,” has chosen his next project. He’ll play a down-and-out actor living in Tokyo who gets hired as the token American for a Japanese rental-family company, which takes him on an unexpected trip of self-discovery through the roles that he plays in other

people’s lives. It’s filming in Japan and is called (what else?)... “Rental Family.”

Tim Allen and Tom Hanks are in serious talks with Disney for “Toy Story 5,” even though Allen said, “You wonder if four was too many; is five too much?” But “Toy Story’s” screenwriter promises, “If I didn’t get this right, I wouldn’t do it.”

Before you run to tell your kids, you should know that it’ll take somewhere between 2026 and 2028 to be released.

Brad Pitt is fulfilling his fantasy of being a Formula 1 race car driver in an upcoming film. Jerry Bruckheimer is also producing this untitled action-drama, co-starring Javier Bardem. Pitt plays a former racer who had a horrible crash and is brought out of retirement by Bardem to mentor a rookie prodigy.

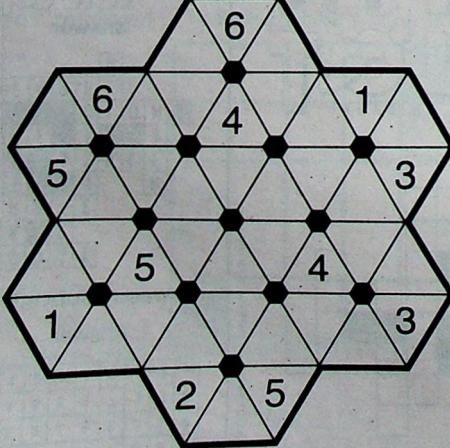
No one is talking over at 20th Century Studios or Disney about why they suddenly decided to farm out “The Bikeriders,” starring “Elvis” Oscar nominee Austin Butler. It was scheduled to open Dec. 1 in theaters after several stops on the fall film festival circuit, including Telluride, but Disney abruptly took it off their calendar and shifted it over to Focus Features for release early next year. The film, which also stars Jodie Comer and Tom Hardy, will not qualify for the upcoming Oscar deadline. Maybe Disney was worried because... “Elvis has left the building!”

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		x		25
+		÷		x	
	-		x		28
+		x		+	
	+		x		26
23	28		22		

DIFFICULTY: ★

★ Moderate ★★ Difficult ★★ ★ GO FIGURE!

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Christmas Collectibles – Santa Claus is as popular a figure in antique Christmas collectibles as he is in today’s decorations. Most are more festive than this papier-mache figure. Santa is usually portrayed holding a small Christmas tree, carrying his famous sack of toys, surrounded by reindeer or accompanied by a child. Depending on the age and origin of the collectible, he might be dressed in an unexpected color like green or blue. Here, he can be recognized by his red coat and hood, trimmed with fur as white as his beard. This papier-mache figure looks plainer than many popular Christmas collectibles. There are no reindeer pulling the sleigh, and instead of a sack of toys, there is a stack of firewood on his back. But there’s a surprise in store; the bundle of logs isn’t what it seems. Lift the lid, and it has a hollow compartment meant to store candy. Papier-mache candy containers were popular from the 19th to early 20th centuries. The most famous ones were made in Germany and often themed for holidays like Christmas or Easter. They are eagerly sought by collectors, often selling for high prices. This Santa sold for \$6,250 at a Hindman auction, where its high presale estimate was \$500!

Q: I have a Christmas ornament that needs help. Can mercury glass that is blue be restored?

A: Mercury glass, or silvered glass, was first made in England in the 1840s. It was made in the United States from the mid-1850s to the early 20th century. The silvery mirrored look was made by blowing clear glass into a double-walled shape and filling the small air space between the walls with a mercury solution. First, air was

vacuumed out of the space, then the solution was poured in through a hole in the bottom of the piece, coating the inside of the glass, and then the hole was sealed. After the 1850s, “mercury” glass was made using a silver nitrate solution. If the seal is broken, exposure to the air will cause the color to deteriorate. You can try to reseal it but won’t be able to restore the original color. Mercury is toxic. If you have a very old Christmas ornament that might contain mercury, you should call the poison control center near you to see how to handle it.

TIP: Dust Christmas ornaments after removing them from the tree. Do not store them dusty. Wrap each ornament individually in paper.

CURRENT PRICES

- Salt and pepper shakers, snowman shape, ceramic, white, black hat with gold band, red scarf, green earmuffs, holding candy cane, Josef Originals, made in Japan, 3 1/2 inches, \$35.
- Jewelry, charm, Millennium 2000, stars, 14K gold, 1 1/2 inches, \$110.
- Toy, Pan American Airport Set, five planes, rollout stairway, baggage car with two luggage carts, original box with airport graphics, TootsieToy, No. 6500, 1955, \$310.
- Pottery, pitcher, Comma, scattered black commas on white ground, slender tapered form, flared out at neck, dark red inside, LaGardo Tackett, 19 1/2 x 6 inches, \$860.
- Sterling-silver horn, New Year’s, marked “Tiffany & Co.,” 20th century, 10 1/4 inches, \$950.

For more collecting news, tips and resources, visit www.Kovels.com.

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STICKELERS

by Terry Stickels

1. One country’s flag is two triangular pennants, one on the top of the other. It is:
a) Belize b) Lichtenstein
c) Nepal d) Yemen
2. The depth of a golf-course hole is:
a) 3.5 inches b) 4.0 inches
c) 5.0 inches d) 9 centimeters
3. A pullicologist is an expert on:
a) minerals b) fleas
c) onions d) walruses

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Strange BUT TRUE

- Sweden has a ski-through McDonald’s.
- The world’s most expensive perfume, Clive Christian No. 1 Passant Guardant, will set you back a cool \$143,000 for a 30 ml bottle. Of course, it does come in a flask studded with 2,000 diamonds.
- A 2018 psychology study found that millionaires who earned their wealth are moderately happier than those who inherited it.
- George Washington moved his slaves in and out of Pennsylvania every six months to avoid their taking advantage of a law whereby slaves residing in the state for longer periods could claim their freedom.
- One billion hours of video are watched on YouTube every day.
- When Peter Benchley had trouble coming up with a title for his novel “Jaws,” his dad suggested “What’s That Noshin’ on My Leg.”
- Bored with your limited supply of cuss words? Try learning Latin, which contains about 800 obscenities to

English’s approximately 20 (depending on how we define the latter).

- In 1924, half of the world’s cars were made by Ford.
- Folks who have difficulty recalling someone else’s name shortly after they’ve met can blame it on the “next-in-line-effect,” or having too much anxiety about themselves and what they’ll say next to focus on the name of someone to whom they were just introduced.
- A cyberchondriac is someone who scours the internet looking for details about their illnesses.
- Actor Frankie Muniz, who starred as the titular character in the TV series “Malcolm in the Middle,” doesn’t recall his time on the show, due to multiple concussions and TIAs (transient ischemic attacks).
- Fyodor Dostoevsky wrote “The Gambler” to pay off his gambling debts.

Thought for the Day: “Don’t confuse your path with your destination. Just because it’s stormy now doesn’t mean you aren’t headed for sunshine later. Don’t lose faith.” – Trent Shelton

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Now here’s a tip!

by Jo Ann Derson

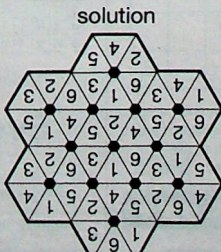
- My personal holiday rule is simple: When in doubt, leave it out. There is so much to do, and we want to cover it all, but my best memories of holidays involve the people who I spend time with, not the place setting or the exact perfect gift. *Happy Holidays, JoAnn*
- Commit to spending one or two unscheduled nights per week during holiday break, just hanging out with your kids. You can enjoy the toys they might have gotten for Christmas, read, play games or just relax in each other’s company. They will return to school (and you to work) less stressed. – E.G. in Massachusetts
- Try this chef’s trick for a juicy bird: After seasoning, cover the bird with cheese-cloth or muslin secured with string. Baste over the cloth every 15 minutes. In the last 20 minutes, remove the cloth so that the skin can crisp.
- P.S.G. from South Carolina writes: Delegate table tasks

- that are age-appropriate to your children for any holiday gatherings that you host. Place setting, condiment delivery, refilling water glasses at scheduled intervals, etc. Children like to have a job, and they are better behaved when they have a focus and make a contribution.
- Plan now for leftovers: Have small plastic containers and zip-top bags in case your guests or family would like to take some home. This is an especially smart thing to do if you are looking to eat healthier. Send Grandma home with a turkey plate and a big slice of chocolate cake! It’s better to share.
- Wondering what wine to serve at your party? Order a case of mixed wines. You might get a hit on your hands! – C.C. in Oregon

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES



Stickelers Answer

Go Figure!

answers

22	28	23
26	7	9
28	4	8
25	5	9

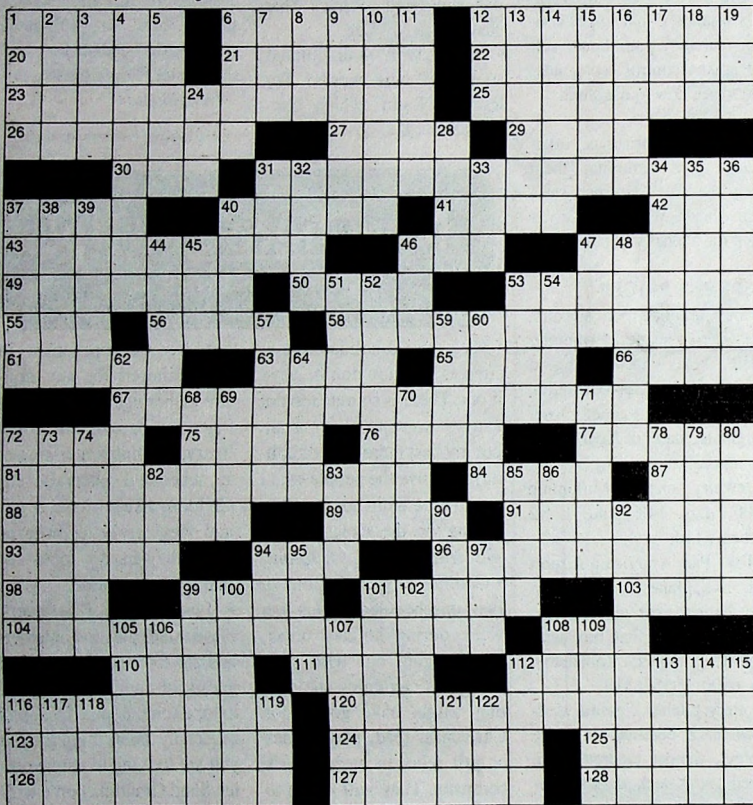
1. (c) Nepal
2. (b) 4.0 inches
3. (b) fleas

Super Crossword

LOVE OF SOLVING

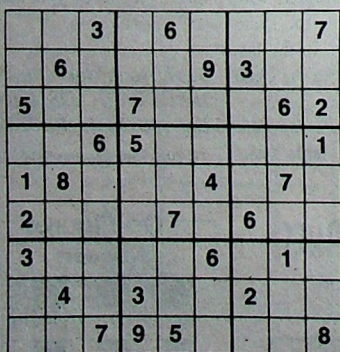
ACROSS

- 1 Picked instrument
6 Type of small grocery store
12 Bloppy light source
20 Viva voce
21 Spoil, as "my parade"
22 Roast joke
23 Like baggy clothes
25 Winter wreath ornament
26 Gave away temporarily
27 Money, informally
29 Jagger of the Stones
30 "Raggy" doll
31 Monty Python tune about a logger
37 Addams who created Morticia
40 Quick attack
41 Cover girl Macpherson
42 "gratia" (by the grace of God)
43 Dwell in the company of
46 Outer Prefix
47 "the Night" (2007 Joaquin Phoenix film)
- 49 Had to admit a goof-up
50 "Behold," to Caesar
53 Totally bummed out
55 Stuff in a sty
56 Avian hooters
58 Texas banner
61 Big twitch
63 Safari sight
65 Envoy's asset
66 "There — comparison"
67 Chinese black tea with a smoky flavor
72 Anita of jazz
75 Env. notice
76 Estrada of TV
77 Ones staring
81 Best Actress winner for "The Farmer's Daughter"
84 Grammy winner Bareilles
87 "And how!"
88 German city on the Elbe
89 With 115-Down, "Piece of cake!"
91 Web page
93 Slacks
94 Extra charge
96 Pea-souper in England
- 98 Anticavity gp.
99 Supreme Norse god
101 "I love you," to Luisa
103 Jane in an 1847 novel
104 Go bankrupt, say
108 Del.-to-Vt. direction
110 Bakery treats
111 Snootiness
112 Noisy tigers
116 Cite famous people as friends
120 Method for calculating a quotient ... or what occurs eight times in this puzzle?
123 Accepted, as conditions
124 Made flush
125 Maggot, e.g.
126 Sailor's dining place
- 6 Liverpool or Leeds native
7 Horse bit
8 Morse bit
9 Conundrum
10 Of yore
11 Trig measure
12 Slice (off)
13 Zoo attraction
14 Gondola city
15 Smart — (cocky sort)
16 Guitar riffs
17 Year, in Brazil
18 Roughly half of all adults
19 Beginning to mature?
24 Amusement
28 Frightful dino
31 Chilling Chaney
32 Strong desire
33 "Selena" actress, to her fans
34 Nonalcoholic beer brand
35 Georgia city near Atlanta
36 Ornamental street tree
37 Bivalve mollusks
38 Ask for moola
39 Brand of skin care and cosmetics
40 Turkey, e.g.
44 Pleasant odor
- 45 Do some yard maintenance
46 Poet's twilight
47 Major battle
48 Crude model of a despised person
51 Choke up
52 Give the OK
53 Strong desire
54 Big mil. alliance
57 Dull, dark bluish-gray
59 Decorative sewing case
60 Burlap bags
62 Most cunning
64 — uncertain terms
68 Pricey liver spread
69 Superhero creator Lee
70 Agcys., e.g.
71 "Nifty"
72 Chum from way back
73 El — (treasure city)
74 Vying venues
78 Uplift
79 Whirlybird blade
80 Drawn-out battle
82 Six-pt. scores
83 Driver's 180
85 Year, to Caesar
86 Garnet, e.g.
- 90 Ladd of "Shane"
92 Shows lip-curling contempt
94 Holiday tree
95 "Orinoco Flow" vocalist
97 Texter's "I'm shocked!"
99 Carry to excess
100 Spanish explorer
101 Grew vigorously, old-style
102 Former Disney exec Michael
105 Sword types
106 Duck type
107 Mosaic maker
108 Autumn mo.
109 Manicurists file them
112 Divests (of)
113 Ireland, in Ireland
114 Be a drifter
115 See
89-Across
116 "Rambo" setting, briefly
117 Era or eon
118 "— Doubtfire"
119 Fluffy lap dog, for short
121 Safari sight
122 Safari sight



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

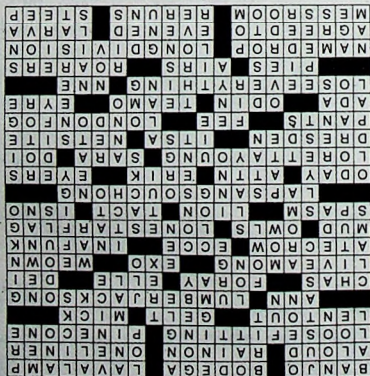
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆ Challenging
◆◆◆ HOO BOY!

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Super Crossword

Answers



Even Exchange

answers

1. Paper, Paler
2. Looker, Locker
3. Child, Chill
4. Rangier, Ringer
5. Willie, Wilma
6. Gaggie, Giggle
7. Nanny, Nancy
8. Nanny, Nancy
9. Martin, Merlin
10. Squash, Squish

celebrity extra

by Dana Jackson

Q: Whatever happened to the guy who was pranked on the show "Jury Duty"? He seems like such a nice person. I hope he's doing well. — D.D.

A: Ronald Gladden worked at Home Depot before he volunteered for jury duty that was being filmed for a documentary. (Or so it seemed.) Instead, he was surrounded by actors, including movie star James Marsden who played an egotistical version of himself. When it was revealed that it was a prank, the good-natured Gladden took it in stride. He went on a whirlwind of a press tour after "Jury Duty" aired on Freevee. Once the wonderful craziness died down, it was announced that he struck a development deal with Amazon MGM Studios. Producer Ronald Gladden is very likely to replace Home Depot on his resume from here on out.

Q: I loved seeing Candice Bergen on "Saturday Night Live" recently. Is there any chance she'll star in her own TV series again? I miss "Murphy Brown." — J.W.

A: Candice Bergen recently appeared on stage at "SNL" when Emma Stone was recognized for hosting the iconic NBC sketch comedy show for the fifth time. Bergen is listed

as a five-timer host herself, with her last time hosting being 1990. She was the first woman to host "SNL" back in 1975 and was nominated for a Best Supporting Actress Oscar five years later for her role opposite Burt Reynolds in "Starting Over."

She's also been able to line her mantle with Emmy Awards, a total of five for her titular role on the CBS sitcom "Murphy Brown." The show was a big hit for 10 seasons on CBS during its initial run. It was brought back for a reboot in 2018, but only lasted one season due to lackluster ratings. As for Bergen's career following "Murphy Brown," she's been keeping busy, having recently starred in "Book Club: The Next Chapter," an ensemble comedy film with Jane Fonda, Diane Keaton and Mary Steenburgen.

Q: I read that one of the actors from the TV show "Supernatural" had a heart attack. Who was it, and did he survive? — K.G.

A: "Supernatural," starring Jared Padalecki and Jensen Ackles, ran from 2005-2020. Neither of the leading actors suffered a health emergency, but 59-year-old Mark Sheppard, who played Crowley on the show from 2009-2017, just had a miraculous recovery after his heart stopped. He recently posted on Instagram that he collapsed after suffering the first of six — yes, six! — heart attacks and was "brought back from the dead" four times.



Ronald Gladden
("Jury Duty")

Depositphotos

It turns out he had a 100% blockage in the artery nicknamed the widow-maker. He went on to thank his wife, the Los Angeles Fire Department and the Providence Saint Joseph medical staff for saving his life. He didn't mention whether he has to undergo any surgery, but at the time of his post, he said that he expected to be discharged home the next day. Hopefully, we'll be seeing a healthier Sheppard back on our screens soon. Post-"Supernatural," he was a regular on two series, "Walker: Independence" and "Doom Patrol," but both have been canceled.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

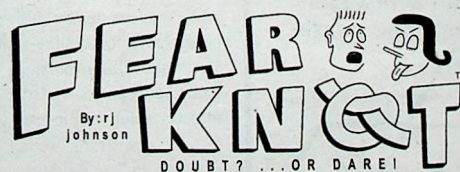
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Even Exchange by Donna Pettman

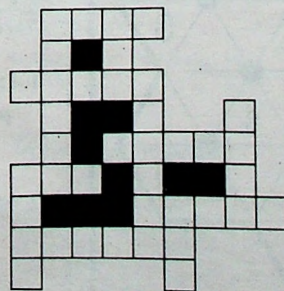
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|-------|------------------|-------|
| 1. News source | — P — | More ashen | — L — |
| 2. Photo pendant | — T — | Gym closet | — R — |
| 3. Hazel or Wendy | — I — | Timepiece | — A — |
| 4. Park warden | — A — | Horseshoe score | — I — |
| 5. Author Cather | — L — | Pebbles' mom | — M — |
| 6. Group of geese | — A — | Chuckle | — I — |
| 7. Little one | — D — | Cool off | — L — |
| 8. Child caregiver | — N — | Teen detective | — C — |
| 9. Hemingway's fish | — A — | Arthurian wizard | — E — |
| 10. Acorn or butternut | — A — | Crush | — I — |

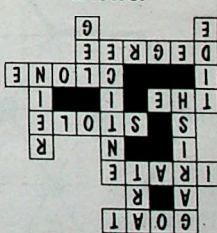
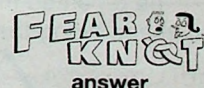
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- HET
NECTIE
TERIA
INRE
HAGRI
♥GLE
♥IETD
♥ELTSO
♥ATR
EGERDE
LENCO
♥AGTO



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU
Answer



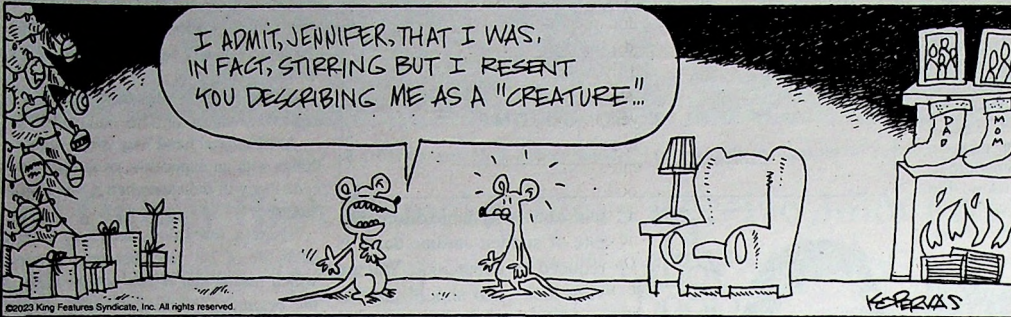
Amber Waves



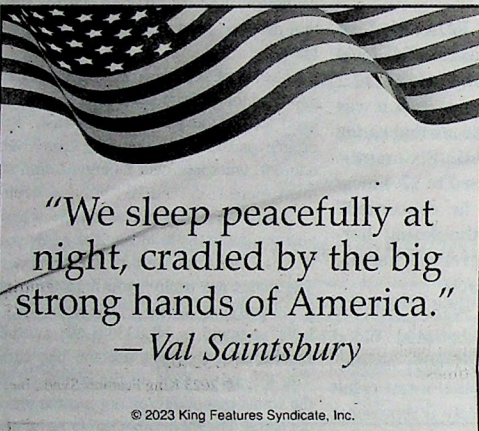
by Dave T. Phipps

Out on a Limb

by Gary Kopervas

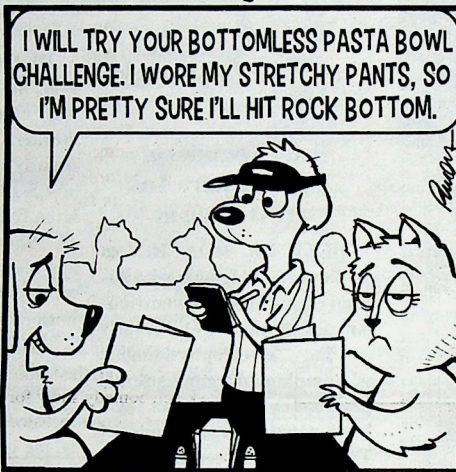


Americanisms



Just Like Cats & Dogs

by Dave T. Phipps



Houseguests vs. Pets: Holiday Edition

DEAR PAW'S CORNER: My brother is staying with us through the holiday season while he figures out his life. However, he insists on keeping the feeding bowls full for my two dogs, Buster and Charlie. I've spoken to him several times already, asking him not to do it. Buster is overweight and on a prescribed diet. What can I do to stop this? - *Darlene in Phoenix, Arizona*

DEAR DARLENE: It's really strange, and annoying, that your brother can't seem to follow your request. I'm not sure what's going on, so I won't judge the situation. However, if you want him to stay, then for your dogs' sake, you'll have to take extra steps to stop this. Move the dog food to a cabi-

net or storage bin that you can lock. Take out just the amount of food for that day and portion it out for your dogs' scheduled feeding times. Then remind your brother that the way you feed your dogs is non-negotiable.

DEAR PAWS: I'm 11 years old and my cousins are staying with us for Christmas. They want to walk my dog, Reed, all the time. But that's my job, and Reed is my dog. How can I get them to stop? - *Carlos in Dallas, Texas*

DEAR CARLOS: Talk to your parents about your frustration. Are your cousins not sharing the lead during walks? Or are they mistreating your dog? If it's a sharing situation, the adults should help negotiate a fair plan for walking Reed. If they're mistreating him, your parents need to know and put a stop to it.

Holiday visits can be annoying for you and your pets, but being diplomatic while holding firm to certain rules, like diet and training schedule, is helpful. Best of luck.

Send your tips, comments or questions to ask@pawscorner.com. © 2023 King Features Synd., Inc.

WORD LADDERS

Can you go from PILLS to HULKS in 6 words? Change one letter for each rung in the ladder.

PILLS

HULKS

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by Ryan A. Berenz

1. Name the Army quarterback who scored the first touchdown ever shown on instant replay during the CBS broadcast of the Army vs. Navy game in December 1963.

2. What NHL team bought out the contract of goaltender Rick DiPietro in 2013 and agreed to pay him \$1.5 million annually for the next 16 years?

3. Name the Argentinian tennis player who won the 2009 U.S. Open men's singles title.

4. Broadcaster Paul Eells was the radio and TV voice of what

college's athletic programs from 1978-2006?

5. What actor portrayed Indiana Hoosiers basketball coach Bob Knight in the 2002 made-for-TV movie "A Season on the Brink"?

6. What Notre Dame Fighting Irish quarterback was selected by the Carolina Panthers in the second round of the 2010 NFL Draft?

7. CBS Sports chairman Sean McManus is the son of what legendary sportscaster?

Answers

1. Carl "Rollie" Stichweh.
2. The New York Islanders.
3. Juan Martin del Potro.
4. The University of Arkansas Razorbacks.
5. Brian Dennehy.
6. Jimmy Clausen.
7. Jim McKay.

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WORD LADDER

Answer

SILKS, SILKS, SILKS
'SILKS, SILKS, SILKS

SCRAMBLERS

solution

MISTLETOE

Today's Word

3. Lodge; 4. Attest

1. Remand 2. Intend

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Restrain
DREAMN

Expect
DINNET

Imbed
GOLDE

Certify
TASTET

TODAY'S WORD



"What floor is the _____ on?"
And don't go away ...!

STREAMING SOURCE

Here's what to watch and where to watch it for the week of December 18, 2023

ON NOW: "We Live Here: The Midwest" (Documentary) - *Hulu*

ON NOW: "The Retirement Plan" (R) - *Hulu*

20-Dec: "Percy Jackson and the Olympians" (Season 1) - *Disney+*

20-Dec: "Maestro" (R) - *Netflix*

21-Dec: "Gary Gulman: Born on 3rd Base" (Comedy Special) - *Max*

21-Dec: "Dr. Death" (Season 2) - *Peacock*

22-Dec: "Maggie Moore(s)" (R) - *Hulu*

22-Dec: "Marvel's What If?..." (Season 2) - *Disney+*

22-Dec: "Sago Mini Friends New Year's Eve Special" (Animated Special) - *AppleTV+*

22-Dec: "Rebel Moon - Part One: A Child of Fire" (PG-13) - *Netflix*

22-Dec: "Rebel Moon - Part Two: The Dragoness" (PG-13) - *Netflix*

22-Dec: "Rebel Moon - Part Three: The Firestorm" (PG-13) - *Netflix*

22-Dec: "Rebel Moon - Part Four: The Warrior" (PG-13) - *Netflix*

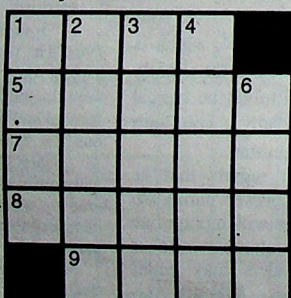
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Micro Crossword

By Elizabeth C. Gorski

Across

- 1 Far from colorful
- 5 _____ McCall (Queen Latifah's role on "The Equalizer")
- 7 Emanate
- 8 Distributes, with "out"
- 9 Steakhouse staple



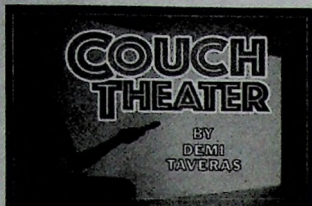
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Down

- 1 Whiskey measure
- 2 "Miss Julie" composer Ned

- 3 "Take _____!" ("Try this cake!")
- 4 One way to travel
- 6 Hatchling's haven

MORE SUN FUN



"Indiana Jones and the Dial of Destiny" (PG-13) — The fifth and final installment of the adventure film franchise starring Hollywood legend Harrison Ford is officially out now on streaming! An 81-year-old Ford adopted his token fedora and bullwhip once again to play his beloved character, while the rest of the cast included Phoebe Waller-Bridge ("Fleabag"), Antonio Banderas ("Puss in Boots") and Mads Mikkelsen ("Fantastic Beasts"). In this film, Indy reunites with his goddaughter, Helena (Waller-Bridge), and the duo tries to locate the Dial of Destiny before a Nazi-turned-scientist gets his hands on it. But even de-aging software, huge special effects and help with the screenplay from Waller-Bridge couldn't save this film from bombing in the box office. (Disney+)

"The Exorcist: Believer" (R) — Here's yet another new film from a franchise that was expected to do well but didn't exactly hit the mark. Out now, the sixth "Exorcist" horror film follows two girls, Angela (Lidya Jewett) and Katherine (Olivia O'Neill), who go missing one day after school. Fortunately, they are found three days later and are behaving seemingly normal, amid being shaken up. But their conditions begin to worsen as both girls start to suffer from terrifying convulsions and outbursts that can't be explained. With possession at the forefront of everyone's mind, an exorcism for Angela and Katherine is imminent. A sequel, "The Exorcist: Deceiver," is slated to release sometime in 2025. (Peacock)

"A Good Person" (R) — In this emotional drama directed by Zach Braff ("A Little White Lie"), Florence Pugh ("Oppenheimer") portrays

aspiring musician Allison Johnson as she prepares to wed her boyfriend, Nathan. While driving with her future brother- and sister-in-law, Allison gets momentarily distracted, leading to a car accident that kills her passengers. A year later, the life she had before is unrecognizable to the one she has now, with her engagement having ended and an addiction to pain pills ruling her life. In an attempt to get help, Allison attends an AA meeting where Nathan's father, Daniel (Morgan Freeman), is in attendance. Through this coincidental encounter, the two form an uncanny friendship that helps push Allison closer to the recovery finish line. Out now! (Amazon Prime Video)



Natalie Portman, left, and Julianne Moore star in "May December."

"May December" (R) — Starring Natalie Portman and Julianne Moore, this drama film is loosely based on the true story of an American teacher who began an affair with one of her middle-school students and ended up marrying him after serving prison time for rape. Portman portrays Elizabeth Berry, an actress desperate to play roles that err on the morally gray side, so she jumps at the chance to play the disgraced teacher, named Gracie (Moore). For research, Elizabeth travels to Georgia to meet Gracie and her young husband, Joe (Charles Melton), at their home. As Elizabeth works to uncover every facet of their relationship for her role, the emotional toll it takes on Gracie and Joe starts creating cracks in the foundation of their perverse relationship. (Netflix)

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Contract Bridge

STRUCTURAL VISUALIZATION

South dealer.
East-West vulnerable.

NORTH

♦ 10 8 4
♥ A K 6 2
♦ K 7 5
♣ 10 7 2

WEST

♦ K Q J 6 5 2
♥ J 5
♦ J 9
♣ J 5 3

EAST

♦ 3
♥ 10 9 3
♦ Q 10 4 3 2
♣ A 9 8 6

SOUTH

♦ A 9 7
♥ Q 8 7 4
♦ A 8 6
♣ K Q 4

The bidding:

South	West	North	East
1 NT	Pass	2 ♣	Pass
2 ♥	Pass	4 ♥	

Opening lead — king of spades.

You run into good, bad and average bridge players wherever you go. Some bid well and play their cards badly; others bid badly and play their cards well; some bid and play well; others bid and play badly.

The South in this deal was obviously from the group that plays their cards well. We wouldn't know how to classify his bidding from just this one hand — all he did was to open one notrump — but he certainly displayed a fair amount of skill in the play after a Stayman

sequence landed him in four hearts.

South took West's king-of-spades lead with the ace, played a heart to the king and a low club back. East followed low, and South won with the king. After cashing the Q-A of hearts, declarer led another club from dummy, East taking the ace and returning a club to South's queen.

Declarer still had three tricks to lose — two spades and a diamond — but by this time he was certain he could avoid the loss of one of them and so make the contract.

He knew East had no more spades; otherwise, East would have returned a spade rather than a club after taking the ace. West's hand therefore became an open book. He had started with six spades and had already shown up with two hearts and three clubs. Hence, he could not have been dealt more than two diamonds.

So, South cashed the A-K of diamonds and led a spade. West took his two spade tricks but then had to yield a ruff-and-discard, handing South the contract.

Note that South could have placed East in a similar position by leading a third diamond rather than a spade at the critical moment. It would then have been East rather than West who would have been forced to yield the fatal ruff-and-discard.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

I P X E P F T K B D L G S P T U H F U

U P X P S L ?

I F U B L F T B O J D J D M F



Fatal Episodes of VFib Require An AICD Implant

DEAR DR. ROACH: I'm an 88-year-old female who has been diagnosed with ventricular fibrillation (VFib). My cardiac electrophysiologist, who implanted a conventional pacemaker four years ago, has noticed several episodes of VFib (up to 30 seconds, read via a bedside monitor). They recommend replacing the current pacemaker with a combo pacemaker and defibrillator. I wonder about the history/success of this device. — C.R.

ANSWER: Most people have heard about atrial fibrillation (AFib), which is a common, chaotic electrical condition of the top chambers of the heart. Without regular electrical input from the atria to the ventricles, the ventricles beat irregularly, but blood flow from the heart still remains adequate. By contrast, VFib is a chaotic movement of the lower chambers, and the heart does not pump blood during VFib.

Within a short time, 10 to 30 seconds at most, the brain will not have enough oxygen to keep you conscious. Unless VFib is rapidly treated or stops by itself (which is rare, but happened to you), VFib is fatal.

A survivor of VFib definitely benefits from an automatic implantable cardioverter-defibrillator (AICD). Nowadays, they also have the ability to act as a pacemaker; they recognize and immediately provide a shock during episodes of VFib.

AICDs first became available when I was in medical school during the 1980s, but current models are a huge improvement since they are smaller and last longer. The evidence is strong that people at a high risk for a "malignant" arrhythmia like VFib live longer with an AICD than those who are only treated

with anti-arrhythmic drugs. The rate of sudden cardiac death is reduced by about 50%. You are very lucky and should get this recommended device as soon as possible. They are common and effective.

DEAR DR. ROACH: Last year, my thyroxine (T4) level was abnormally high (12.2 mcg/dL). I ignored it, as it was slightly over the normal range of 4.5-12 mcg/dL. Six months later, it increased to 12.4 mcg/dL. Should I be concerned? My thyroid-stimulating hormone (TSH) level was normal both times. — J.M.

ANSWER: Although many people with abnormal blood results are perfectly healthy, the more abnormal a test result is, the more likely it represents something wrong. In your case, you are correct that the readings are just outside of the normal range. But because it is persistent, it's worthwhile to get additional information.

Most importantly, were you having symptoms that made your doctor concerned about whether you might have a thyroid issue? Many people with high levels of thyroxine have excess energy, sweating, weight loss, tremors, anxiety and heat intolerance.

Next, do you have any other tests that might help support or reject the possibility of thyroid disease? In your case, it's the TSH level. A high TSH level means that your body needs more thyroid hormone, whereas excess production of thyroid hormone from the gland usually leads to a low TSH level. Your TSH level is normal, which is strong evidence that the slightly high T4 level might be typical for you, especially if you don't have any symptoms.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids

Answer

He takes an icicle to work?
How does Jack Frost get

SENIOR NEWS LINE

by Matilda Charles

Expired Items In The Home

Remember that bottle of antibacterial hand soap you tucked into the back of the cabinet when the Covid pandemic first started? People were in a panic and shelves were running low on so many things ... including that hand soap.

Perhaps you grabbed two -- one to use and one to keep for a spare, just in case. Meanwhile, as you needed another one, you bought it and kept that spare in the cabinet.

If that bottle is still there, it's likely expired.

Antibacterial hand soap is one of those things with an expiration, or at least a lot code that will indicate when it was manufactured.

Quite a few things seems to have a shelf life of 2-3 years before expiration, which means that if you bought them at the beginning of the pandemic, they're likely expired. The reason they go bad is that one or more of the ingredients doesn't hold up over time.

We're used to looking for expiration dates on food, but hand soap ... who knew?

The list of household products that can expire is long. Hand sanitizers, shampoo, hand lotion, toothpaste, mouthwash, hydrogen peroxide, bleach, bug spray, deodorant, bar soap, dish detergent, and so many more.

There are a few places online where you can put in the brands of the items you want to check as well as the lot codes. The codes are tricky (you'll likely need a magnifying glass). One example I have on hand is NL03333L60; another is 05252JU36. Don't use the bar code. You'll need to hunt on the container for the actual manufacturer, not just the product name. The lot number might be etched on the bottom or sides of the container. Holding it up to a lamp helps you spot the number.

Confusing? Yes, it is.

Two places to check for expiration of hundreds of items are checkexp.com and checkcosmetic.net. If in doubt, call the manufacturer.



1. Name the last song released by Patience and Prudence.
2. Who released "The More I See You" in 1966?
3. Which group released "Get Back"?
4. Who were the Jordanaires?
5. Name the song that contains this lyric: "You're looking kinda lonely girl, Would you like someone new to talk to?"

Answers

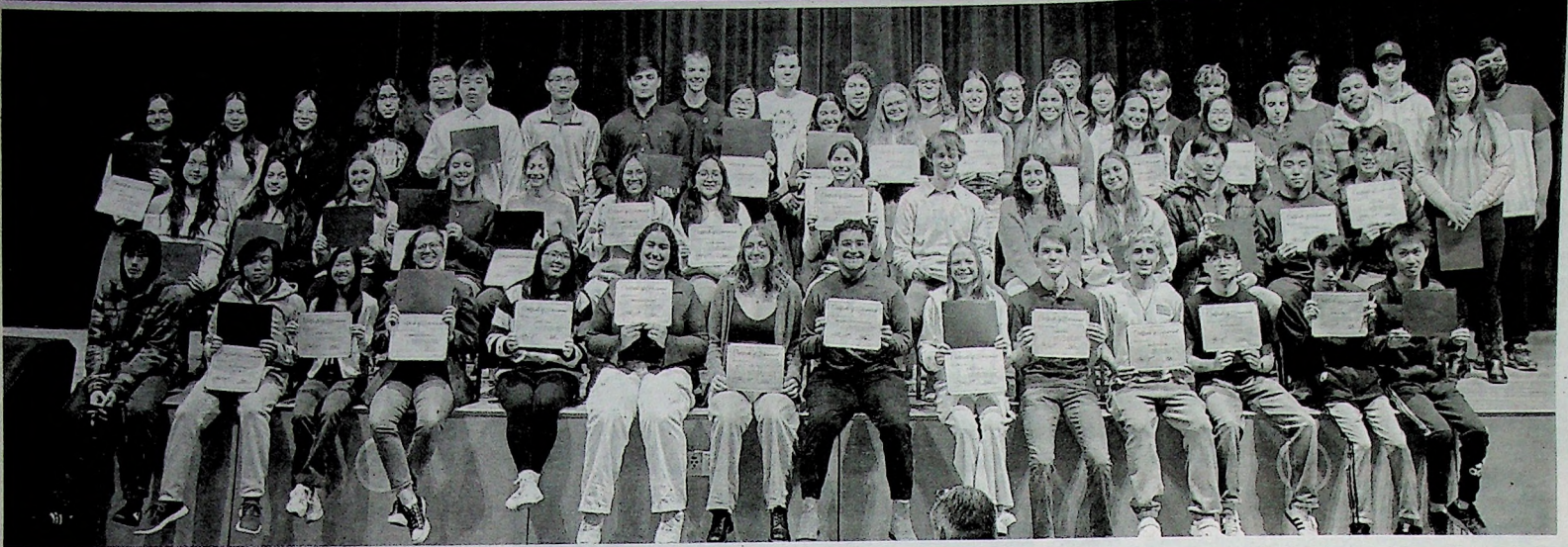
1. "Tonight You Belong to Me," in 1964. The two sisters did well reviving a 1927 song that has since been widely used, including in a 2018 Google commercial and an episode of "The Marvelous Mrs. Maisel."

2. Chris Montez. The song was originally released in 1945 and has been covered by several others over the years, including Ella Fitzgerald and Andy Williams.

3. The Beatles with Billy Preston on electric piano, in 1969. An edited version was used in the concert film of the same name with Paul McCartney on his 1989-1990 tour.

4. The vocal quartet served as backup to Elvis Presley from 1956 to 1970 as well as backup for Patsy Cline from 1960 to 1963.

5. "Sharing the Night Together," by Dr. Hook in 1976. The song was first released by Lenny LeBlanc and others, but it was Hook's version that rose on the charts.



SIXTY-FOUR Quincy High School seniors were recently recognized for receiving the John and Abigail Adams Scholarship.

64 Quincy High School Seniors Receive John and Abigail Adams Scholarship

Sixty-four Quincy High School seniors were recently recognized for receiving the John and Abigail Adams Scholarship. The John and Abigail Adams Scholarship is an outstanding achievement as it is awarded to students who performed in the top 25% of the district on all three sections of the Massachusetts Comprehensive Assessment System (MCAS) -

ELA, Math and Biology.

The 64 members who received the John and Abigail Adams Scholarship for the graduating class of 2024 are:

Ryan Aitsaid, Mina Al Tikriti, Amina Amimer, Joaquim Baiense, Katherine Bardwell, Kyla Barter, Emma Bateman, Gaetano Belfort, Maria G. Bengoa Croxatto, Salma Boukh-

tam, William Bradley, Preston Cavin, Endi Cenomeri, Kelly Chan, Anita Chen, Kieran Collins, Lyna Dang, Sonia Dijkstra, Miguel Dos Reis, Liam Foley, Devereux Fuller, Ciara Golden, Antonio Gonzalez, Jayden Guerra, Kevin Heim, Tim Heise, Isabelle Hogan, Jan Kepczynski, William Lanergan, Michelle Le, Isaac Lee, Patrick Lee, James Li, Isabel Llamas, Hai Luong,

Dillon Mandawe, Maximilian Maraj, Amy Nguyen, Shayla Nguyen, Thomas Nguyen, Jimmy Nim, Victor Anderson Pereira, Lena Pham, Maia Popa, Margaret

Potts, Alexia Qako, Katherine Ramos, Sneha Rana, Declan Rogers, Robin Roldan, Ilyana Selinger-Batista, Mollie Smith-Gaeta, Devin Stewart, Brianna-Mary Sul-

livan, Zi Ming Tan, Kyle Tolini, Jonathan Tran, Nicholas Tran, Stanley Tran, Kimi Vallee, Alexander Vo, Henry Wilde, Jenny Wong and Alp Yokus.

Quincy-North Quincy Winter Track Results

Patriot League Jamboree 12/7/2023 Reggie Lewis Center. Non-scoring meet							
First	Last	Gen	Yr	sch	event	perf	place
Kimberly	Le	F	24	NQ	55	8.36	17
Marielle	Kouassi	F	25	Q	55	8.56	25
Julia	Zynda	F	26	NQ	55	8.86	46
Aubrey	Callard	F	26	NQ	55	9.02	59
Livia	Fantin	F	27	NQ	55	9.31	79
Maggie	Potts	F	26	Q	55	10.23	116
Nora	Ganno	F	27	NQ	55	10.42	126
Sofija	Slezas	F	24	NQ	300	45.87	2
Alexandra	Guia	F	25	NQ	300	54.51	30
Brianna	Sullivan	F	24	Q	300	55.03	32
Lakshiga	Periyasamy	F	27	NQ	300	57.51	35
Mia	Tratzinski	F	25	Q	300	1:01.35	38
Anna	Kuang	F	26	NQ	300	1:06.07	41
Maddy	McGillicuddy	F	26	NQ	600	1:47.15	1
Hannah	Moriarty	F	25	NQ	600	1:54.56	4
Amelija	Slezas	F	26	NQ	600	2:00.21	12
Zoe	Nelson	F	27	NQ	600	2:04.82	17
Erin	DellaBarba	F	25	NQ	1000	3:47.42	9
Sophia	Hagstrom	F	26	NQ	600JV	2:30.48	3
Mary	McNally	F	26	NQ	600JV	2:45.25	6
Eliza	Henry	F	26	Q	HH	10.84	5
Sophia	Edwards	F	26	NQ	HH	11.08	11
Amy	Tan	F	25	NQ	HH	11.64	14
Julia	Zynda	F	26	NQ	HH	12.17	19
Sophia	Edwards	F	26	NQ	HJ	4'02"	12
Kathy	Duong	F	24	Q	LJ	11'04"	17
Eliza	Henry	F	26	Q	LJ	12'2.25"	13
Caroline	Zuffante	F	27	Q	Mile	6:31.77	13
Charlotte	McConville	F	24	Q	Mile	6:49.12	20
Brooklyn	Rizzo	F	24	NQ	SP	24'02"	19
Grace	McGough	F	24	NQ	SP	27'00"	7
Bassma	Torky	F	25	Q	SP	28'08.75"	4
Nora	Ganno	F	27	NQ	SPJV	17'04"	8
Mikilah	Aubrey	F	26	Q	SPJV	20'11"	3
Anushka	Raj	F	25	NQ	SPJV	22'01"	2

First	Last	Gen	Yr	sch	event	perf	place
Jonas	Ala	M	27	Q	55	7.42	21
Gavin	Brown	M	27	NQ	55	7.57	28
William	Lanergan	M	24	Q	55	7.61	32
Jordan	Leathers	M	25	Q	55	7.61	31
Joshua	McCants	M	26	Q	55	7.62	33
Eddy	Liu	M	24	NQ	55	7.76	42
Quadir	Essex	M	26	Q	55	8.03	65
Cyrus	Lin	M	26	NQ	55	8.05	69
Jayden	Francois	M	25	Q	300	39.62	7
Vincent	Lin	M	26	NQ	300	45.72	43
Justin	Nguyen	M	26	NQ	300	49.44	55
Kyle	Li	M	26	NQ	300	53.29	57
LanJun	Lin	M	27	NQ	300	53.84	58
Jayden	Anderson	M	27	Q	600	1:38.43	11
Jayden	Zhong	M	27	NQ	600	1:50.30	29
Warrick	Quon	M	27	NQ	600	1:52.24	32
Andrew	Perkins	M	27	Q	1000	3:50.29	35
Jakub	Wilson	M	27	NQ	1000	3:53.53	36
Arpon	Chowdhury	M	27	NQ	1000	4:01.74	37
Eric	Chen	M	27	NQ	600JV	1:56.63	8
Chaojun (CJ)	Xu	M	27	NQ	600JV	2:03.16	10
Anthony	Ng	M	27	NQ	600JV	2:04.85	11
Derek	Zhu	M	27	NQ	600JV	2:05.11	12
Alex	Zhao	M	26	NQ	600JV	2:05.22	13
Daniel	Setow	M	26	NQ	600JV	2:14.48	15
Jonathan	Lanergan	M	27	Q	600JV	2:22.93	17
Albert	Dong	M	26	NQ	600JV	2:54.44	18
Jayden	Francois	M	26	Q	HH	8.07	2
Nathan	Allen	M	26	Q	HH	10.15	13
Adrian	Pena	M	25	Q	HH	10.41	15
Quadir	Essex	M	26	Q	HH	11.24	25
Jordan	Leathers	M	26	Q	HH	11.92	28
Jonathan	Cole	M	27	Q	HH	12.27	29
Nathan	Allen	M	26	Q	HJ	5'04"	7
Leo	Steinberg	M	26	Q	LJ	17'09.25"	15
Jayden	Francois	M	26	Q	LJ	19'00.5"	5
Kyle	Clements	M	24	NQ	Mile	5:07.64	7
Wilson	Chen	M	27	NQ	Mile	5:33.57	16
Carter	Bishop	M	27	Q	Mile	5:45.43	20
Tyler	Sharkey	M	27	Q	mile	6:05.90	31
Darwin	Dao	M	27	NQ	Mile	7:24.40	38
Tedsen	Pierre	M	26	Q	SP	28'10"	18
William	Lanergan	M	24	Q	SP	35'10"	6

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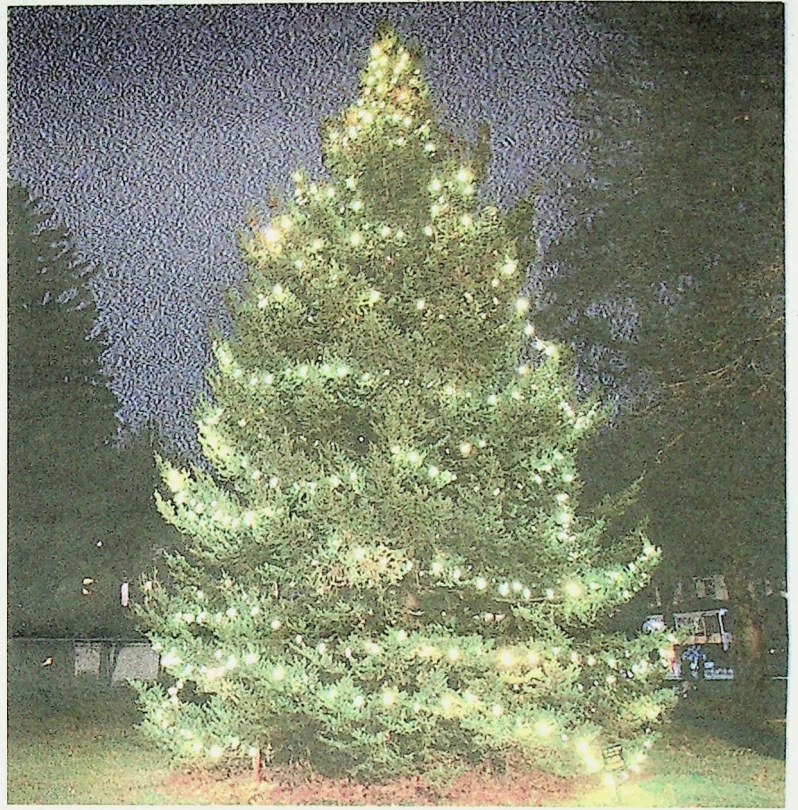
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22nd Annual Safford Park Tree Lighting Ceremony

THE WOLLASTON HILL Neighborhood Association, the Wollaston School PTO, and Ward 3 Councillor Ian Cain hosted the 22nd Annual Christmas Tree Lighting ceremony at Safford Park Dec. 1. The ceremony featured a fun sing-along and hot chocolate and a special appearance by Santa who helped illuminate Clara Yeomans's tree - a beautiful centerpiece at the park.

Photos Courtesy William J. DelMonte



CHRISTMAS TREE at Generals Bridge and Park is lit bearing ribbons with names of active military serving in the United States Armed Services. *Quincy Sun photos/Tom Gorman*



RIBBONS BEARING NAMES of those serving in the military are placed on the Christmas tree at the Generals Bridge at a ceremony Dec. 3.



QUINCY VETERANS SERVICES Director Christine Cugini addresses the Christmas tree lighting ceremony.

Quincy, Braintree Remember 82nd Anniversary Of Pearl Harbor

Cont'd From Page 4.

qualities that we exhibited that day in Pearl Harbor."

Sen. John Keenan of Quincy said the United States should continue to be a beacon of peace in the world.

"It truly is an honor to be here today on this ship at this location as we remember Pearl Harbor Day," Keenan said. "That was a day that lived clearly in infamy, but it was a day where the world recognized, beyond what had happened

in World War I, the power and the might of the United States of America. Since then, the United States of America has stood for peace across the world and it has been willing to send soldiers to the four corners of the globe to ensure that peace.

"We have fortunately not experienced a world war since World War II. Let us hope that the United States continues to play that role in preventing in such a war. We are challenged right now in the Middle East, in Ukraine, and there are threats all across the globe, but let us hope that the United States continues to be a beacon of peace. And if it requires force to be that beacon, so be it. But our goal should always be peace here at home, peace across the world.

"We owe that to the men

and women who sacrificed their lives throughout the course of World War II and in every war since, and particularly those men and women who lost their lives on Pearl Harbor Day. So, let us come together, remember them and honor them by pursuing peace, but doing what's necessary here and abroad to ensure that peace."

Following Keenan's remarks, Navy veterans Paul Marshall and Eugene Lacy, the latter of whom served on the Salem, placed a patriotic red, white and blue wreath into the Fore River in memory of those killed during the attack on Pearl Harbor. Robert LaFleur, a past commander of the Quincy Veterans' Council, then sounded "Taps."

Christine Cugini, Quincy's director of veterans

services, closed out the ceremony by thanking those present for their attendance.

"As we conclude the ceremony, let us carry the spirit of remembrance with us into the future. May we never forget the resilience of those who endured the

attack on Pearl Harbor and ensuing war. May we draw inspiration from their example as we the challenges of our own time," Cugini said.

"In the words of President Franklin D. Roosevelt spoken in the aftermath of that infamous day, 'With confidence in our armed

forces, with the unbounding determination of our people, we will gain the inevitable triumph, so help us God.'

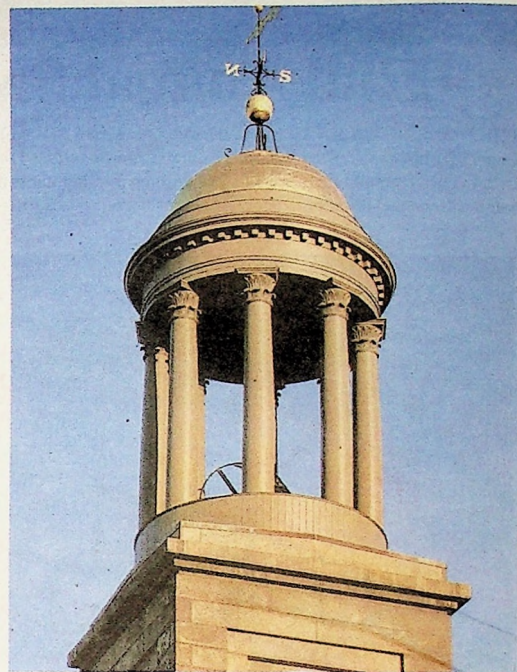
"Thank you for being here today. May we all work together to continue to honor and remember our service members, our heroes, today, tomorrow, and always."

Fresh Paint For UFPC Bell Tower

The bell tower of historic United First Parish Church, the Church of the Presidents in Quincy Center, has a fresh new coat of paint - its first paint job in more than 10 years.

The project was completed last month. The color is Benjamin Moore Devonshire Green. The last time the bell tower was painted was 2011-2012 when the tower was restored.

A boom lift was used that could extend to 135-feet and pivot in such a way that it allowed the painters to work at the back of the tower while it was parked at the front of the church. Surprisingly, the section above the pillars but below the dome did not have any signs of wear as was the case elsewhere. Mostly the paint was sprayed on for the best coverage. No wood needed to be replaced. The



job took a week to complete. The financing for the project came from Community Preservation funds.

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